

Greater Wisconsin Agency on Aging Resources (GWAAR) News

Need to Know

Reminder: GWAAR Partners Resource site available for registered users

You'll find claim forms, and other training and webinar materials here, along with news, updates and upcoming events. This site is used by those in the Wisconsin Aging Network to access resources provided by GWAAR. *Registration is required:* <u>https://gwaar.org/gpr-ext</u>

Please note: Effective September 20, the temporary document library (old SharePoint) is no longer available

Questions related to the new site? Email Carrie Kroetz: carrie.kroetz@gwaar.org

Nice to Know

Reminder: Leadership opportunities

GWAAR is looking for thoughtful, civic-minded, energetic individuals to serve on its 11-member board and 9-member Advisory Council. Members play a critical role in guiding and overseeing the agency's actions and initiatives. Candidates for these roles must live outside Dane and Milwaukee Counties and be able to devote time and energy to the GWAAR's governance.

Learn more: https://gwaar.org/leadership-opportunities

Reminder: VSDP Care Consultant Employment Opportunity

Read the full job description: https://gwaar.org/api/cms/viewFile/id/2008300

Reminder: Dane County Department of Human Services Domestic Violence in Later Life Conference

Friday, November 1 | 8:00 a.m. – 12:15 p.m.

This event will be offered virtually and online registration opens September 3, 2024.

Save the date! Dane County Department of Human Services is pleased to announce its annual Domestic Violence in Later Life Conference being held Friday, November 1, 2024. This very popular yearly event is being offered virtually and will start at 8:00 a.m. and conclude at 12:15 p.m. Certain licensed professionals who attend will have the opportunity to earn 4 CEHs/0.4 CEUs.

Registration opens September 3, 2024. See the flyer for details. Due to the state funding being made available for this conference there is no cost to attend.

View the flyer: https://gwaar.org/api/cms/viewfile/id/2008289





Abuse in Later Life Grant

Nice to Know

Reminder: Direct Services Elder Abuse Training-October 9 (No Cost)

Wednesday, October 9 | 8:30 a.m. - 4:30 p.m.

Location: Walworth County Health & Human Services Building; 1910 County Road NN, Elkhorn

The purpose of this training is to enhance older victims' safety and quality of life by strengthening collaboration among direct service providers.

Topics include:

- Types of Abuse in Later Life
- Understanding types of abuse in later life and abuser tactics •
- Collaborating to create a victim-centered response •
- Planning for victim safety •
- Existing services for older victims ٠

Who should attend?

The training is open to state-based organizations and agencies that

work with adult protective services, victim services, system-based advocates, and aging network professionals.

View the flyer: https://gwaar.org/api/cms/viewFile/id/2008283

Registration:

https://wisdoj.eventsair.com/direct-services-elder-abuse-training---walworth-county/oct9/Site/Register

Advocacy

Janet Zander, Advocacy and Public Policy Coordinator

Need to Know

Wisconsin has a General Election on Tues., Nov. 5, 2024

For more information about the General Election and to see what is on your ballot go to MyVote Wisconsin: https://myvote.wi.gov/en-us/

Check out VOTE411 for information about the candidates on your ballot and registration information: https://www.vote411.org/ballot, https://www.vote411.org/register

Registration Deadlines for the Nov. election:

- By Mail: Wednesday, October 16, 2024
- In Person: Tuesday, November 5, 2024
- Online: Wednesday, October 16, 2024 (Register to vote!)

For information regarding rides to the polls, see https://disabilityvote.org/2024/rides-to-the-polls-2024/.

For additional voter resources, including information regarding the Nov. 5 Constitutional Amendment question (see Fact Sheet-Sept-2024), check out the Disability Vote Coalition materials at: https://disabilityvote.org/resources/.

View the Sept. 2024 Fact Sheet: https://bit.ly/4eesEHG



Location: nty Health & Human Services B

1910 County Road NN, Elkhor Register here: /direct.services.older.abuse.training...

The purpose of this training is to enhance older victims' safety and quality of life by strengthening collaboration among direct service providers.

