



Volume 6, No. 41 October 8, 2024
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Greater Wisconsin Agency on Aging Resources (GWAAR) News

Need to Know

Virtual ACE Meeting tomorrow

Wednesday, October 9 | 1:30 a.m. - 3:00 p.m.

A Teams meeting invite was emailed out on September 25 and additional advocacy handouts were emailed on Monday, Oct. 7. Contact Rosanna Mazzara for invitation details. (Rosanna.Mazzara@gwaar.org)

View the [agenda](https://gwaar.org/api/cms/viewFile/id/2008333) for meeting information: <https://gwaar.org/api/cms/viewFile/id/2008333>



Budget Issue for AAAs and Aging Units: AFCSP as Match for NFCSP

In case you missed it: Fiscal Manager Patrick Metz recently shared an update on a policy change memo from the Bureau on Aging and Disability Resources (BADR) and a reminder to pull down the most recent version of the budget dated 10/07/24 to ensure you have the up to date compliance requirements.

“While the use of Alzheimer’s Family Caregiver Support Program (AFCSP) funds being used as a 25% match for the National Family Caregiver Support Program (NFCSP) has been brought up during past webinars, we have recently (10/01/2024) received a policy change memo from Bureau on Aging and Disability Resources (BADR) - Office on Aging. The Bureau is requesting that AAAs and Aging Units when developing their 2025 budgets to do so without the use of AFCSP funds as match for NFCSP. The reason, as previously mentioned, is the regulation, enacted earlier this year (Older Americans Act Regulation 1321.9 (c)(2)(ii)(C)), prohibits the state from using the state AFCSP funds as match for NFCSP as it is a “means tested” program.”

Read the full update: <https://gwaar.org/api/cms/viewFile/id/2008348>

Reminder: Wellsky Title III data deadline Oct. 18

This year’s deadline to enter in Title III services to Wellsky/SAMS AND make sure all client and service data is accurate for the reporting period **October 2023-September 2024** is **October 18th!** For fiscal claim forms, your September (and all prior monthly claims) are due by **November 8th!** This information is then used for the GWAAR region and State of Wisconsin Federal Older American's Act Report.

If, upon reviewing and correcting data, services are removed from Title III to Title VI, NOAA or Family Care, as examples, you must let your fiscal staff know as it will impact your claim forms.

The list of Error and Informational reports to run, along with an instructional guide, can be found on the GWAAR Partner Resource SharePoint site under Aging Programs-Data Management. For more information contact Carrie Kroetz: carrie.kroetz@gwaar.org | Carrie Kroetz - Appointment Scheduler (office365.com):

<https://outlook.office365.com/book/CarrieKroetzAppointmentScheduler@gwaar.org/>

Nice to Know

Ageism Awareness Day: Oct. 9, 2024

The American Society on Aging is raising awareness about ageism and has developed materials, action items and a social media/email tool kit to help spread the word.

“Ageism refers to stereotypes (how we think), prejudice (how we feel), and discrimination (how we act) toward others or ourselves based on age. It negatively impacts our health and well-being, our financial security, and the economy. It exists in many forms, influencing everything from personal interactions to public policy, and impacts us at every age.

“The good news is that we can do something about it, and we begin by spreading the word on Ageism Awareness Day Oct. 9, 2024.”

Learn more: <https://www.asaging.org/ageism-awareness>

View the social media toolkit: <https://www.asaging.org/AAD-toolkit>



Reminder: Leadership opportunities

GWAAR is looking for thoughtful, civic-minded, energetic individuals to serve on its 11-member board and 9-member Advisory Council. Members play a critical role in guiding and overseeing the agency’s actions and initiatives. Candidates for these roles must live outside Dane and Milwaukee Counties and be able to devote time and energy to the GWAAR’s governance.

Learn more: <https://gwaar.org/leadership-opportunities>

Reminder: VSDP Care Consultant Employment Opportunity

Read the full job description: <https://gwaar.org/api/cms/viewFile/id/2008300>

Data Management

[Carrie Kroetz](#) Older Americans Act Consultant – Data Management

Need to Know

Important Dates and information for PeerPlace Training

[PeerPlace Training Details:](#)

2024 Key Dates (tentative):

September 16 - Users granted access to the PeerPlace training environment.

