

Social Isolation and Loneliness

GOAL DEVELOPMENT 2025-2027
AGING UNIT PLAN





Social Isolation and Loneliness Goal Example



Action Guide for Building Socially Connected Communities

Action Guide for Building Socially Connected Communities

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Feeling isolated can lead to serious mental health issues.

Social Isolation & Loneliness Evaluation Questions

- 1. Attending this session made me feel more connected to other people.**
- 2. Attending this session provided me with the skills or knowledge to be more connected to others.**

Scale 1 - 5

Strongly disagree, disagree, neither agree nor disagree, somewhat agree and strongly agree



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