Understanding types of abuse in later life and abuser tactics Collaborating to create a victim-centered response

https://

About:

Topics include: • Types of Abuse in Later Life

Planning for victim safety Existing services for older victims



Data Management

<u>Carrie Kroetz</u> Older Americans Act Consultant – Data Management

Need to Know

Reminder: Important Dates and information for PeerPlace Training

PeerPlace Training Details: https://share.health.wisconsin.gov/ltc/teams/ADRC/sitepages/PPTrg.aspx

Key Dates (tentative):

- September 16, 2024 Users will be granted access to the PeerPlace training environment.
- October 18, 2024 WellSky Aging users' deadline for data entry. After this date services entered prior to September 30, 2024 will be locked down to prepare for ACL Federal Reporting.
- October 29, 2024 all WellSky data will be locked down to read-only access to prepare for the transition to PeerPlace. Users will continue to have read-only access through the end of the year.
- November 6, 2024 PeerPlace "go-live" date. Users may begin entering data into the PeerPlace system.

<u>PeerPlace Training Details page</u>, this page contains detailed information related to PeerPlace training including live webinar schedules, live webinar registration links, user group information, and key dates.

View the PeerPlace Training Details page: <u>https://bit.ly/3TENqYG</u>

Upcoming PeerPlace Functionality Training for Aging program staff:

- Nutrition Advanced Functionality Webinar on Wednesday, October 2, 2024, 2–4:30 p.m. (registration link)
- Transportation Advanced Functionality Webinar on Tuesday, October 8, 2024, 2–3:30 p.m. (registration link)
- Other Programs Advanced Functionality Webinar on Thursday, October 10, 2024, 2–3:30 p.m. (<u>registration link</u>) (Note: This training encompasses Adult Day Care, Case Management, Health Promotion, In-Home Supportive Services, Aging I&A, Outreach, Recreation & Socialization, and Other Services.)
- Caregiver Advanced Functionality Webinar on Tuesday, October 22, 2024, 2–3:30 p.m. (registration link)
- Senior Center Advanced Functionality Webinar on Thursday, October 24, 2024, 2–3:30 p.m. (registration link) (Note: This training is for Milwaukee AAA and providers only.)
- Volunteer Management Advanced Functionality Webinar on Thursday, October 31, 2024, from 2–3:30 p.m. (registration link)

Upcoming PeerPlace Functionality Training for EBS, DBS and DCS program staff:

- DCS Advanced Functionality Thursday, October 3, 9-11 a.m. (registration link)
- EBS/DBS Custom Forms Wednesday, October 30, 2-4 p.m. (live webinar link)

Training for all users

PeerPlace Core Functionality Webinar is required for all users. This required training is applicable for all PeerPlace users in the Wisconsin ADRC, Aging, and Tribal partner network.

These live trainings were held on September 11th and 12th and recordings for these trainings, and all trainings, is located on the PeerPlace Webinar Recordings site.

PeerPlace Webinar Recordings: <u>PeerPlace Overview Webinar recording</u>

https://vimeo.com/showcase/11338036/video/1003271603

Reminder: Wellsky Title III data deadline Oct. 18

This year's deadline to enter in Title III services to Wellsky/SAMS AND make sure all client and service data is accurate for the reporting period October 2023-September 2024 is October 18th! For fiscal claim forms, your September (and all prior monthly claims) are due by November 8th! This information is then used for the GWAAR region and State of Wisconsin Federal Older American's Act Report.

If, upon reviewing and correcting data, services are removed from Title III to Title VI, NOAA or Family Care, as examples, you must let your fiscal staff know as it will impact your claim forms.

The list of Error and Informational reports to run, along with an instructional guide, can be found on the GWAAR Partner Resource SharePoint site under Aging Programs-Data Management.