October 18 - WellSky Aging users' deadline for data entry. After this date services entered prior to September 30, 2024 will be locked down to prepare for ACL Federal Reporting.

October 29 - all WellSky data will be locked down to read-only access to prepare for the transition to PeerPlace. Users will continue to have read-only access through the end of the year.

November 6 - PeerPlace "go-live" date. Users may begin entering data into the PeerPlace system.

-continued-



DHS PeerPlace
Training

[PeerPlace Training Details page](#), this page contains detailed information related to PeerPlace training including live webinar schedules, live webinar registration links, user group information, and key dates.

Upcoming PeerPlace Functionality Training for Aging program staff:

Transportation Advanced Functionality Webinar on Tuesday, October 8, 2024, 2–3:30 p.m.

([registration link](#))

Other Programs Advanced Functionality Webinar on Thursday, October 10, 2024, 2–3:30 p.m. ([registration link](#)) (Note: This training encompasses Adult Day Care, Case Management, Health Promotion, In-Home Supportive Services, Aging I&A, Outreach, Recreation & Socialization, and Other Services.)

Caregiver Advanced Functionality Webinar on Tuesday, October 22, 2024, 2–3:30 p.m.

([registration link](#))

Senior Center Advanced Functionality Webinar on Thursday, October 24, 2024, 2–3:30 p.m. ([registration link](#)) (Note: This training is for Milwaukee AAA and providers only.)

Volunteer Management Advanced Functionality Webinar on Thursday, October 31, 2024, from 2–3:30 p.m.

([registration link](#))

Upcoming PeerPlace Functionality Training for EBS, DBS and DCS program staff:

EBS/DBS Custom Forms Wednesday, October 30, 2-4 p.m. ([live webinar link](#))

Training for all users

PeerPlace Core Functionality Webinar is required for all users.

This required training is applicable for all PeerPlace users in the Wisconsin ADRC, Aging, and Tribal partner network.

These live trainings were held on September 11th and 12th and recordings for these trainings, and all

PeerPlace Webinar Recordings: [PeerPlace Overview Webinar recording](#)

<https://vimeo.com/showcase/11338036/video/1003271603>

Family Caregiver Support

[Bryn Ceman](#), *Older Americans Act Consultant - Family Caregiver Support Specialist*

Need to Know

September's Caregiver Coordinator Statewide Webinar replay available

Please find the recording from September's Caregiver Coordinator Statewide Webinar here:

<https://www.youtube.com/watch?v=DII03wjnxq4> and the FamilyCaregiver Advocacy Update here:

<https://gwaar.org/api/cms/viewFile/id/2008327>.

Previous month's recordings and notes can all be found on the Family Caregiver Support page of the

GWAAR website: <https://gwaar.org/wisconsin-caregiver-support-community-monthly-calls>

Nice to Know

NCOA Email Basics Virtual Workshop

Wednesday, October 16 | 12:00 p.m.

The National Council on Aging (NCOA) is collaborating with AT&T in a nationwide effort to ensure older adults can engage in workshops and a self-paced online curriculum designed to improve digital literacy. Share the link below and encourage older adults in your community to learn more about their digital tools.



Registration link: <https://connect.ncoa.org/products/email-basics-virtual-workshop>

Reminder: "A Day with Lewy" conference

Thursday, October 24, | 8:00 a.m. - 4:00 p.m.

Edgewood Community Church, 201 Edgewood Drive, Waupun, WI 53963
Waupun

Lewy Body Dementia and the Caregiving Journey Thursday, October 24, 2024

Discover caregiver resources and supports. Learn new skills and connect with experts.

Pending CE credits for professionals such as Nurses, Physicians, Pharmacists, and Social Workers.

Register by October 15, 2024, at: www.co.dodge.wi.gov/lewy

Below is the link you will find the registration information for this year's A Day with Lewy Conference being held in Waupun, WI on October 24th. The second link offers sponsorship information. This is a free event for attendees. Registration is required and space is limited. If you are interested in volunteering or helping in another way, please reach out to Rob Griesel at rgriesel@co.dodge.wi.us or 920-386-4308. Please share this information with everyone who could benefit from knowing more about Lewy body dementia, the second most common progressive dementia.

