



Volume 6, No. 47 November 19, 2024  
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## Greater Wisconsin Agency on Aging Resources (GWAAR) News

### *Nice to Know*

#### **Two new Nutrition training modules available in GWAAR ED**

Anybody who is currently a registered GWAAR ED user can access these two new courses from your learning library in GWAAR ED. If you previously enrolled in the Nutrition courses, these courses will be added as required courses. Detailed information about the new courses can be found later in this newsletter in the Nutrition section.

If you would like to register for GWAAR ED, the registration form and instructions can be found on <https://gwaar.org/gwaar-ed>.



#### **Understanding the Uniform Health-Care Decisions Act webinar/panel discussion**

*Wednesday, November 20 | 12:00 p.m.*

The Uniform Health-Care Decisions Act, updated in 2023, has substantial changes in how health care is delivered and advance directives practical impacts on how care is delivered. If you are interested in learning more, please click here to read and register:

[https://uniformlaws.zoom.us/webinar/register/WN\\_QX9REetSQj2j55kzunkf5w#/registration](https://uniformlaws.zoom.us/webinar/register/WN_QX9REetSQj2j55kzunkf5w#/registration)



#### **Reminder: Leadership opportunities: GWAAR Board of Directors and GWAAR Advisory Council**

GWAAR is looking for thoughtful, civic-minded, energetic individuals to serve on its 11-member board and 9-member Advisory Council. Members play a critical role in guiding and overseeing the agency's actions and initiatives.

**Learn more:** <https://gwaar.org/leadership-opportunities>

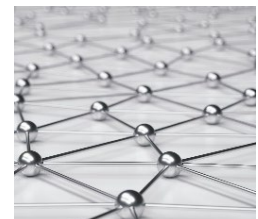


#### **Reminder: Medicare Outreach Coordinator employment opportunity**

The Medicare Outreach Coordinator, in conjunction with the GWAAR benefit specialist supervising attorney team, provides training and technical assistance to Elder Benefits Specialists and the broader community of State Health Insurance Assistance Program (SHIP) counselors.

**Read the full job description:** <https://gwaar.org/api/cms/viewFile/id/2008362>

**View all open positions and application instructions:** <https://gwaar.org/jobs>



## Advocacy

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[Janet Zander](#), Advocacy and Public Policy Coordinator

### **Need to Know**

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#### **Advocacy update covers post-election updates and more**

An overview of Wisconsin and federal election results, leadership updates, and budget priorities can be found in the 11-15-24 Advocacy Update. You'll also find a reminder to save the date for Wisconsin Aging Advocacy Day happening on May 13, 2025, and an update on the Older Americans Act programs with anticipated advocacy efforts in the near future.

**Read the full update here:** <https://gwaar.org/api/cms/viewfile/id/2008377>

### **Nice to Know**

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#### **Reminder: Advocate for essential Older Americans Act programs: New email tool**

We recently sent an email to all the individuals who registered for Wisconsin Aging Advocacy Day 2024 to offer them the option to use a new tool to reach federal members of Congress while they are back in the state. This action alert is to raise awareness of the importance of fully funding the Older Americans Act.

If you were not on this mailing list, but would like to send an email, you can access this tool using the link:

**Use the tool to email your members of Congress:** <https://oneclickpolitics.global.ssl.fastly.net/promo/625>

**View the email:** [greaterwisconsinagencyonagingresources.cmail20.com/t/i-e-fjlkddl-l-u/](mailto:greaterwisconsinagencyonagingresources.cmail20.com/t/i-e-fjlkddl-l-u/)

If you use the new tool and would like to share your feedback, please contact [janet.zander@gwaar.org](mailto:janet.zander@gwaar.org).



