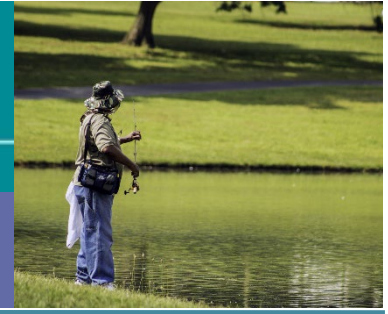




Volume 6, No. 25 June 18, 2024  
Office: 608-243-5670 Fax: 866-813-0974  
info@gwaar.org www.gwaar.org



## Greater Wisconsin Agency on Aging Resources (GWAAR) News

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### ***Need to Know***

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#### **Reminder: Next ACE meeting, Wednesday July 10**

*July 10 | 1:30 p.m. – 3:00 p.m.*

A Teams meeting invite was emailed out on June 6 and the agenda will be emailed in early July. Contact Rosanna Mazzara for invitation details.  
(Rosanna.Mazzara@gwaar.org)



### ***Nice to Know***

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#### **New GWAAR employment opportunity: Public Interest Elder Law Attorney**

The attorney in this position will assist in the supervision and training of elder benefit specialists working in Aging & Disability Resource Centers across a 15-county region within the state. The attorney will also provide daily legal and technical assistance regarding state and federal public benefit programs and provide direct legal representation to older adults.

A Juris Doctor degree from an ABA-accredited law school and admission to the State Bar of Wisconsin is required. We are seeking candidates who have a demonstrated commitment to working with clients aged 60 and older, people with disabilities, and/or individuals with low-income. Knowledge of state and federal benefit programs and/or health care programs is strongly preferred. The ideal candidate will have direct client experience in estate planning, Medicaid law, housing law, consumer law, administrative hearings, and/or general civil matters. Occasional overnight statewide travel is required.

**Read the full job description:** <https://gwaar.org/api/cms/viewFile/id/2008225>

#### **Reminder - GWAAR employment opportunity: Senior Medicare Patrol Volunteer Coordinator**

The Volunteer Coordinator is an essential team member within the Senior Medicare Patrol (SMP) program, a federally funded grant program. The Volunteer Coordinator is responsible for recruiting, training, and oversight of the volunteer team, along with coordinating the presence of volunteers at community events. The Volunteer Coordinator will deliver educational presentations and conduct outreach, provide support with the toll-free helpline to answer inquiries and provide beneficiary education regarding billing issues and suspected fraud, and work to develop and strengthen partnerships with other agencies and professional associations. The position is remote with a flexible location within the state of Wisconsin.

**Read the full job description:** <https://gwaar.org/api/cms/viewFile/id/2008226>

#### **Reminder - GWAAR employment opportunity: VSDP Care Consultant**

**Read the full job description:** <https://gwaar.org/api/cms/viewfile/id/2008217>

## Advocacy

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[Janet Zander](#), Advocacy and Public Policy Coordinator

### Nice to Know

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#### WI Disability Vote Coalition's Constitutional Amendments and Fair Maps Webinar

Tuesday, June 25 | 2:00 p.m.

Constitutional amendments will be on the ballot again in August. Changing our constitution is a big deal. Join us to learn what they're about. We will also talk about how the new maps may impact you, what else is on the ballot, and how you can be prepared.

Registration: <https://bit.ly/DVCCConstitutionalAmendments>

View the flyer: <https://gwaar.org/api/cms/viewFile/id/2008231>



**LUNCH & LEARN**

**Register Now!**

**WI Disability Vote Coalition's Constitutional Amendments and Fair Maps Webinar**

Constitutional amendments will be on the ballot again in August. Changing our constitution is a big deal. Join us to learn what they're about. We will also talk about how the new maps may impact you, what else is on the ballot, and how you can be prepared.

June 25, 2024 | 12:00 – 12:45 pm via Zoom  
Register at [bit.ly/DVCCConstitutionalAmendments](https://bit.ly/DVCCConstitutionalAmendments) or scan the QR code below.



SCAN ME

WISCONSIN **disability** **vote** COALITION

Stay tuned for future webinars!

Sign Language Interpreters will be available.

Visit us at [DisabilityVote.org](https://DisabilityVote.org) or email us at [info@DisabilityVote.org](mailto:info@DisabilityVote.org)

Need help with voting?