Registration: www.co.dodge.wi.gov/lewy

Event flyer: <https://gwaar.org/api/cms/viewFile/id/2008314>

If you know anyone or another organization that would be a good resource for this event, please feel free to share and pass this opportunity on to them.

View the sponsorship flyer:

<https://gwaar.org/api/cms/viewFile/id/2008315>

You will find the different levels of sponsorships and what is included. There are five resource times set up for attendees to visit with exhibitors throughout the day.

SAVE THE DATE!
A Day with Lewy
Lewy Body Dementia and the Caregiving Journey
Presented by the Aging and Disability Resource Center of Dodge and Jefferson Counties, Lewy Body Dementia Association, Lewy Body Dementia Resource Center, University of Wisconsin Whitewater and SSM Health

Thursday, October 24, 2024

8:00am - 4:00pm

Edgewood Community Church
201 Edgewood Drive
Waupun, WI 53963

Discover caregiver resources and hear from expert keynotes.

Learn new skills and connect with local experts.

For more information, Contact Rob Griesel at 920-386-4308

Sponsors: SSMHealth, ADRC, Lewy Body Dementia, Whitewater, and Lewy Body Dementia Resource Center.

A Day with Lewy
Lewy Body Dementia and the Caregiving Journey
Presented by the Aging and Disability Resource Center of Dodge and Jefferson Counties, Lewy Body Dementia Association, Lewy Body Dementia Resource Center and SSM Health

Thursday, October 24th, 2024 | 8 AM - 4 PM

Edgewood Community Church
201 Edgewood Street
Waupun, WI 53963

Sponsor/Exhibitor Information

Attendance: Family and professional caregivers, community members, people living with dementia, and healthcare providers.

Your support allows us to offer this event at no cost to participants. We are accepting an attendance of 100.

Your sponsorship may include: Logo or name in the conference program and promotional materials; a logo and/or name on the slide shows run during conference breaks and/or our team of sponsors at the conference; CE's as a dedicated resource table or spot on the community resource table for you; brochure; Additional roll-ups are passed upon the level of sponsorship. Discounts can be directed to Rob Griesel at 920-386-4308 or rgriesel@co.dodge.wi.us.

Payment Policy: A check payable to Dodge County should accompany the enclosed "card with Lewy" in the mail.

Door prizes: We encourage each sponsor to donate a door prize to be given away at the conference. Donations will be done by the conference planning committee using the names of each attendee.

Thank you for your support. If you have any questions, please contact Rob Griesel at 920-386-4308 or rgriesel@co.dodge.wi.us.

Family Caregiver and Caregiver Coordinator Professional Resource

The Center for Aging Research and Education (CARE) at the UW–Madison School of Nursing has developed numerous toolkits to help families, communities, instructors, and healthcare staff support older adults' health and well-being. <https://wisconsincaregiver.org/health>

From "Support for Older People" (for family caregivers and group home staff) to "Healthy Aging in Rural Towns" (for community leaders) to "Dementia Friendly Hospital Toolkit" (for hospital staff), each CARE toolkit details evidence-based best practices, developed with input from the intended audiences to ensure its relevance and usability.

These resources are widely and freely available. Visit the "CARE Products" page of CARE's website, read the descriptions, and use the online form to request the toolkits of interest to you:

<https://care.nursing.wisc.edu/products/-care-resources>

You will also find the University of Wisconsin–Madison School of Nursing's Center for Aging Research and Education (CARE) "Agefully" program for caregivers on the WisconsinCaregiver.Org site here

<https://care.nursing.wisc.edu/products/>



Reminder: A Day at the Club: A Caregiver Retreat

Wednesday, November 6 | 9:00 a.m. – 4:00 p.m.

REGISTRATION IS OPEN! Join Jefferson, Rock, and Dane County ADRCs for "A Day at the Club: A Caregiver Retreat." Onsite respite will be provided with registration. Contact Karen at 608-741-3615 or Karen.Tennyson@co.rock.wi.us to register.