Thank you, everyone, for your continued work on this and all the hard work you put into it throughout the year! Please feel free to contact me with any questions or book an appointment with me.

carrie.kroetz@gwaar.org

Carrie Kroetz - Appointment Scheduler (office365.com)

https://outlook.office365.com/book/CarrieKroetzAppointmentScheduler@gwaar.org/

Family Caregiver Support

Bryn Ceman, Older Americans Act Consultant - Family Caregiver Support Specialist

Nice to Know

Respite Care Association of Wisconsin webinar: "Trauma-Informed Practices & Why They're Important"

Wednesday, October 2 | 1:00 p.m.

This webinar is led by Tenley Kohler, MS, and Director of the Community Alliance for Trauma Informed Care. Through community engagement and training, the Community Alliance for Trauma-Informed Care supports organizations in transforming their cultures and services.





Attendees will learn how to build awareness on:

- 1. How toxic stress and trauma can impact brain development
- 2. How early adversity can be passed down through generations
- 3. Some findings from the original Adverse Childhood Experiences Study
- 4. Ways to build strength and capacity in individuals and communities

Webinar registration:

https://rcaw.gnosishosting.net/Events/Calendar?fordate=2024-10-02



TRAUMA-INFORMED PRACTICES & WHY THEY'RE IMPORTANT WEDNESDAY, OCTOBER 02, FROM 1:00 PM - 2:00 PM



Jain to for this informative weathar lied by gliest spoker Tenley Kohler, MS, and Director of the Community Alliance for Trauma Informed Care. Through community engagement and training, the Community Alliance for Trauma-Informed Care supports organizations in transforming their cultures and services.

1. How toxic stress and trauma can impact brain



2. How early adversity can be passed down through generations 3. Some findings from the original Adverse

 Ways to build strength and capacity in individual and communities

REGISTER TODAY - WWW.RESPITECAREWI.ORG

Reminder: Caring Better & Braver event

Saturday, October 26 | 10:00 a.m. – 4:00 p.m.

A day of self-care & learning for family caregivers.

Main Speaker: Kari Berit Event Highlights: S.A.N.E. Caregiver Stress & Wellbeing Long-Term Care End of Life Social Connection

When: Saturday, October 26, 2024, 10:00 a.m. – 4:00 p.m.

Cost: \$20 / person Lunch Included

Where: Holmen Area Community Center 600 N Holmen Dr Suite 200 Holmen, WI 54636

The event is open to caregivers in all counties!

More information: https://lacrossecounty.org/

Aging & Disability Resource Center of La Crosse County La Crosse County CAREGIVER COALITION

This event is brought to you by:

https://www.lacrossecounty.org/adrc/events-workshops/event-details/2024/10/26/adrc-events/caringbetter-braver

Register by October 14:

https://docs.google.com/forms/d/e/1FAIpQLSegZcBQnVo6-mDATn9I9aQRH4g6khdBFcgEBmfxvbpWrIGFw/viewform

Or call the ADRC of LaCrosse County at 608-785-5700.

Reminder: New guide "Reaching Rural Kinship/Grandfamilies" now available

A newly released professional guide on "Reaching Rural Kinship/Grandfamilies" from the Grandfamilies & Kinship Support Network is now available.

GRANDFAMILIES & KINSHIP

View the guide:

https://www.gksnetwork.org/wp-content/uploads/2024/07/Reaching-Rural-Grandfamilies.pdf

Fiscal

<u>Carrie Kroetz</u> Older Americans Act Consultant – Data Management

Need to Know

2025 preliminary budget information available; Upcoming budget webinar Oct. 3

The 2025 Preliminary Budget has been posted on the <u>GWAAR Partner Resources - External SharePoint site</u>. All Aging Units and Elder Abuse sub-recipients are required to submit a Preliminary Budget by November 8, as well as a Final Budget - deadline to be determined in the Spring.

For Aging Units, the following information is important to know and will be addressed in the upcoming budget webinar on October 3 from 11:00 a.m.-12:00 p.m. (GWAAR Fiscal - 2025 Budget Webinar Registration Link).

Thursday, October 3 | 11:00 a.m. - 12:00 p.m.

