



Volume 6, No. 9 February 27, 2024
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Greater Wisconsin Agency on Aging Resources (GWAAR) News

Nice to Know

Reminder: ADILN conference Early Bird Registration extended through March 8

Wisconsin Aging, Disability, and Independent Living Network conference

April 23–25, 2024

Join leaders from the Wisconsin Aging, Disability, and Independent Living Network April 23–25, 2024, in La Crosse, WI. This conference is focused on improving the lives of older people and adults with disabilities. Attendees will enjoy two full days of learning and have numerous opportunities to learn, network, and collaborate with each other.

Early Bird: \$275 until March 8

Regular: \$300 beginning March 9

Register for the conference: <https://bit.ly/49fS3xz>

More information: <https://gwaar.org/adiln-2024>



Exhibitor Opportunity

Exhibitor booth, registration and payment information:

<https://gwaar.org/api/cms/viewFile/id/2008054>

Agencies and vendors are invited to host an exhibition booth at the conference. The expo hall will be open throughout the conference, and attendees will have ample time to visit.

The conference will bring together more than 500 professionals in the ADILN field, including professional staff and board members from:

- Aging and disability resource centers.
- County and Tribal Nation aging units.
- Tribal Nation aging and disability agencies.
- Independent living centers.
- Human services departments.
- Senior centers.
- Advocacy organizations.
- Disability services organizations.

Space is limited! The first 40 organizations to register and send payment will be accepted.

If your organization serves the aging, disability, and independent living communities, [register now!](#)

Exhibitor registration: <https://bit.ly/3Td7TE1>

Advocacy

[Janet Zander](#), Advocacy and Public Policy Coordinator

Nice to Know



Join us for Aging Advocacy Day May 14!

www.gwaar.org/aging-advocacy-day-2024 | #WIAgingAdvocacyDay #WIAAD24

Aging Advocacy Day 2024

Tuesday, May 14, 2024, 10 a.m. – 3 p.m.

Are you interested in issues affecting older adults and caregivers? Would you like to tell your legislator what aging/caregiver services mean/have meant to you, your family, or those you serve?

If you answered yes, please join members of the Wisconsin Aging Advocacy Network (WAAN), aging network professionals, older adults, and family caregivers on **Tuesday, May 14** to “tell your story,” and help educate state legislators about issues impacting Wisconsin’s aging population.

Citizens from around the state will gather in Madison on Tuesday, May 14 for training, to meet with other constituents from your Senate and Assembly district, and for office visits with your legislators. No experience is necessary; you’ll get the training and support you need before meeting with state lawmakers. Following the training, join others from your state Senate and Assembly district to provide information and share personal stories with your legislators to help them understand how specific policy issues and proposals impact you, your family, and older constituents.

Registration begins March 14, 2024. The registration link will be posted at: <https://gwaar.org/aging-advocacy-day-2024>. Check back regularly for updates.

Reminder: Disability Advocacy Day 2024 registration deadline March 1

Wednesday, March 20, 9:30 a.m.

Please share! Registration is open for Disability Advocacy Day 2024! Join us in Madison on Wednesday, March 20 with advocates from around the state and meet with your elected officials. This is a great opportunity to share your story and educate your legislators on disability rights!

It's free to attend, but you must register by March 1! Register now online!

Registration: <https://bit.ly/3UAgjGR>

Family Caregiver Support

[Bryn Ceman](#), Older Americans Act Consultant - Family Caregiver Support Specialist

Nice to Know

Reminder: My Two Elaines webinar: Learning, Coping, and Surviving as an Alzheimer’s Caregiver

Wednesday, March 6, 1:00 p.m.

Join Respite Care Association of Wisconsin and learn how former Wisconsin Governor Marty Schreiber continues the most significant crusade of his life when he opens up about caring for someone with Alzheimer's.

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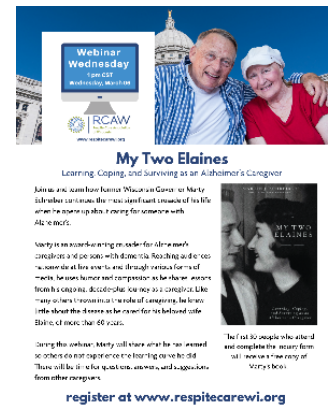
RCAW
Respite Care Association
of Wisconsin

Marty is an award-winning crusader for Alzheimer's caregivers and persons with dementia. Reaching audiences nationwide at live events and through various forms of media, he uses humor and compassion as he shares lessons from his ongoing, decade-plus journey as a caregiver. Like many others thrown into the role of caregiving, he knew little about the disease as he cared for his beloved wife, Elaine, of more than 60 years.

During this webinar, Marty will share what he has learned so others do not experience the learning curve he did. There will be time for questions, answers, and suggestions from other caregivers.

The first 30 people who attend and complete the inquiry form will receive a free copy of Marty's book.

Registration and more information: <https://rcaw.gnosishosting.net/Events/Calendar?fordate=2024-03-06>



Health Promotion

[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

Need to Know

Quarterly Health Promotion Webinar - Recording Available

In case you missed it, the Feb. 20 Quarterly Health Promotion Webinar recording is available. The agenda included 2023 Health Promotion Programming summary data, as well as ARPA D provisions and priorities. Overviews of several popular OAA Title III-D eligible programs were provided including; Eat Smart, Move More, Weigh Less, Bingocize, Stand Up for Your Health, Mind Over Matter, Walk With Ease and StrongBodies.

If you are responsible for OAA Title III-D program implementation, this is an important webinar to view. If you have any questions regarding health promotion programming, please contact Angie Sullivan at angela.sullivan@gwaar.org or 608-228-8081.

