

## National Family Caregiver Support Program (NFCSP) PeerPlace Reference Sheet

PeerPlace Program Name	PeerPlace Service Type	Unit Type	PeerPlace Allowable Funding Source	Bureau of Aging and Disability Resources (BADR) Aging Services Definitions
Caregiver NFCSP	CG Alz/Dementia Support Group	Session	Title III-E (CGOA), Title VI Caregiver	A support group that focuses on discussion of Alzheimer's Disease and dementia and assists families in coping with the problems associated with caring for an older individual diagnosed with Alzheimer's Disease or dementia.
Caregiver NFCSP	CG Case Management	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Means a service provided to a Caregiver, at the direction of the Caregiver: by an individual who is trained or experienced in the case management skills that are required to deliver the services and coordination described in subparagraph; and to assess the needs, and to arrange, coordinate, and monitor an optimum package of services to meet the needs, of the Caregiver; and includes services and coordination such as comprehensive assessment of the Caregiver (including physical, psychological, and social needs of the individual); development and implementation of a service plan with the Caregiver to mobilize the formal and informal resources and services identified in the assessment to meet the needs of the Caregiver, including coordination of resources and services with any other plans that exist for various formal services; and with the information and assistance services provided under the Older Americans Act (OAA); coordination and monitoring of formal and informal service delivery, including coordination and monitoring to ensure that services specified in the plan are being provided; periodic reassessment and revisions of the status of the caregiver and in accordance with wishes of the Caregiver, advocacy on behalf of the Caregiver for needed services or resources. (Source: OAA) <b>Examples</b> may include grant enrollment paperwork, caregiver needs assessments, RCAW grant applications,

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<b>Caregiver NFCSP</b>	CG Conference	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver, Other NOAA	Conferences or workshops consisting of targeted information and/or interactive sessions for Caregivers that have a formal theme and agenda and at least one primary speaker or session. <b>Examples</b> include sending an individual Caregiver to attend a conference. (Alz Association, Advocacy Day events, etc.)
<b>Caregiver NFCSP</b>	CG Counseling	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	A service designed to support Caregivers and assist them in their decision-making and problem solving. Counselors are service providers that are degreed and/or credentialed as required by state policy, trained to work with older adults and families and specifically to understand and address the complex physical, behavioral and emotional problems related to their Caregiver roles. This includes counseling individuals or group sessions. Counseling is a separate function apart from support group activities or training (see definitions for these services). (Source: ACT committee)
<b>Caregiver NFCSP</b>	CG Information & Assistance	Contact	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	A service that provides the individuals with current information on opportunities and services available to the individuals within their communities, including information relating to assistive technology; assesses the problems and capacities of the individuals; links the individuals to the opportunities and services that are available; to the maximum extent practicable, ensures that the individuals receive the services needed by the individuals, and are aware of the opportunities available to the individuals, by establishing adequate follow-up procedures; and serves the entire community of older individuals, particularly Caregivers who are older individuals with greatest social need; older individuals with greatest economic need; older relative Caregivers of children with severe disabilities, or individuals with disabilities who have severe disabilities; family Caregivers who provide care for individuals with Alzheimer's disease and related disorders with neurological

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				and organic brain dysfunction; and Caregivers of “frail” individuals defined as: unable to perform at least two activities of daily living without substantial human assistance, including verbal reminding, physical cueing, or supervision; and/or cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or to another individual. (Source: OAA)
<b>Caregiver NFCSP</b>	CG Older Relative Support Group	Session	Title III-E (ORC), Title VI Caregiver	Support group services provided to grandparents and older relative Caregivers.
<b>Caregiver NFCSP</b>	CG Powerful Tools for CG	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver, Other NOAA	An evidence-based program designed to provide family Caregivers with tools necessary to increase their self-care and confidence. The program improves self-care behaviors, management of emotions, self-efficacy, and use of community resources.
<b>Caregiver NFCSP</b>	CG Public Information, In-Person*	Activity recorded as <b>Aggregate Event</b> (vs. <b>Individual Service</b> )	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	A public and media activity that conveys information to Caregivers about available services. (Source: SHIP) <b>Examples</b> include: Distribution of Caregiver information via Caregiver conferences or other public events; Social gatherings that provide opportunities for individuals with dementia, along with their family, friends and Caregivers, to enjoy interactions with others experiencing the same challenges and to talk openly about issues; peer-led support groups (in which leaders or facilitators have not received training as required for CG Support Groups); peer-to-peer information sharing; in-person audio visual presentations.