## Data Management

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[Carrie Kroetz](#) Older Americans Act Consultant – Data Management

### **Need to Know**

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#### **Webinar: 2023-2024 EOY Variance Federal Reporting**

*Tuesday, November 19 | 1:00 -2:00 p.m.*

I will be conducting a webinar to address the form and how to complete it. Until the form is ready I would recommend running the variance Review Report 25 in WellSky to start the process of reviewing that data to be prepared to complete the form. **The webinar will be recorded.**

**2023-2024 EOY Variance Federal Reporting - Registration:** <https://bit.ly/4eu9EUG>

#### **Reminder: Important dates and information for PeerPlace Training**

##### **[PeerPlace Training Details:](#)**

**November 6, 2024 - PeerPlace “go-live” date.** Users may begin entering data into the PeerPlace system. Note that WellSky information will remain available for viewing and creating reports through the end of calendar year 2024.

*-continued-*

## Log in

On November 6, when PeerPlace goes live, you will log in using a new website address: <https://peerplace.dhs.wisconsin.gov>. **Do not use** “dhs-apps.wisconsin.gov,” the link you have been using for the training site.

[PeerPlace Training Details page](#), this page contains detailed information related to PeerPlace training including live webinar schedules, live webinar registration links, user group information, and key dates.

### **PeerPlace Training and Drop-in calls (all users)**

#### **Reminder: Register for upcoming webinars**

#### **Tuesday, November 19, 9–11 a.m.: [PeerPlace Drop-In Webinar #2](#)**

These drop-in webinars are optional for all users and will include instructor-led training within the PeerPlace training environment. Users will be led through the many different areas of the system using the Wisconsin configured system. Attendees will have the ability to ask specific questions of the PeerPlace trainers for assistance on any aspect of the Wisconsin Client Management System.

#### **Wednesday, December 4, 2–3:30 p.m.: [Advanced Reporting Training](#)**

This webinar is highly recommended for all users and will focus on how to create reports from templates developed by PeerPlace, create customized reports, and utilize the PeerPlace View Builder feature.

#### **Thursday, December 5, 2–3:30 p.m.: [PeerPlace Resource Database User Webinar](#)**

The PeerPlace internal resource database is comprised of information about aging and disability resources and service providers throughout the state. All PeerPlace users are encouraged to attend this session in order to learn how to locate applicable resources for their customers.

**Registration is required to attend all live webinars. All webinars will be recorded and available for viewing on demand. Recordings of all completed webinars can be found on the [PeerPlace Training Vimeo Showcase](#).**

**The above links may be shared with PeerPlace users who do not have access to the [ADRC and Aging SharePoint site](#).**

**Visit ADRC/Aging SharePoint site (registered users):**

<https://share.health.wisconsin.gov/ltc/teams/ADRC/SitePages/Home.aspx>



DHS PeerPlace  
Training

## Family Caregiver Support

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[Bryn Ceman](#), Older Americans Act Consultant - Family Caregiver Support Specialist

### **Need to Know**

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#### **Agenda for next Caregiver Coordinator Statewide call available**

Tuesday, November 26 | 10:00 a.m.

We have a lot of information to cover during this month's Caregiver Coordinator Statewide meeting, please join if you can. **View the agenda:** <https://gwaar.org/api/cms/viewFile/id/2008375>

If you are unable to attend, you can find the recordings, notes, and other materials here:

<https://gwaar.org/wisconsin-caregiver-support-community-monthly-calls>

## Reminder: National Family Caregiver Month (NFCM) Statewide Marketing Toolkit

The 2024 National Family Caregiver Month (NFCM) Statewide Marketing Toolkit is now available! This is your one-stop-shop for Marketing Materials!

The Toolkit aims to provide comprehensive resources and materials supporting unified messaging and outreach efforts across Wisconsin's 72 counties and 11 federally recognized tribes during November.

The Toolkit also aims to equip local organizations, agencies, and relevant parties with tools to effectively promote NFCM in newsletters, social media, and print, engaging target audiences and amplifying the reach of the statewide campaign.