Contact the Disability Rights Wisconsin Voter Hotline at 844-DIS-VOTE / 844-347-8683

## Family Caregiver Support

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[Bryn Ceman](#), Older Americans Act Consultant - Family Caregiver Support Specialist

### Need to Know

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#### Family Caregiver priorities and survey opportunity

Nearly every person served by the Aging, Disability, and Independent Living (ADIL) Network has one or more family members or friends who provide them with care or some form of help. We at the [Wisconsin Family and Caregiver Support Alliance \(WFACSA\)](#) are working to identify which priorities in the [2022 National Strategy to Support Family Caregivers](#) most strongly align with our state's needs.

Sharing what your agencies and organizations currently do and would like to see us focus on in the future, will be key to strengthening caregiver supports across our state.

**Wisconsin Family and Caregiver Support Alliance (WFACSA):** <https://wisconsincaregiver.org/alliance>

**2022 National Strategy to Support Family Caregivers:** <https://acl.gov/CaregiverStrategy>

For this reason, we request your input through this [professional survey](#) to learn about the needs of family caregivers. Your expertise is vital to understanding needs across our network and state. We have also generated a [family caregiver-specific survey](#) which has been shared on our Wisconsin Family Caregiver Support FB page and by other members of the Alliance. We ask that you share this link with family caregivers that you work with as well.

**Professional Survey Link:** <https://bit.ly/3zapxRp>

**Family Caregiver-Specific Survey Link:** <https://bit.ly/3xqPITp>

-continued-



What we learn from these surveys will be helpful for our state and shared with the national [RAISE Caregiver Advisory Council and ACL](#) to design improvements in caregiver supports across federal programs.

**RAISE Caregiver Advisory Council and ACL:**

<https://acl.gov/programs/support-caregivers/raise-family-caregiving-advisory-council>

Thank you in advance for taking the time to share your professional expertise with us and for helping to gather family-caregiver feedback. Nearly everyone has been, will be, or will need a caregiver at some point in their lives. Together we can make sure those caregivers are supported when the time comes.

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**Nice to Know**

**Caring across Generations webinar**

*Tuesday, June 25 | 2:00 p.m.*

The National Alliance for Caregiving and Caring Across Generations presents *Care in Common: Shifting the Care Conversation*, a presentation of findings of the recent national survey measuring beliefs, perceptions, and behaviors around caregiving in the U.S., and a demonstration of the Care in Common playbook, a messaging and mobilization guide for organizations and policymakers. This event will be held on Tuesday, June 25 at 2:00 p.m. via Zoom. Use the form to RSVP and you'll receive an email with a link to join the webinar. Have questions? Email [info@caringacross.org](mailto:info@caringacross.org).



**Webinar registration:** <https://go.caringacross.org/a/shifting-care-conversation>

**Caregiver training from Caregiver Teleconnection!**

Check out these FREE training opportunities:

**Caregiving is Not A Cookie Cut Process:** Difficult Situations, High Conflict Relationships and Its Impact on You as a Caregiver with Dr. Jamie Huysman, PsyD, LCSW. This workshop will discuss growing healthy relationships, understanding how to navigate more difficult caregiving situations, and even dealing with what might be toxic relationships and clinical layout for the listener's plans of action to prevent such a situation or navigate the difficult situation more effectively.



**Watch or share the webinar:** <https://youtu.be/VgjG9DC6kE0>

**The Pride of Caring: A Series for LGBTQ+ Caregivers** The Impact of Gender and Sexuality on Caregiving with Dr. Elliot Montgomery Sklar, PhD, MS and Lucy Barylak, MSW. Does sexuality and gender identity matter in the caregiving journey? Join us for an interactive discussion and to share your perspectives. We'll highlight ways in which caregiving experiences can be different for members of the LGBTQ+ community, and why that matters.

**Watch or share the webinar:** <https://youtu.be/qHce6TEUGlw>

*-continued-*

**The Pride of Caring: Mental Health and Caregiving:** A Matter of Importance for LGBTQ+ Adults LGBTQ+ adults more commonly experience mental health concerns than their non-LGBTQ+ peers. The stress of caregiving and the isolation that caregivers experience can further these concerns. This program will focus on identifying resources to support LGBTQ+ caregivers in their journey.

**Watch or share the webinar:** <https://youtu.be/Jz7xFmltfM4>

### Reminder: Falls Free Wisconsin for Caregivers! Check It Out!

Caregivers give so much to others. It's especially important to take steps to prevent your own falls to be able to continue to care for loved ones.