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<b>Caregiver NFCSP</b>	CG Public Information, Other*	Activity recorded as <b>Aggregate Event</b> (vs. Individual Service)	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	A public and media activity that conveys information to Caregivers about available services. (Source: SHIP) This service type should be used for public information activities that do not align with other public information service types.
<b>Caregiver NFCSP</b>	CG Public Information, Printed*	Activity recorded as <b>Aggregate Event</b> (vs. Individual Service)	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Public information is defined as a public and media activity that conveys information to Caregivers about available services. (Source: SHIP) <b>Examples</b> include newspapers, newsletters, mailings via US mail or email.
<b>Caregiver NFCSP</b>	CG Public Information, Radio*	Activity recorded as <b>Aggregate Event</b> (vs. Individual Service)	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Public information is defined as a public and media activity that conveys information to Caregivers about available service. (Source: SHIP) <b>Examples</b> include radio interviews or programs.
<b>Caregiver NFCSP</b>	CG Public Information, TV*	Activity recorded as <b>Aggregate Event</b> (vs. Individual Service)	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Public information is defined as a public and media activity that conveys information to Caregivers about available services. (Source: SHIP) <b>Examples</b> include TV interviews or programs.

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<b>Caregiver NFCSP</b>	CG Public Information, Web-based*	Activity recorded as <b>Aggregate Event</b> (vs. <b>Individual Service</b> )	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Public information is defined as a public and media activity that conveys information to Caregivers about available services. (Source: SHIP) Examples include webinars or website events.
<b>Caregiver NFCSP</b>	CG Respite, Chore	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	An in-home service that includes an appropriately skilled provider or volunteer assisting a Caregiver with non-continual household tasks. <b>Chore activities include</b> installing screens and storm windows, cleaning appliances, cleaning and securing carpets and rugs, washing walls and windows, scrubbing floors, cleaning attics and basements to remove fire and health hazards, pest control, grass cutting and leaf raking, clearing walkways of ice, snow and leaves, trimming overhanging tree branches, wood chopping, and moving heavy furniture.
<b>Caregiver NFCSP</b>	CG Respite, Facility Adult Day	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	A respite service provided in settings other than the Caregiver/care receiver's home, <b>including</b> adult day care, senior center or other non-residential setting (in the case of older relatives raising children, day camps), where an overnight stay does not occur that allows the Caregiver time away to do other activities. (Source: ACT committee) Services offered in conjunction with adult day care typically include social and recreational activities, training, counseling, and services such as rehabilitation, medication assistance, and home health aide services for adult day health. Care recipients served require supervision but do not require institutionalization.
<b>Caregiver NFCSP</b>	CG Respite, Facility Child Day	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	A service in which a child attends a childcare facility, after-school program, or respite service provided in settings other than the Caregiver/care receiver's home during some portion of a day and an overnight stay does <b>not</b> occur. An appropriately skilled individual provides companionship, supervision and/or assistance with activities of daily living for children (aged 18 and under) in the absence of their Caregiver age 55 or older.

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<b>Caregiver NFCSP</b>	CG Respite, Facility Overnight	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	A respite service provided in residential settings such as nursing homes, assisted living facilities, and adult foster homes (or, in the case of older relatives raising children, summer camps) or in a setting other than the Caregiver/care receiver's home in which the care receiver resides in the facility/other location (on a temporary basis) for a full 24-hour period of time. The service provides the Caregiver with time away to do other activities. (Source: ACT committee)
<b>Caregiver NFCSP</b>	CG Respite, Homemaker	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	An in-home service that includes an appropriately skilled provider or volunteer providing assisting with routine household tasks. Homemaker tasks <b>include</b> laundry, ironing, meal preparation, shopping for necessities (including groceries), and light housekeeping tasks (e.g., dusting, vacuuming, mopping floors, cleaning bathroom and kitchen, making beds, maintaining safe environment).
<b>Caregiver NFCSP</b>	CG Respite, In-Home General	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	A respite service provided in the home of the Caregiver or care receiver and allows the Caregiver time away to do other activities. During such respite, other activities can occur which may offer additional support to either the Caregiver or care receiver, including homemaker or personal care services. (Source: ACT committee)
<b>Caregiver NFCSP</b>	CG Respite, Personal Care	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	An in-home service that includes an appropriately skilled provider or volunteer providing personal assistance, stand-by assistance, supervision or cues for a care recipient having difficulties with one or more activities of daily living (ADLs) such as: bathing, dressing, toileting, getting in/out of a bed or chair, eating or walking.
<b>Caregiver NFCSP</b>	CG Supp, Assisted Transportatio n	One-Way Trip	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Services or activities that provide or arrange for the travel, including travel costs, of individuals from one location to another. This service includes escort or other appropriate assistance for a person who has difficulties (physical or cognitive) using regular vehicular transportation. Does not include any other activity. (Source: NAMRS/HCBS Taxonomy) Rides are provided on a limited basis to complement the care provided by Caregivers. (Source: OAA)

