



New Meal Prioritization/Wait List Procedure (Right Meal for You)

This is a reminder that as of 7-1-24, if you are going to adopt Meal Prioritization and/or if you have a Waitlist or need to start one, the Nutrition programs in the GWAAR Service area are required to use the tool and process created by GWAAR in collaboration with your peers on various workgroups. If you are going to adopt and implement this process locally, please notify your GWAAR Nutrition Team Representative by completing this Waitlist/Meal Prioritization <u>Notification Form</u>: <u>https://bit.ly/3VQBqn1</u>

We have three Training Modules posted. You can access the training modules, required score form, editable templates, and supporting documents on the GWAAR Nutrition External SharePoint in the *Meal Prioritization* Folder.

GWAAR Nutrition External SharePoint: <u>https://bit.ly/3ZVzRpT</u>

Training Modules:

Module 1- How to Use the Meal Prioritization (Right Meal for You) tool. (45 minutes). This is intended for you as directors as well as your staff who will be completing the form and process. Written instructions are also provided.

Module 2- Review of Technical Assistance Guide, Forms, and Supporting Documents. (30 minutes). For Directors. Please note that several templates can be customized for you to use locally.

Module 3- Overview and Why. (15 minutes). Intended for your board, advisory council, staff, etc. Anyone who wants a high-level understanding of the process.

Meal Prioritization Tool/Right Meal for You training July 18, 2-3 p.m.

We will have a call on July 18 from 2 to 3 p.m. for anyone using or interested in learning more about the process.

This will be the first call for programs using the new process. We will then have office hours once a month and quarterly calls (Date Saver will be shared on the call). We will use the same meeting log-in information for each meeting but, the dates and times will be updated and a reminder will be sent before the calls.

If you have any questions, please contact your regional GWAAR Nutrition Team Representative, they will be happy to assist you.

Thursday, July 18 | 2-3 p.m.

Teams link: <u>https://bit.ly/3XLcjEU</u> Meeting ID: 290 848 179 447 | Passcode: A4aREM

Dial in by phone <u>+1 608-338-1382,,451418114#</u> | Phone conference ID: 451 418 114#

Congrats and Thanks to Leslie Fijalkiewicz

Congratulations and thank you to Leslie Fijalkiewicz – who is retiring after 28 years of service in the Aging Network.

Best of luck Leslie!



Featured Recipe: Celebrate Summer Salad



Peach Blueberry Salad Ingredients (serves two)

4 cups Assorted Greens Fresh basil or mint- minced 2 peaches - sliced 1 cup blueberries Goat cheese - sliced thin Cherries Roasted pecans (optional—see full recipe for details)

Maple dressing ingredients and directions (optional)

- 1/4 cup Maple syrup
- 1/4 cup White Balsamic Vinegar
- 2 Tablespoons Stone-ground Mustard

Place all ingredients in a small blender attachment and blend for 45 seconds until completely blended. Or use an immersion blender in a mason jar to mix and store with a tight-fitting lid.

Peach Blueberry Salad Directions

Wash hands and all produce. Slice peaches thinly.

Assemble the salad, starting with a base of greens, tossed with a choice of herbs.

Arrange peaches on the salad first, and add cherries, blueberries, and goat cheese. Drizzle on Maple Dressing just before serving and garnish with roasted pecans.

Variations: Golden raisins, Bleu cheese, Farrow or grain of choice, cooked, grilled salmon or pork. Vinaigrette of choice.

Makes two entree salads.

<u>Click here to view full directions for maple dressing, grilled</u> <u>peaches or maple spicy pecans.</u> <u>https://gwaar.org/api/cms/viewFile/id/2008249</u>

Tribal Training 2024

Tribal Cook's Training

July 31, 9 a.m.—2 p.m.

Menominee Food Distribution Keshena, WI

View the flyer

https://gwaar.org/api/cms/ viewFile/id/2008247

Tribal Fiscal Training

July 24, 10 a.m.— 4 p.m. July 25, 8 a.m.— 2 p.m. Jefferson Street Inn Wausau, WI

View the flyer

https://gwaar.org/api/cms/ viewFile/id/2008248



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Save the Dates!

2024 Summer Regional Nutrition Director Meetings

RSVP to Jean Lynch at GWAAR (jean.lynch@gwaar.org) by July 8, 2024.

When replying, indicate

- which meeting you plan to attend,
- whether you are planning to eat lunch, and
- if you have any special dietary needs.

We will try our best to accommodate special needs, but available accommodations will vary by location.

Northwest: July 22, 2024

Host: ADRC of Barron and Rusk Counties - Barron County,

Southwest : July 31, 2024

Host: ADRC of Sauk County

Northeast : August 7, 2024

Host: ADRC of Oneida County

Southeast : August 14, 2024

Host: ADRC Fond du Lac County

See attachment for details on locations, dates, prices and more. <u>https://gwaar.org/api/cms/viewFile/id/2008250</u>