Registration for Oct. 3 webinar: GWAAR Fiscal - 2025 Budget Webinar Registration Link

https://events.teams.microsoft.com/event/944ffa72-5027-4ecf-86a9-57b6cff155b8@8e087664-409d-4c4c-a6b4-7aa01020d6ea

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GWAAR Partner Resources - External SharePoint: https://gwaar.sharepoint.com/sites/PartnerResources

- All displayed contract amounts are based on a 12-month estimate based off of 2024 amounts (not including carryover funds).
- Reminder, you are required to report the total budgeted expenses anticipated to fully provide Title III services. This includes reporting over match if necessary to fulfill the needed funds for all expenses.
- ARPA B, D and E since at this time we do not know what your extension rollover amounts for 2025 will be it is up to the Aging Unit to estimate and apply that spending accordingly. Actual amounts will be posted on the Final Budget in the Spring. Reminder that Match will be required for these ARPA funds as you apply the expenses.
- ARPA B, D and E current deadline for spending these extension contract will be September 30th, 2025.
- Transfers if requesting a transfer between B, C1, and/or C2 the official request will be made on the Final Budget and the online Transfer Request Form will need to be completed at that time to qualify.
- IIIB/ARPA B 6% Waiver If you indicate that you will not be requesting the 6% waiver, you will need to indicate if you plan to spend IIIB/ARPA B funds to provide I&A services. Waivers must be completed online but this will not take place until the Final Budget is posted.
- IIIE/ARPA E Case Management/I&A Waiver If you indicate that you will not be requesting the waiver for IIIE Case Management/I&A, you will need to indicate if you plan to spend IIIE/ARPA E funds to provide I&A services. Waivers must be completed online but this will not take place until the Final Budget is posted.
- If you are applying for IIIE waivers and indicate a waiver for each of the 5 required categories, you will receive an error as this would indicate that you are not providing any IIIE services. Please review your planned spending and apply the waivers accordingly.
- If your agency uses AFCSP as Match for IIIE a reminder notice will display for you to acknowledge upcoming changes estimated by the end of 2025.

Please reach out to the GWAAR Fiscal Staff with any additional questions.

https://gwaar.org/fiscal-p

Reminder: Fiscal Webinar replay

ARPA C1 and C2 2024 De-Obligation and Re-Obligation Requests, 2025 Budget form

The Fiscal Staff hosted a webinar on 9/13/24 to review information from the memos that went out on 8/23 and 9/10 - covering 2024 Waivers - IIIE Case Management Waiver – I&A, 2023 Carryover funds, 2024 Transfer requests, ARPA funds expiring (and extensions) as well as a few new updates. This has been posted on the GWAAR Partner Resources - External site, under Fiscal Resources in the Fiscal Files library.

<u>GWAAR Partner Resources - External</u> Fiscal Resources SharePoint Site:

https://gwaar.sharepoint.com/sites/PartnerResources

Nice to Know

Dollars & Sense

Check this section for the answers to your Fiscal questions. Watch upcoming issues for more updates!

Q: When will Aging ARPA funds expire?

A: ARPA C1 and C2 funds will expire September 30th, 2024. ARPA B, D and E received an extension and must be fully spent by September 30th, 2025.

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Once September 2024 claims have all been submitted and processed, GWAAR will be able to determine remaining ARPA B, D and E funds for the new extension grant – note this will not be an amendment to the current contract.

Q: We have reached the required minimum Cash Match, should we report the additional county/tribal funds used under Other Local?

Dollars & Sense

A: All County or Tribal funds used to supplement expenses for the Title III program must be reported within the Cash Match column per policy.

This is then reported to the state and in our federal report to show how much local county and tribal funding is added to support these programs. Other Local expenses is funding provided to the Aging Unit, such as grants from local county organizations, to support Title III services.

Q: Our annual audit is completed...does GWAAR need a copy of the audit and where do we send it?

A: Yes, GWAAR is required to receive a copy of all annual audits. GWAAR staff will review each audit for findings and if necessary, will follow up with Aging Units to resolve any audit issues. All audits should be sent to GWAAR fiscal department at the email <u>contracts@gwaar.org</u>. It should also be uploaded to the Federal Audit Clearinghouse at <u>The Federal Audit Clearinghouse (fac.gov)</u>.