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<b>Caregiver NFCSP</b>	CG Supp, Assistive Devices/Tech	Unit	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver, Other NOAA	<p>Provision and/or installation of supportive equipment or technology in the home environment of a care recipient for their use on a short- or long-term basis to prevent or minimize the occurrence of injuries and maintain the health and safety of the care recipient. <b>Does not</b> include any structural or restorative home repair or modifications, chore, homemaker activities or cell phone or Internet access <b>plans</b>. (See definitions for Home Repair and Modifications, Chore, Homemaker, and Consumable Supplies). One unit is considered one item. (Adapted from ACL's COVID-19 SPR Reporting Guidance, May 2020)</p> <p>Services are provided on a limited basis to complement the care provided by Caregivers. (Source: OAA) <b>Examples</b> may include durable medical equipment (chair lifts, wheelchairs, walkers), grandpad cell phones, or other technology or devices or tablet computers, medication dispensing systems, or other technology or devices purchased for use by a Caregiver or care recipient. Items may be reported here if providing the item itself is the service or if the item can easily be individually reported. If an item is already included as part of a direct service expenditure (e.g., a program includes a tablet computer as part of their larger program design and is reimbursed on a contracted unit rate basis), the expenditure for the item can be included in the other program's expenditure and does not have to be separately reported here. (Adapted from ACL guidance 2021)</p>
<b>Caregiver NFCSP</b>	CG Supp, Consumable Supplies	Unit	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	<p>Provision of consumable goods or material aid to a Caregiver to meet basic necessities. Consumable items are intended for one-time use by a Caregiver and/or care recipient in their home and are not returnable to the aging unit/provider. One delivery or distribution, regardless of the size or number of items, is considered one occurrence. (Adapted from ACL's COVID-19 Reporting Guidance May 2020) Services are provided on a limited basis to complement the care provided by the Caregiver. (Source: OAA) Examples may include durable medical equipment (chair lifts, wheelchairs, walkers), medication dispensing system, or the cost of <b>the plan</b> for cell phone, grandpad, tablet, computers or other technology or device purchased for use by a Caregiver or care recipient.</p>

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				Items may be reported here if providing the item itself is the service or if the item can easily be individually reported. If an item is already included as part of a direct service expenditure (e.g., a program includes a tablet computer as part of their larger program design and is reimbursed on a contracted unit rate basis), the expenditure for the item can be included in the other program's expenditure and does not have to be separately reported here. (Adapted from ACL guidance 2021).
<b>Caregiver NFCSP</b>	CG Supp, Health Promo - Non- Ev	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Health promotion and disease prevention activities that do not meet ACL/AoA's definition for an evidence-based program as defined at ACL's website. Activities may <b>include</b> those defined in the OAA (Section 102(14)) such as: health risk assessments; routine health screening; programs regarding physical fitness, group exercise, and music therapy, art therapy, and dance-movement therapy; home injury control services (education regarding how to avoid at-home injuries); screening for the prevention of depression, provision of educational activities; medication management screening and education; and education concerning diagnosis, prevention, treatment, and rehabilitation concerning age-related diseases and chronic disabling conditions as well as Yoga for Caregivers, walking groups for Caregivers, journaling for Caregivers. The term shall not include services for which payment may be made under titles XVIII and XIX of the Social Security Act (42 U.S.C. 1395 et seq., 1396 et seq.). (Source: OAA and ACL guidance 2021) Activities are provided on a limited basis to complement the care provided by Caregivers. (Source: OAA)
<b>Caregiver NFCSP</b>	CG Supp, Home Repair/Modifi cation	Unit	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Structural or restorative repair or modifications to a care recipient's home environment in order to prevent or minimize the occurrence of injuries and are essential for the health and safety of the care recipient. Includes minor repairs or renovations in order to meet safety, health, and code standards. Services provided for an individual may <b>not exceed \$5000</b> per program year and provided on a limited basis to complement the care provided by the Caregiver. (Source: OAA) <b>Examples</b> include installation or maintenance of ramps for improved and/or barrier-free access, locks, improved lighting, egress windows, handheld showers, grab bars, and tub rails. Also, it includes repair of floors,