Falls Prevention and Training information related to Balance & Strength, Hearing Loss, Home Safety, Medications, and Safe Footwear.

**View the site:** <https://fallsfreewi.org/prevent-falls/caregivers/>



## Health Promotion

[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

### Nice to Know

#### Falls Prevention Awareness Month Placemat Contest!

The Falls Free Wisconsin Coalition's Awareness Workgroup is holding a contest for Falls Prevention Awareness Month (FPAM). The goal is to create a placemat with falls prevention education for older adults to be used by partners throughout the state during FPAM in September.

The submitted placemats will be judged by members of the Falls Free Wisconsin Coalition, and monetary prizes will be awarded to cover printing costs for the top 3 winners! We encourage submissions in Spanish, Hmong, or other languages.

See submission requirements, example placemats, and additional information by clicking the flyer on the right.

**Link to view full flyer:** <https://bit.ly/3xllwcm>

Happy designing! We can't wait to see what you all come up with. Submit your placemat designs by Friday, July 26.

#### How to Enter:

- Email submissions to [falls@wihealthyaging.org](mailto:falls@wihealthyaging.org).
- Include submitter's name, organization, city, state, email address, and phone number.

**Deadline:** Friday, July 26, 2024.

#### Judging and Awards:

- Placemat submissions will be shared on the Falls Free Wisconsin website to be shared with statewide partners for use throughout WI.
- Judges from the Falls Free Wisconsin Coalition will choose the top 3 winners.
- Monetary prizes will be awarded to the organization to cover printing costs for 1st-3rd places: 1st place: \$125; 2nd place: \$100; 3rd place: \$75.

**Questions?** Contact [falls@wihealthyaging.org](mailto:falls@wihealthyaging.org). **Need examples for inspiration?** Check out North Carolina Falls Prevention Coalition's 2023 placemat contest submissions at [bit.ly/4d4FCUa](http://bit.ly/4d4FCUa).



Happy designing! Thank you for all that you do to prevent falls in Wisconsin!



FallsFreeWI.org

**Reminder: PBS Recording of GenteFuerte (Spanish Version of StrongBodies) now available!**

The Spanish Version of StrongBodies, GenteFuerte, is now available. You can view this amazing resource here: <https://bit.ly/4aUbTyR>

The UW Madison Division of Extension created this resource with assistance from several colleagues across the state including Cristy Alvarado - GWAAR Community Health Worker. Please share this resource widely.

If you have any questions regarding GenteFuerte, please contact Jen Whitty MPH, RDN / Health Promotions Coordinator for the Health & Well-Being Institute at the University of Wisconsin-Madison Extension [jennifer.whitty@wisc.edu](mailto:jennifer.whitty@wisc.edu)



**Reminder: Virtual Health Promotion Programming Opportunity for OAA Title III-D Funding**

***UW Madison Division of Extension Online StrongBodies Series***

Offered via Zoom

Class meets Tuesdays and Thursdays at 9:00 a.m. weekly for 11-12 weeks

Aging Units/ADRCs can reserve spots for county residents (\$50/Participant). Purchased spots don't expire.

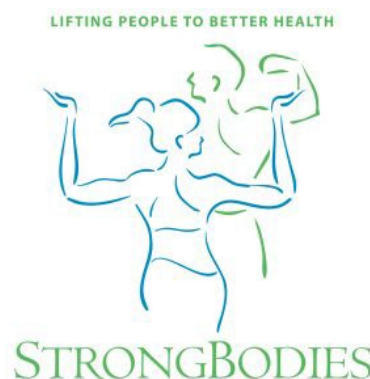
Reserve spots here: : <https://bit.ly/3RmQjfc>

After Extension receives your request for spots, you will be mailed an invoice for payment, customizable flyer for upcoming series for recruitment and link to online registration for the virtual class so you can register local residents.

Participant demographic information will be sent to you for your WellSky (SAMS) reporting after the deadline for each series.

For more information about StrongBodies visit:

<https://healthyliving.extension.wisc.edu/programs/strongbodies/>



***Upcoming 2024 Virtual StrongBodies series:***

Summer Series - July 9 - September 26 (registration deadline Friday, August 2)

Fall Series - October 1 - December 19 (registration deadline Friday, October 25)

2025 dates coming soon!