Health Promotion

Angie Sullivan, Older Americans Act Consultant - Health Promotions Specialist

Need to Know

Quarterly Health Promotion Webinar: Save the Date! Register today.

Tuesday, November 19 | 9:00-10:30 a.m.

This webinar will feature an overview of the Wisconsin Guardian Support Center by Polly Shoemaker, WI Guardian Support Center Attorney. In addition, we will be discussing the findings from the recent Diversity, Equity & Inclusion self-assessment that was distributed recently. A more detailed agenda will be released in October.

Contact Angie Sullivan, OAA Consultant - Health Promotion/GWAAR if you have any questions <u>angela.sullivan@gwaar.org</u>.

Register here: https://us06web.zoom.us/meeting/register/tZApdOqorTsiE9xGw-QQmuuACkK6iN81PstW

Reminder: Save the Date 2025 Quarterly Health Promotion webinars

- Tuesday, February 4, 9:00 10:30 a.m.
- Tuesday, May 6, 9:00 10:30 a.m.
- Tuesday, August 5, 9:00 10:30 a.m.
- Tuesday, November 4, 9:00 10:30 a.m.

Reminder: Virtual intergenerational art program available

Are older adults in your community looking for a fun, creative way to connect with others from different generations? Scripps AVID is a research-based, intergenerational art program, and perfect for older adults.

Program Highlights

- Younger and older adults of different generations will be matched to virtually meet weekly.
- Work together on art-based activities such as visual art, music, poetry, and stories.
- No artistic background is necessary to join. Lots of examples and prompts are provided.
- Benefits of joining: Opportunities for creative self-expression, developing communication skills, and social engagement with different generations.

Program Details

- Start Date First week of October 2024
- Time and Duration Minimum of 30 minutes a week for approximately 11 weeks
- Location Anywhere you feel most comfortable and have access to the Internet.
- Cost FREE

*You may be asked to complete pre - and post-surveys.

Questions or information on signing up, please contact Krysta Peterson, 440-340-8537 or <u>ScrippsAVID@MiamiOH.edu</u>

For more information, visit the Scripps AVID webpage: <u>https://avid.scrippsoma.org/</u>

https://avid.scrippsoma.org/get-started/

Nice to Know

Reminder: Wisconsin Institute for Healthy Aging (WIHA) Special Update Just Released!

The 2025 Facilitator Training Schedule is set! Start planning for 2025. This year, with more in-person options and trainings for both Healthy Living with Diabetes and Healthy Living with Chronic Pain. Click on the link below to see the full schedule by program.

View the 2025 training schedule:

https://files.constantcontact.com/cba79bee701/ec587a36-078d-46fb-955a-70ea525ebe24.pdf?rdr=true

Hurry, trainings full up fast. Please be sure to register early.

2025 training schedule with registration:

https://wihealthyaging.org/for-professionals/become-a-facilitator/facilitator-training-schedule/





Medicare Outreach and Assistance

<u>Alyssa Kulpa</u>, Medicare Outreach Coordinator

Nice to Know

Reminder: Fall Medicare Training for Wisconsin Professionals

Register for each webinar you wish to attend.

The Wisconsin SHIP network coordinates a free training series on Medicare updates before the Medicare Open Enrollment Period every year. This year's webinars take place *September 30* through *October 2*.



Navigating Medicare

The 2024 Fall Medicare Training agenda is now available. The agenda includes information about registration, presentation content and materials, recordings, continuing education credits, accommodations, and additional resources.

2024 Fall Medicare Training Agenda: https://gwaar.org/api/cms/viewFile/id/2007858

Who should attend? All professionals who work with Medicare beneficiaries or want to learn more about Medicare updates are invited. Some of the trainings are required for SHIP counselors; see the agenda for details. Presenters will assume that attendees have a basic understanding of Medicare and will focus on Medicare updates. Attendees who want refresher trainings on Medicare basics are encouraged to view the Medicare training resources listed in the agenda.