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				roof repair, doors and windows, interior walls, plumbing and drains that ensure a safe and adequate water supply, stairs and porches, heating systems, and electrical wiring.
<b>Caregiver NFCSP</b>	CG Supp, Home Security & Safety	Unit	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Provision and/or installation of technology in the home environment designed to provide in-home or off-site monitoring with the intention of managing the health and safety of at-risk care recipients. One unit is considered one item. (Adapted from ACL's COVID-19 SPR Reporting Guidance, May 2020) Services are provided on a limited basis to complement the care provided by the Caregiver. (Source: OAA) <b>Examples</b> include installation of smoke detectors, gas alarms, remote video monitoring, door sensors, sensor mats, telemedicine, health monitors, sensor mats, fall detectors, weather radios, GPS trackers and movement detectors.
<b>Caregiver NFCSP</b>	CG Supp, Legal/Financi al	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Licensed legal or financial consultation, research services, document preparation, and court or other fees associated with establishing guardianship for a minor or an at-risk older adult. Includes any court costs faced by grandparents/older relatives caring for a minor under the NFCSP. Services are provided on a limited basis to complement the care provided by Caregivers. Does not include services provided by an attorney as OAA legal assistance.
<b>Caregiver NFCSP</b>	CG Supp, Meals	Meal	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	A meal provided to an eligible NFCSP participant <b>who is not otherwise eligible for Title III-C meals or when a county has a waitlist for HDM</b> . Meals are provided on a limited basis to complement the care provided by Caregivers. (Source: OAA) You must also complete this form <a href="#">Home Delivered Meal form</a> so it's clear that caregiver funds are being utilized to pay for home delivered meals.

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<b>Caregiver NFCSP</b>	CG Supp, Medication Management	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Assistance to customers in managing the use of both prescription and over the counter (OTC) medication in order to prevent incorrect usage and adverse drug reactions. May include face-to-face review or set-up/organization of the customer's medication regimen, supervision of compliance with medication regimens, cueing via home visits or telephone calls, and/or communicating with referral sources (physicians, family members, primary Caregivers, etc.). Primary activities are normally on a one-to-one basis; if done as a group activity, each participant shall be counted as participating in one session. (Adapted from ACL guidance 2021) Sessions are provided on a limited basis to complement the care provided by Caregivers. (Source: OAA)
<b>Caregiver NFCSP</b>	CG Supp, Nutrition Counseling	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	A standardized service as defined by the Academy of Nutrition & Dietetics (AND) that provides individualized guidance to eligible NFCSP participants who are at nutritional risk because of their health or nutrition history, dietary intake, chronic illness, or medication use. Counseling is provided one-on-one by a registered dietitian and addresses the options and methods for improving nutrition status with a measurable goal. (Source: Input Committee) Nutrition counseling is provided on a limited basis to complement the care provided by Caregivers. (Source: OAA)
<b>Caregiver NFCSP</b>	CG Supp, Nutrition Education	Session	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	A targeted program to promote better health by providing accurate and culturally sensitive nutrition, physical fitness, or health (as it relates to nutrition) information that is consistent with the current Dietary Guidelines for Americans and instruction to meal participants, older adults, or Caregivers in a group or individual setting overseen by a program nutritionist. (Source: National Nutrition Monitoring and Related Research Act of 1990 and Input Committee) Sessions are provided on a limited basis to complement the care provided by Caregivers. (Source: OAA)  <b>Examples</b> may include Eat Well Care Well; cooking classes for Caregivers.

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<b>Caregiver NFCSP</b>	CG Supp, Pro Visit by RN, OT, PT	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Home health services not covered by insurance, such as nursing, physical therapy, speech therapy, or occupational therapy. Services are provided on a limited basis to complement the care provided by the Caregiver. (Source: OAA)
<b>Caregiver NFCSP</b>	CG Supp, Transportatio n	One-Way Trip	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	Services or activities that provide or arrange for the travel, including travel costs, of individuals from one location to another. Does not include any other activity. (Source: NAMRS/HCBS) Rides are provided on a limited basis to complement the care provided by Caregivers. (Source: OAA)
<b>Caregiver NFCSP</b>	CG Support Group	Session	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver	A service that is led by a trained individual, moderator, or professional, as required by state policy, to facilitate Caregivers to discuss their common experiences and concerns and develop a mutual support system. Support groups are typically held on a regularly scheduled basis and may be conducted in person, over the telephone, or online. For the purposes of Title III-E funding, Caregiver support groups would not include “Caregiver education groups,” “peer-to-peer support groups,” or other groups primarily aimed at teaching skills or meeting on an informal basis without a facilitator that possesses training and/or credentials as required by state policy. (See also definitions for training and counseling). (Source: ACT committee) Support groups led by facilitators without training and/or credentials required by state policy is reported as CG Public Information.

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<b>Caregiver NFCSP</b>	CG Training	Hour	Title III-E (CGOA), Title III-E (ORC), Title VI Caregiver, Other NOAA	<p>A service that provides family Caregivers with instruction to improve knowledge and performance of specific skills relating to their caregiving roles and responsibilities. Skills may <b>include</b> activities related to health, nutrition, and financial management; providing personal care; and communicating with health care providers and other family members. Training may include use of evidence-based programs; be conducted in-person or on-line, and be provided in individual or group settings. (Source: ACT committee)</p> <p><b>Does not include staff training.</b></p>
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**\*Public Information Activities: Unlike Information and Assistance, this service is not tailored to the needs of the individual.**

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