



Volume 6, No. 20 May 14, 2024
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Greater Wisconsin Agency on Aging Resources (GWAAR) News

Nice to Know

Aging Advocacy Day is today!

Learn more: <https://gwaar.org/aging-advocacy-day-2024>

GWAAR employment opportunities

Find a current listing of open positions and job descriptions at <https://gwaar.org/jobs>

VSDP Care Consultant

Read the complete job description: <https://gwaar.org/api/cms/viewFile/id/2008093>

Bilingual Outreach & Education Coordinator

Read the complete job description: <https://gwaar.org/api/cms/viewFile/id/2008147>

Family Caregiver Support

[Bryn Ceman](#), *Older Americans Act Consultant - Family Caregiver Support Specialist*

Nice to Know

Reminder: Professional Training Opportunity – A State of the State of Dementia in Wisconsin

Wednesday, June 5 | 9:00 a.m.

A State of the State of Dementia in Wisconsin, A Conference for Professional Caregivers is being offered by the ADRCs of Rock, Jefferson, & Walworth Counties. The training will be offered at the University of Whitewater Campus.

Registration is \$25 and due on 5/28/24. 4 CEUs are available. To register contact Karen Tennyson at

karen.tennyson@co.rock.wi.us or 608-741-3615.

View the flyer: <https://gwaar.org/api/cms/viewFile/id/2008159>

The Aging and Disability Resource Centers of Rock, Jefferson & Walworth Counties Present

State of the State of Dementia in Wisconsin
 A Conference for Professional Caregivers

Wednesday, June 5th
 9am-3:30pm
 University of Whitewater Campus area

Register: Return completed registration & check to:
 Seniors in the Park
 PO Box 174,
 Whitewater, WI 53190

Registration due 5/28/24
 \$25 registration fee includes full conference day, lunch & CEUs

4 CEUs available via UWW sponsorship

SPEAKERS

Carrie M. Cole
 Director, BADR & Bryce Lantz,
 Research Analyst
 Department of Health Services
 "Overview, 2021-2025 State Dementia Plan"

Laurie Kohler
 APS Program & Policy Specialist, Dept. of Health Services
 "Adult Protective Services, Dementia & Crisis"

STOUGHTON HOSPITAL
 Jacob Dunn, LCSW
 Social Worker, Stoughton Hospital, Geriatric Psychiatry
 "Stabilizing, not medicating, psychiatric units & the rest"

Wisconsin Alzheimer's Research Center
 Bonnie Nuttkinson, MS
 Research Program Coordinator
 Dementia Care & Caregiver Research
 "Caregiver Concerns and Community Education"

Family Caregiver and Paupie Living with a Diagnosis Discussion Panel

University of Wisconsin Whitewater

*If you have questions, please contact:
 Jere @262711-3275 or jere@wrc.wisconsin.gov
 Lorya @262575-0275 or lorya@wrc.wisconsin.gov
 Karen @608711-3515 or karen@wrc.wisconsin.gov

Health Promotion

[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

Nice to Know

Quarterly Health Promotion Webinar

Tuesday, May 21 | 9:00 - 10:30 a.m.

Save the date! The next Quarterly Health Promotion Webinar is scheduled for Tuesday, May 21 from 9:00 - 10:30 a.m. We will have a presentation on technology resources available from Older Adults Technology Services (OATS) from AARP, and learn about a free, intergenerational, virtual opportunity to reduce social isolation and loneliness. Register today!

Registration link: <https://us06web.zoom.us/meeting/register/tZYqcOyrqzkqHtH9WEIzJcAHP9O57XJVLLSD>

Reminder: Take the Surgeon General's 5-for-5 Connection Challenge

The U.S. Surgeon General is challenging YOU to take the "5-for-5 Connection Challenge" as a way to build and strengthen your own relationships and inspire others to incorporate connection in their daily lives!

5 Actions for 5 Days

Step 1: Commit to connect - Pick 5 actions and 5 days in a row to connect with people in your life.

Step 2: Connect each day for 5 days - Each day, take one simple action of your choice to express gratitude, offer support, or ask for help.

Step 3: Inspire More Connection - Reflect and share.

The Surgeon General's 5-for-5 Connection Challenge builds on the Surgeon General's Advisory on Our Epidemic of Loneliness and Isolation. Learn more about the challenge and other important resources and tools to combat social isolation and loneliness in your community.

Learn more: <https://www.hhs.gov/surgeongeneral/priorities/connection/challenge/index.html>



Medicare Outreach and Assistance

[Alyssa Kulpa](#), Medicare Outreach Coordinator

Nice to Know

Reminder: Medicare Improvement for Patients and Providers Act (MIPPA) Outreach Idea

Every month, the GWAAR Medicare Outreach Coordinator, Alyssa Kulpa, shares a MIPPA outreach idea.

May's Idea of the Month is "Strengthening Community Bonds: Outreach at Summer Events." Idea of Month resources are an ideal model for your organization to use to meet your outreach goals, educate Medicare beneficiaries, and encourage participants to become advocates for their own health care.

Download the May Idea of the Month: <https://gwaar.org/api/cms/viewFile/id/2008150>

View past ideas: <https://gwaar.org/idea-of-the-month>

Nutrition

[Pam VanKampen](#), Older Americans Act Consultant - Nutrition Specialist/Senior Center Representative

Nice to Know

Reminder: New Home-Delivered Meals (HDM) Assessor Peer Sharing Call!

Tuesday, June 18 | 2:00 - 3:00 p.m.

We are excited to announce a new opportunity for HDM Assessors to connect with their peers. As well as a venue for sharing training and resources related to the HDM Assessment process. Our first call will be on June 18 from 2:00 to 3:00 p.m. If you have agenda items, please send them to Pam VanKampen, pam.vankampen@gwaar.org

Join the call at: <https://bit.ly/3y7hCnj>

Meeting ID: 272 845 447 268

Passcode: gRWWGr

Dial-in by phone: +1 608-338-1382,87755183# United States, Madison