### Toolkit Messaging:

<https://respitcarewi.org/wp-content/uploads/2024/10/Marketing-Toolkit-Messaging-2024.docx.pdf>

Content for each week of National Family Caregiver Month: <https://wisconsin caregiver.org/>

View the governor's proclamation: <https://gwaar.org/api/cms/viewFile/id/2008370>



## Nice to Know

### Learn more about the Caregiver Postcard Project

Do you work with family caregivers? If so, invite them to participate in the Caregiver Postcard Project.

### What is the caregiver postcard project?

Nearly 1 in 5 adults in Wisconsin is helping a loved one with an illness or disability. Caring for a loved one with a health challenge can be hard and beautiful at the same time. The Caregiver Postcard Project wants to hear from caregivers about the times when their care role makes them overflow with joy. Or when it makes them so frustrated that they think they will explode. Or when they get help that really, truly helps.

Caregivers to share their experiences by submitting a postcard or sharing an entry online. Caregivers can write - a few words, a sentence, a paragraph, or even a poem, or create - draw, paint, or create a collage.

Entries are anonymous, other than what participants choose to put in their submission.

Learn more on <https://wisconsin caregiver.org/>

(for professionals): <https://bit.ly/3Zd88lu>

View the flyer (for caregivers):

<https://wisconsin caregiver.org/data/media/90/postcard-project-for-caregivers.pdf>

A flyer for the Caregiver Postcard Project with a dark blue header. The header text reads "Do you work with family caregivers? Invite them to participate in the CAREGIVER POSTCARD PROJECT" in white and light blue. Below the header, there are four main sections: "Participate online:" with a QR code and a green arrow pointing to the URL "go.wisc.edu/caregiver-postcard"; "Or participate in-person:" with details about hosting events and contacting Kristin Litzelman at "litzelman@wisc.edu"; "Spread the word:" with contact information for Kristin Litzelman; and "Host a conversation with caregivers:" with details about the project's goals and a contact for Kristin Voss at "kristinvoss6@gmail.com". On the right side, there are three green boxes with white text: "An opportunity to lift up the voices of caregivers: Use art as a quick tool to share your caregiving journey", "Identify moments of joy within hardship", "Share an 'in the moment' struggle", "Express gratitude for a resource, conversation, helping hand, etc.", and "Responses may become part of public art and research that will raise awareness about the family caregiving experience". The flyer also includes a small image of a postcard in the top right corner.

## Reminder: Caregiver Action Network: Free Webinar

Wednesday, November 20 | 11:00 a.m. – 12:00 p.m.

Join their free webinar on November 20th from 11:00 a.m. – 12:00 p.m. CST (or 2 - 1 p.m. EST) to learn about Waterlily. Waterlily helps individuals forecast care needs, create a step-by-step plan for their families, and explore funding options to cover costs. Meet the Waterlily founders and see how Waterlily makes planning easier and less stressful.



After learning more about this Artificial Intelligence (AI) personalized long term care planning tool you can share this resource with caregivers. If they are enrolled in AFCSP and NFCSP funding for caregivers who are interested could be paid for via the grants.

**Waterlily site:** <https://www.joinwaterlily.com/>

**To register for the Caregiver Action Network webinar:**

<https://www.caregiveraction.org/simplify-long-term-care-planning/>

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## Fiscal

[Carrie Kroetz](#) Older Americans Act Consultant – Data Management

### **Need to Know**

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#### **Webinar: 2023-2024 EOY Variance Federal Reporting**

Tuesday, November 19 | 1:00 -2:00 p.m.

I will be conducting a webinar to address the form and how to complete it. Until the form is ready I would recommend running the variance Review Report 25 in WellSky to start the process of reviewing that data to be prepared to complete the form. **The webinar will be recorded.**

**2023-2024 EOY Variance Federal Reporting - Registration:** <https://bit.ly/4eu9EUG>

#### **October Claim Form:**

Thank you to everyone for getting in your September claim form on time so that we could start working on the October claim. While there is some final wrap up on GWAAR Fiscal's part, we plan to have the October claim posted the week of 11/25/24.