**For more information contact:** Jen Whitty MPH, RDN / Health Promotions Coordinator for the Health & Well-Being Institute at the University of Wisconsin-Madison Extension [jennifer.whitty@wisc.edu](mailto:jennifer.whitty@wisc.edu)

## Medicare Outreach and Assistance

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*Alyssa Kulpa, Medicare Outreach Coordinator*

### **Nice to Know**

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#### **Reminder: Medicare Improvement for Patients and Providers Act (MIPPA) Outreach Idea**

Every month, the GWAAR Medicare Outreach Coordinator, Alyssa Kulpa, shares a MIPPA outreach idea.

June's Idea of the Month is "Collaborative Outreach: Supporting Medicare Beneficiaries and Elder Abuse Awareness in June." Idea of Month resources are an ideal model for your organization to use to meet your outreach goals, educate Medicare beneficiaries, and encourage participants to become advocates for their own health care.

**Download the June Idea of the Month:** <https://gwaar.org/api/cms/viewFile/id/2008218>

**View past ideas:** <https://gwaar.org/idea-of-the-month>

#### **Reminder: Continuing Education Hours (CEH) Opportunity for SHIP counselors and supervisors**

*Wednesday, June 26 | 11:00 a.m. – 12:00 p.m.*

There will be an optional SHIP training coming up on June 26, 2024 "Utilizing Medicare Minutes to Educate, Engage, and Empower" presented by Alyssa Kulpa, GWAAR Medicare Outreach Coordinator.

Intended audience: SHIP counselors and supervisors looking to enhance their utilization of Medicare Minutes provided by the SHIP TA Center.

Objectives:

- Learn about the SHIP TA Center and Medicare Minutes.
- Explore strategies for integrating Medicare Minutes into consistent Medicare outreach efforts.
- Understand how Medicare Minutes can be used to educate, engage, and empower SHIP counselors, Medicare beneficiaries, and other professionals within your community.

DHS has partnered with the University of Wisconsin-Stevens Point to issue Continuing Education Hours/Units (CEH/CEU) to SHIP training participants. You must attend LIVE trainings to be eligible for CEHs/CEUs. Your attendance is verified using Zoom attendance reports and completion of the survey after the live event.

**Outlook event:** <https://zoom.us/meeting/tZMucO-gpz8qEtHrQVkkinnjBCips5PDFBPK/ics>

**Zoom link:** <https://us06web.zoom.us/j/87376894085?pwd=JKHq9WNxkiqlq6BahqMNqSbvIVfUMm.1>

For questions regarding the training, email Alyssa Kulpa, GWAAR Medicare Outreach Coordinator, at [alyssa.kulpa@gwaar.org](mailto:alyssa.kulpa@gwaar.org).

For questions regarding the Continuing Education Hours (CEH) Opportunity, email Pam Watson, MIPPA Grant Coordinator, at [pamela.watson@dhs.wisconsin.gov](mailto:pamela.watson@dhs.wisconsin.gov).

## Nutrition

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[Pam VanKampen](#), *Older Americans Act Consultant - Nutrition Specialist/Senior Center Representative*

### **Nice to Know**

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#### **Meal Prioritization Process for the GWAAR Service Area Teams Call**

Thursday, June 20 | 2:00 p.m.

The GWAAR Nutrition Team is excited to announce the kickoff call for the new standardized meal prioritization process. A very special note of appreciation to the counties that participated in the Meal Prioritization Pilot.

#### **Agenda:**

- Results of the Meal Prioritization Pilot and lessons learned
- Introduction of the Standardized Tool
- Training and supporting materials
- Ongoing technical assistance and support

**Meal Prioritization Process for the GWAAR Service Area Teams Call:** <https://bit.ly/4ewvQz1>

Meeting ID: 297 248 120 313

Passcode: rnYCVz

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Dial in by phone

+1 608-338-1382,,476269506# United States, Madison

Phone conference ID: 476 269 506#

## Wisconsin Senior Medicare Patrol

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[Ingrid A. Kunding](#), *Senior Medicare Patrol Program Director*

### **Nice to Know**

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#### **Third Annual Medicare Fraud Prevention Week celebration a success!**

Thank you to all who helped us celebrate the 3rd annual Medicare Fraud Prevention Week! With your assistance, we continue to reach Medicare beneficiaries and their advocates across the state with our Protect, Detect, and Report message. Thank you!

Save the date for the 4th annual celebration of Medicare Fraud Prevention Week, starting on June 2, 2025!