View the invite: <https://gwaar.org/api/cms/viewFile/id/2008344>

View the printable invite: <https://gwaar.org/api/cms/viewFile/id/2008343>



Fiscal

[Carrie Kroetz](#) Older Americans Act Consultant – Data Management

Need to Know

GWAAR Fiscal Fall Training (in-person)

Friday, November 1 | 9:00 a.m. – 3:00 p.m.

Join us this November for our Fiscal Fall Training! This is our kick-off to next year's regional trainings, where the theme will be "**Making Cents of the Funding Puzzle,**" focusing on the fiscal changes ahead that will be happening in the aging network. At this time it is unclear if virtual attendance or a recording will be available. (These trainings will be for Aging contracts, not Elder Abuse.)

Training Details:

DATE: Friday, November 1st, 2024 | TIME: 9:00 a.m. – 3:00 p.m.

LOCATION: The Commons - 2801 Hoover Road Stevens Point, WI 54481

FEE: No cost | LUNCH: Will be provided | REGISTRATION FORM: [Fiscal Fall Registration Form](#)

REGISTRATION DEADLINE: **October 25th, 2024 – 3PM**



View the flyer for agenda and hotel information: <https://gwaar.org/api/cms/viewFile/id/2008347>

2025 Preliminary Budget

Due to recently applied changes, an updated 2025 Preliminary Budget was posted on the [GWAAR Partner Resources - External SharePoint site](#), please make sure you are using the most recent version. All Aging Units and Elder Abuse sub-recipients are required to submit a Preliminary Budget by November 8th, as well as a Final Budget - deadline to be determined in the Spring.

Nice to Know

Dollars & Sense

Check this section for the answers to your Fiscal questions. Watch upcoming issues of the newsletter for more updates!

Q: Can Title III funds be used for capital purchases?

A: Yes up to \$5,000 of Title III funding can be used for a single project or purchase. Please note if making a capital purchase for the nutrition program that does not mean that \$5,000 from C-1 and \$5,000 from C-2 can be used for the purchase. \$5,000 is the max amount of Federal funds that can be used for capital purchases.

Q: When will Aging ARPA funds expire?

A: ARPA C1 and C2 funds will expire September 30th, 2024. ARPA B, D and E received an extension and must be fully spent by September 30th, 2025. Once September 2024 claims have all been submitted and processed, GWAAR will be able to determine remaining ARPA B, D and E funds for the new extension grant – note this will not be an amendment to the current contract.



Health Promotion

[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

Need to Know

OAA Title III-D Health Promotion and Disease Prevention Frequently Asked Questions Document (FAQ)

The OAA Title III-D FAQ document was recently updated. Check out the new question added -

NEW! Question – Can Aging Units/Tribal Aging Units enter OAA Title III-D health promotion participants into Wellsky (SAMS) in a month different from the month the expense occurred, and the claim was submitted? (e.g. you train a leader in November and submit the claim for that cost, but the program is not implemented until January)

Answer– Yes, it is acceptable to incur expenses before the workshop is implemented, as health promotion programs require time for a leader to be trained, marketing the program, participant recruitment and registration. It is reasonable for these expenses to occur in advance, with the expectation that the health promotion program will begin within three months of the expense or claim submission. If this timing causes an error when completing your claim form, you can resolve the error by providing an explanation for the discrepancy in the comment section of the Wellsky/Fiscal tab.

Similarly, if a workshop has already been held, but the expenses have not yet been submitted or paid, you should leave an explanation in the comment section of Wellsky/Fiscal tab. If you have any questions, please contact fiscal@gwaar.org.

View the FAQ: <https://gwaar.org/api/cms/viewFile/id/2008318>



Nice to Know

Social Connection Awareness Week November 10 - 16, 2024

Join the Wisconsin Coalition for Social Connection (WCSC) to learn about the importance of social connection for older adults and people with disabilities and the impact that you can make to reduce social isolation and loneliness! The WCSC is excited to announce that they will be holding FREE lunch & learn webinars each weekday during Social Connection Awareness Week in November for professionals interested in learning more about these important topics.