#### **Other updates:**

- The 2024 Re-Ob/De-Ob Request form link is available on the Fiscal Resources site. This form is used to request to de-obligate and re-obligate funds from Title III B-C1-C2-D-E, SSCS, Alzheimer's\*, EBS\*, or Elder Abuse contract funds. (\*Only if your contract is with GWAAR.) Please complete by Dec. 15, 2024.
- If completing a Re-Obligation request, by completing this form you are requesting additional contract funding, if available, which must be spent by Dec. 31, 2024, for expenses from Jan.-Dec. 2024. By completing this form, you understand any requests are not guaranteed and must be claimed by the Final Claim form, due March 5, 2025.



### **Upcoming:**

- The Budget to Actual document will also be forthcoming shortly. This document compares your submitted Final Budget for 2024 against the actual expenses reported. We will host a webinar to assist Aging Unit Fiscal staff in reviewing the information and how to address inconsistencies.

### **Nice to Know**

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#### **Dollars & Sense**

Check this section for the answers to your Fiscal questions. Watch upcoming issues of the newsletter for more updates!

#### **Q: What is included in our report to ACL (federal report)?**

A: The information gathered from Aging Units to report within the state's federal report include: clients served, number of units served per program, and the funding used to provide these services – reported by contract, match (cash, in-kind and/or AFCSP), other federal/state/local and program income.

#### **Q: We have fiscal staff that have changed, who do we inform?**

A: New fiscal staff should always complete the GWAAR Fiscal Email group registration and register for access to the GWAAR Partner Resource – External site (as should directors to stay in the loop). For contracts, any changes should be sent to [Contracts@gwaar.org](mailto:Contracts@gwaar.org) in order for us to update our Docusign list and ensure they are sent to the correct signer and review staff.



### **Health Promotion**

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[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

#### **Nice to Know**

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#### **Keep Connecting with Wisconsin Coalition for Social Connection (WCSC) Network meetings**

*Tuesday, December 17 | 2:00 – 3:00 p.m.*

Join future conversations and register for future Wisconsin Coalition for Social Connection (WCSC) Network meetings. The next meeting will be held virtually on Zoom Tuesday, December 17 from 2:00 - 3:00 p.m.



#### **Registration (required) for the December 2024 meeting here:**

[https://us06web.zoom.us/meeting/register/tZcufumrrzlgDlby\\_Gdy1Mrw6Ej6wOMbSj#/registration](https://us06web.zoom.us/meeting/register/tZcufumrrzlgDlby_Gdy1Mrw6Ej6wOMbSj#/registration)

*2025: Third Tuesday of every other month | 2:00 – 3:00 p.m.*

Save the date for 2025 WCSC Network meetings! Meetings will be held on the third Tuesday of every other month (starting in February) from 2:00 - 3:00 p.m.

#### **Registration (required) for 2025 meetings here:**

[https://us06web.zoom.us/meeting/register/tZArd-2qpi4qHtalB4WHzjak64vjRywg\\_ne#/registration](https://us06web.zoom.us/meeting/register/tZArd-2qpi4qHtalB4WHzjak64vjRywg_ne#/registration)

**Learn more:** <https://connectwi.org/about/>

## Nutrition

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[Pam VanKampen](#), Older Americans Act Consultant - Nutrition Specialist/Senior Center Representative

### **Need to Know**

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#### **Reminder: Two new Nutrition training modules available in GWAAR ED**

Anybody who is currently a registered GWAAR ED user can access these two new courses from your learning library in GWAAR ED. If you previously enrolled in the Nutrition courses, these courses will be added as required courses.

If you would like to register for GWAAR ED, the registration form and instructions can be found on <https://gwaar.org/gwaar-ed>.



#### **Module 1- Overview of Malnutrition in Older Adults**

This module is for ALL disciplines that work with community based older adults. Our nutritional journey can be quite complex. Anyone can become malnourished!

