

Using Collective Lived Experience to Drive Change

Aging, Disability, & Independent Living Network Conference

Wednesday, April 24, 2024

Meet Stacy

STACY ELLINGEN is an enthusiastic business owner and self-advocate. After graduating with a degree in Journalism from UW-Whitewater, she started her own graphic design/social business, and is independently contracted as a Communications Specialist for InControl Wisconsin. She runs the Self-Determination Network (www.sdnetworkwi.org), which is an online community that promotes self-determination and self-directed supports for people with disabilities. She's a strong advocate for all people with disabilities.



Meet Rosie

ROSIE BARTEL is a widow, mother, grandmother, educator, and advocate. Rosie holds degrees in Elementary Education, K-12 Special Education, and School Leadership and Theology. Rosie serves on numerous national and local patient-family advisory councils and collaborates with medical professionals and researchers on projects to improve patient safety. Rosie's activism has transformed patient-centered outcomes, benefiting people of all ages and all abilities.



Meet Dan

DAN KROHN is the Manager of Community Partnerships at TMG. For the last 13 years, his work has been focused on partnering with people to build full lives in their communities. Dan has worked on the Community Partnership Team at TMG since 2017 and helps support TMG's Citizen Advisory Council. He also uses his talents to connect people, families, schools, and service providers involved in Wisconsin's self-directed IRIS program. Dan lives in Milwaukee with his wife and two sons.



Learning Objectives

1.

Share how to use lived experience and self-advocacy to create change.

2.

Develop a plan to move to impactful quality improvement for long-term care systems.

3.

Include people with lived experience to co-create change in all areas of the system.

**What motivated you to become an advocate?
How has advocacy impacted your life?**

Can you share a specific experience where self-advocacy made a significant impact of your life or the lives of others?

The Caregiver Crisis is Real

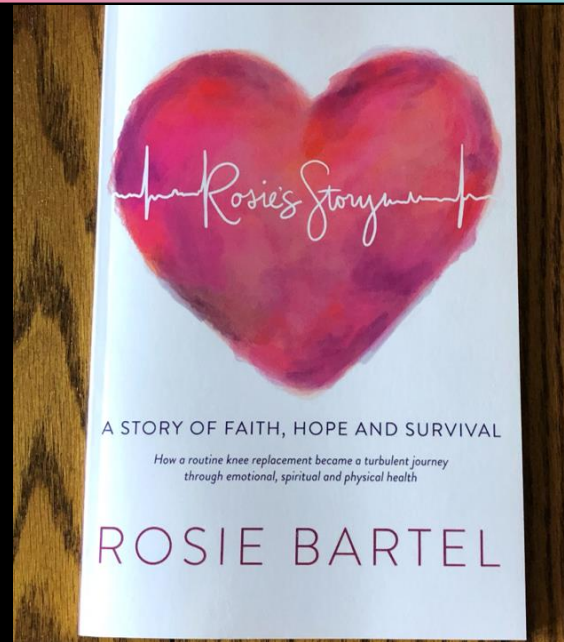


Stewing with Stacy

Watch the full video at <https://rb.gy/ub7lj0>
or by scanning the QR Code



Rosie's Story



Learn more about Rosie's book by emailing her at bartel1949@gmail.com or by scanning the QR Code



In what ways do you believe advocacy empowers individuals with disabilities or people who are aging to have a voice and be actively involved in the decision-making process?

How do you think your participation in the IRIS Advisory Council (Rosie) and Wisconsin Long-Term Care Advisory Committee (Stacy) with DHS helps to shape or influence the IRIS program and other long-term care programs in Wisconsin.

**How do you navigate challenges or obstacles
when advocating for yourself or others?**

**What keeps you engaged in the
advocacy work that you are doing?**

What advice would you give to someone who wants to become a self-advocate but may have some barriers due to a disability or other circumstances, or someone that feels hesitant to speak up?

Looking to the future, what are some of your hopes and goals around advocacy?

Thank You!

Contact Us:

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