

# **“Your voice, your choice.”**

## **Who will speak for you if you can’t?**

### **Free Community Advance Care Planning Discussion**



Join us for a free viewing of the documentary **Extremis: Between Science and Faith lies the Human Choice**. This is a 2016 American short documentary that follows Dr. Jessica Zitter, an ICU and palliative care specialist who leads a team in the Highland Hospital ICU in Oakland, California. She helps families make end-of-life decisions for their loved ones, who are often terminally ill and or on life support.

Watch the documentary and be part of a community conversation that discusses the importance of advance care planning, prior to facing difficult treatment options.

Experts from Aging & Disability Resource Center (ADRC), Gundersen Health System and Mayo Clinic Health System will be available for questions and providing some resources.

Refreshments will be available.

#### **Evening Overview**

Watch documentary

Brief presentation on:

- Importance of why adults aged 18 and older should complete paperwork
- Definition of Power of Attorney for Healthcare/Advance Directives
- Selection of health care agent
- Options on next steps/resources

Q&A

#### **Logistics**

**Cost:** Free (registration required)

**Date:** Wednesday, April 17, 2024

**Time:** 6:00-7:30 pm

**Location:** South Side Neighborhood Center  
1300 South 6th Street - La Crosse

#### **Registration**

**Registration:** Click [here](#)

**Questions:** [jsandvick@uwlax.edu](mailto:jsandvick@uwlax.edu) | 608.785.5150

If special accommodations are needed, please forward need to [jsandvick@uwlax.edu](mailto:jsandvick@uwlax.edu) by April 8.