According to [defeatmalnutritiontoday](#), up to 1 out of 2 older Americans are at risk for malnutrition. Malnutrition can worsen chronic conditions and make it difficult for older adults to remain independent. Malnutrition can result from multiple factors, such as food insecurity, and poor appetite but there are many more! The good news is that it can be PREVENTED or improved if we know more about what to look for and how to intervene. The Aging Network has an incredible opportunity to help decrease the prevalence of this devastating condition by increasing our awareness and working together.

By the end of the learning module you should be able to:

- Understand the prevalence of malnutrition in older adults.
- Better identify the root causes and contributing factors that can lead to malnutrition and nutrition risk.
- Understand the consequences of malnutrition.

#### **Module 2- What Can WE do About it?**

This module is specifically for the WI Elderly Nutrition Program providers, but it can be viewed by others.

We take a deeper dive into interventions and resources that can be offered once someone has been identified to be at risk.

By the end of the learning module you should:

- Be aware of basic screening tools and how they can be used in The Aging Network.
- Identify at least one intervention that can help decrease risk.
- Identify at least one resource to increase awareness & enhance understanding.

#### **Reminder: Please join us on December 17 for the Home Delivered Meal Assessor Peer Sharing call**

*Tuesday, December 17 | 2:00 – 3:00 p.m.*

We are excited to host the second Home Delivered Meal Assessor Peer Sharing call on Dec. 17 from 2 to 3 p.m. This call is for anyone who does the HDM initial and annual reassessments.

Tentative Agenda:

- How do you handle No Shows or not canceling meals?
- Other agenda items? Please send to [pam.vankampen@gwaar.org](mailto:pam.vankampen@gwaar.org)

[Click here to join the meeting](https://bit.ly/3AsrSbz) | <https://bit.ly/3AsrSbz> Meeting ID: 214 394 008 477 | Passcode: dgk4rb

**Dial in by phone** | +1 608-338-1382,,685336459# United States, Madison | [Find a local number](#)

Phone conference ID: 685 336 459#

## Nice to Know

### Honoring Native American Heritage Month: Resources from MyPlate.gov

In honor of Native American Heritage Month this November, we encourage you to take time to reflect on how Indigenous food, culture, and traditions brighten and contribute to the overall culture and richness of America.

You can also explore the [Native American/Alaskan Native cuisine filter](#) on MyPlate Kitchen to check out these and more recipes!

<https://www.myplate.gov/myplate-kitchen/recipes?f%5B0%5D=cuisine%3A137>

The [USDA Foods Nutrition Education Resource Library](#) houses resources for Food Distribution Program on Indian Reservations (FDPIR) administering agencies. The library has materials such as posters, recipe cards, magnets, shelf-talkers, stickers and brochures. Download them for your nutrition education needs!

**Check out these recipes from [MyPlate Kitchen](#):**

**[Three Sisters Soup](#)**: <https://www.myplate.gov/recipes/three-sisters-soup>

**[Sautéed Walleye with Tarragon](#)**: <https://www.myplate.gov/recipes/sauteed-walleye-tarragon>

**[Autumn Vegetable Succotash](#)**: <https://www.myplate.gov/recipes/autumn-vegetable-succotash>



### Reminder: Theme for 2025 March National Nutrition Month®

National Nutrition Month® is an [annual campaign](#) established in 1973 by the Academy of Nutrition and Dietetics. During the month of March, everyone is invited to learn about making informed food choices and developing healthful eating and physical activity habits.

**Learn more about National Nutrition Month:**

<https://www.eatright.org/about-national-nutrition-month>

This year's theme is "Food Connects Us." What a perfect theme to help promote our Senior Dining Sites!

The Academy of Nutrition and Dietetics has a list of 50 ways to celebrate the month: <https://bit.ly/3NBkUDO>

**Visit the site:** <https://www.eatright.org/national-nutrition-month>