Watch the replay: <https://www.youtube.com/watch?v=XktMpzTDi0o>

Nice to Know

New! Wisconsin Institute for Healthy Aging (WIHA) Evidence-based Program Facilitation

WIHA announced a partnership opportunity to implement, high-level evidence-based programs virtually in your community. You do the marketing, recruitment, registration, and distribution of materials; and WIHA does the facilitation! See the "menu" in the flyer for cost and a listing of available programs. This is a pilot program that will operate on a first come, first serve basis. Contact WIHA for more information at info@wihealthyaging.org

View the flyer: <https://gwaar.org/api/cms/viewFile/id/2008056>

WIHA-Led Workshops

Partner with WIHA to provide virtual evidence-based (Title III-D eligible) workshops for your community! You do the marketing, recruitment, registration, and distribution of materials; we'll do the facilitation!

Mind Over Matter
A 3-session workshop designed to prevent or reduce female bladder or bowel incontinence. Each session meets 2 hours, every other week.
WIHA Provides: 1 facilitator to run the workshop - a Zoom orientation for participants as needed. **\$500**

Stand Up for Your Health
A 5-session workshop designed to reduce sedentary behavior. Each session meets for 2 hours, once a week for 4 weeks + a refresher session to follow.
WIHA Provides: 1 facilitator to run the workshop - a Zoom orientation for participants as needed. **\$700**

Stepping On
An 8-session workshop to help people identify and reduce their risk for falls. Each session meets for 2 hours, once a week for 7 weeks + a booster session to follow.
WIHA Provides: 2 facilitators to run the workshop + a Zoom orientation for participants as needed. Guest expert coordination & scheduling included. **\$2500**

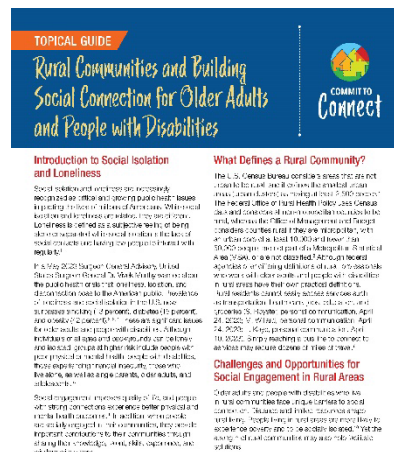
<https://wihealthyaging.org>

New! Rural Resource from Commit to Connect

Nearly one-fifth of older adults live in rural areas and as a result of their geography are at higher risk of experiencing social isolation and loneliness. Commit to Connect recently released, *Rural Communities and Building Social Connection for Older Adults and People with Disabilities*, a topical guide aimed at assisting staff and volunteer leaders from organizations serving older adults and people with disabilities in rural areas seeking to enhance or initiate social engagement efforts. Check out this publication and more on the resources section of the Commit to Connect website!

Visit the website: <https://committtoconnect.org/resources/>

View the topical guide: <https://gwaar.org/api/cms/viewFile/id/2008057>



Medicare Outreach and Assistance

Need to Know

Alyssa Kulpa, Medicare Outreach Coordinator

Continuing Education Hours (CEH) Opportunity for SHIP counselors and supervisors

Thursday, April 4, 2024

There will be an optional SHIP training coming up on 4/4/24 "Partnerships and Professional SHIP Volunteers" presented by Michelle Grochocinski, WI SHIP Director, Samantha Margelofsky, DHS Volunteer Program Coordinator, and Alyssa Kulpa, GWAAR Medicare Outreach Coordinator.

Intended audience: SHIP counselors and supervisors interested in expanding their partnerships and/or identifying when it is advantageous to invite partners to become SHIP volunteers.

Objectives:

- Identify how to maximize the impact of a partnership
- Learn when and how to refer prospective professional SHIP volunteers
- Review conflict of interest rules regarding professional partnerships

DHS has partnered with the University of Wisconsin-Stevens Point to issue Continuing Education Hours/Units (CEH/CEU) to SHIP training participants. You must attend LIVE trainings to be eligible for CEHs/CEUs. Your attendance is verified using Zoom attendance reports and completion of the survey after the live event.

Outlook event: <https://bit.ly/3lw35P>

Zoom link: <https://bit.ly/3wExFbn>

For questions regarding the training, email Alyssa Kulpa, GWAAR Medicare Outreach Coordinator, at alyssa.kulpa@gwaar.org.

For questions regarding the Continuing Education Hours (CEH) Opportunity, email Pam Watson, MIPPA Grant Coordinator, at pamela.watson@dhs.wisconsin.gov.

Volunteerism

Need to Know

Reminder: 2024 Volunteer Programs Survey open through March 7

Any staff member who participates in volunteer coordination or volunteer management in ADRC, Aging Unit, Tribal Nation, or Independent Living programs is invited to take or share the 2024



Volunteer Programs Survey. The purpose of this survey is to collect information around how volunteer staff feel about the successes, challenges and outlooks of their programs as well as help determine what tools and supports could be needed for the volunteer network. This survey expands off of the survey that was done last spring.

Please share this survey with any and all staff members that participate in volunteer coordination or volunteer management in your agency.

For questions or additional information, please contact:

Samantha Margelofsky (she/her), Volunteer Program Coordinator
Bureau of Aging and Disability Resources, Wisconsin Department of Health Services
Samantha.margelofsky@dhs.wisconsin.gov, 608-267-3228

Take the survey: <https://survey.alchemer.com/s3/7701774/2024-Volunteer-Programs-Survey>