Learn more about these offerings on the attached flyer. If you're not able to make one or all of the events, just register and you will be sent the recording.

<https://connectwi.org/wp-content/uploads/2024/09/WCSC-Social-Connection-Awareness-Week-Summit-2.pdf>

Now Available!! Awareness Week Promotional Resources November will be here before we know it! Promotional resources are now available for you to start planning for how to use them during Social Connection Awareness Week. Social media graphics and suggested text, a newsletter article, press release, and letter to the editor can be found on our website and customized for local use.

<https://connectwi.org/for-professionals/awareness-resources/#d>

Nutrition

[Pam VanKampen](#), *Older Americans Act Consultant - Nutrition Specialist/Senior Center Representative*

Nice to Know

EAT WELL, AGE WELL. Brussell Sprouts (November) resource now available

The latest resource for Eat Well, Age Well is now posted on the GWAAR website.

Brussell Sprouts may not be an immediate favorite with everyone, but with the right cooking technique they can be a whole new experience!

View the site: <https://gwaar.org/eat-well-age-well>

View the new resource: <https://gwaar.org/api/cms/viewFile/id/2008346>

October issue of The Dish available

Nutrition updates, including a fun idea for increasing visitors are in this month's Dish.

Read The October Dish: <https://gwaar.org/api/cms/viewFile/id/2008345>

Read past issues: https://gwaar.org/weekly-dish_1



Reminder: See #WhatsOnMyPlate Today!

The MyPlate team recently announced the launch of #WhatsOnMyPlate, a nationwide campaign to highlight how MyPlate fits many lifestyles and can be used to fit different food preferences, cultural tastes, and budgets. Through #WhatsOnMyPlate, people everywhere can learn about the healthy eating tools and budget-friendly resources available on our Digital Hub and across MyPlate.gov.



Are you looking to join the conversation on social media? Explore the #WhatsOnMyPlate Social Media Toolkit featuring sample social media messages, graphics, frames, animation videos, and tips for creating your own content. We hope you will share your healthy meals on social media with #WhatsOnMyPlate. Don't forget the hashtag and to tag us! We will be sharing updates on the Digital Hub, so be sure to check back in with us regularly! In the meantime, check out our new videos, "Budget-Friendly" and "More than a Plate," and feel free to share!

Digital hub: <https://www.myplate.gov/whatsonmyplate>

Social media toolkit: <https://www.myplate.gov/professionals/toolkits/whatsonmyplate-social-toolkit>

Budget Friendly: <https://www.youtube.com/watch?v=6bYsfeY6AlI>

More than a plate: <https://www.youtube.com/watch?v=smGnpU0dN-0>

Reminder: Join us as we continue to celebrate National Hispanic Heritage Month!

National Hispanic Heritage Month is celebrated from September 15th to October 15th and honors how Hispanic foods, culture, and traditions brighten and contribute to the overall culture and richness in America. Meet the MiPlato Tools and Resources available en español! Use just one or all together to help you make healthy food and beverage choices.



Be sure to check out our MiPlato en español page for all MiPlato resources including tip sheets, graphics, and more! From MyPlate to your plate, every plate tells a story. MyPlate offers tools, tips, and resources to help you prepare budget-friendly, healthy meals- available in Spanish.

Visit MiPlato en español: <https://www.myplate.gov/resources/en-espanol>

Reminder: Free Webinar. Putting Patients First: Malnutrition Care in the Community

Wednesday, October 9 | 11:00 a.m. - 12:15 p.m.

Facilitated by Heather Keller, RD, PhD, FDC, FCAHS, Schlegel Research Chair in Nutrition & Aging, University of Waterloo

Learning Objectives: Attendees of this webinar will:

- Learn about the perspectives and experiences of patients/caregivers who have experienced nutrition risk across Canada
- Reflect on barriers and facilitators around nutrition care as described by patients and caregivers
- Consider opportunities for advocating for patients/caregivers and how their own practices can be improved

Registration:

<https://cns-scn.ca/events/2024/10/09/putting-patients-first-malnutrition-care-in-the-community>