How do I register? The registration links can be found on the agenda. You must register for each training you wish to attend. You should receive a confirmation email for each successful registration.

Please send questions to the Wisconsin SHIP Director, Michelle Grochocinski, at michelle.grochocinski@dhs.wisconsin.gov.

Nutrition

Pam VanKampen, Older Americans Act Consultant - Nutrition Specialist/Senior Center Representative

Need to Know

September Meal Prioritization Office Hours

Friday, September 27 | 9:00-10:00 a.m.

Do you have questions about the Meal Prioritization tool? Join us on Friday, September 27 from 9:00 to 10:00 a.m. for our monthly office hours.

Click for meeting link: https://bit.ly/3XLcjEU

Meeting ID: 290 848 179 447 | Passcode: A4aREM

Nice to Know

Malnutrition "Educate. Empower. Eliminate"

A heartfelt THANK YOU to everyone who helped spread the word and raise awareness for Malnutrition Awareness Week last week. I've seen many wonderful social media posts and newsletter articles from our Aging Network partners. If you missed the webinars, don't worry—they've been recorded and are available to watch for free using the code MAW-GWAAR. You can also access a variety of handouts that can be shared throughout the year. Just visit <u>https://bit.ly/4dh1m28</u> and explore the links.

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Check out this blog

"No one in our country should go hungry, but millions of Americans struggle with malnutrition, hunger and food insecurity" DMT National Coordinator Bob Blancato co-authored a blog

with Representative Suzanne Bonamici (D-OR-1) for Malnutrition Awareness week. Read the blog for answers to how we can address malnutrition and health equity.

Read the blog: <u>https://generations.asaging.org/malnutrition-awareness-week-food-health-access</u>

Governor's Proclamation

Governor Evers recently released a proclamation acknowledging Malnutrition Awareness Week.

View the proclamation: https://gwaar.org/api/cms/viewfile/id/2008328

Thank you for your vital role in educating, informing, and empowering older adults, individuals with disabilities, and their caregivers about malnutrition.

Pam VanKampen, on behalf of the GWAAR Nutrition Team



Food Insight

September is Food Safety Month

September is Food Safety Education Month and the following resources are available to distribute from Food Insight.

Here's what temperature to keep your <u>fridge & freezer</u> set to for proper food safety:

https://foodinsight.org/fridge-and-freezer-safety-tips/



https://foodinsight.org/is-food-fortification-necessary-a-historical-perspective/

September is National Fruits and Veggies Month as well! Check out <u>fruit and veggie safety: making the</u> <u>most of your fresh produce</u>.

https://foodinsight.org/fruit-and-veggie-safety-making-the-most-of-your-fresh-produce/

Have you seen a food recall in the news recently? Here's what to do if a food is recalled.

https://foodinsight.org/a-reminder-on-food-recalls-and-food-safety/

Here's how to know if a food is spoiled.

https://www.instagram.com/p/C_io7JnxKYj/

Sign up for the Food Insight newsletter: <u>https://foodinsight.org/category/newsletter/#email-modal</u> View past newsletters: <u>https://foodinsight.org/category/newsletter/</u>

Food Insight Webinar: Savvy Science Communication: Delivering Impact & Credibility

Thursday, October 17 | 1:00 p.m.

Food Insight is hosting a free, 60-minute webinar on science communication featuring insights from IFIC's consumer Spotlight Survey on Trust in Science & Diet Advice as well as communication scholar, Timothy Sellnow, PhD, risk communication specialist at Clemson University.



In this session, speakers will provide insights on the public's perception of popular nutrition and health concepts, highlight the hierarchy of scientific evidence, and share best practices on how to inspire various audiences to make healthful, evidence-based nutrition decisions.

This webinar is part of a collaborative two-part webinar effort with the National Pork Board and is pending 1 CPEU per the Commission on Dietetic Registration (CDR), the credentialing agency for the Academy of Nutrition and Dietetics.

Register for the webinar:

https://ific-org.zoom.us/webinar/register/WN_drW2upUgQKCOmc0qdicRuQ#/registration