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| The Aging and Disability Resource Center (ADRC) of Fond du Lac County is required by the State of Wisconsin to complete a strategic plan that serves as a platform to create, improve and expand services we provide for adults 60 years of age or better in our community. This living document is known as our “Three Year Aging Plan” and the new plan will cover 2025-2027.  Our staff and advisory committee members participate in the development of this plan, but input and feedback from you is extremely valuable. Please take a few minutes to complete this survey, via paper copy or you can fill out the survey online <https://forms.office.com/g/RC29ABfiKv>  Please do not hesitate to call Linda at 920-906-4792 if you need any additional support or you would like help filling out this questionnaire. | | | | | | | |
| 1. **Where in Fond du Lac County do you live?** | | | | | Rural | City | Zip Code: \_\_\_\_\_\_\_\_\_\_\_ |
| 1. **How does your community offer to support people to age well?** | | | | | | | |
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| 1. **What are *THREE main challenges* adults 60+ are facing in Fond du Lac County?** | | | | | | | |
| Transportation Needs | | Understanding Medicare and Insurance | | | | | |
| Access to healthy food | | Lack of accessibility - people with disabilities | | | | | |
| Home health options | | Lack of access to Wi-Fi | | | | | |
| Social isolation and loneliness | | Help with home repairs and upkeep | | | | | |
| Elder Abuse | | Affordable housing options | | | | | |
| Ways to keep fit and healthy | | Support for family caregivers | | | | | |
| Fraud & scams | | Dementia supports & services | | | | | |
| Assistance with prescriptions and or medical bills – financial counseling | | | | | | | |
| Other: | | | | | | | |
| 1. **What do you think people will need in the next 3, 5, or even 10 years to help them remain as independent as possible as they get older?** | | | | | | | |
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| 1. **Are there services or events you have heard of in other communities that you think would be helpful to Fond du Lac County?** | | | | | | | |
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| 1. **What are the top *THREE health concerns* you have as you age?** | | | | | | | |
| Addiction | Caregiver support | | | | | Heart health | |
| Arthritis | Diabetes | | | | | High blood pressure | |
| Brain health/Dementia | Eating well | | | | | Mental health | |
| Bowel/Bladder health | Exercise | | | | | Preventing falls | |
| Other: | | | | | | | |
| 1. **What Aging & Disability Resource Center (ADRC) services have you received?**   ***(Check ALL that apply)*** | | | | | | | |
| Caregiving Support | | | Social Opportunities (Events, Activities, Trips) | | | | |
| Dine-in Meals | | | Home Delivered Meals | | | | |
| Medicare Open Enrollment | | | Tax Preparation | | | | |
| Fitness Room/Exercise Classes | | | Information & Assistance Finding Resources | | | | |
| Applying for Family Care | | | None or N/A | | | | |
| Falls Prevention Resources | | | Other: | | | | |
| Help applying for BadgerCare FoodShare, Social Security Programs (SSI/SSDI), Long Term Care Programs | | | | | | | |
| 1. **What is the ADRC doing well and should continue to do?** | | | | | | | |
| 1. **How did you hear about the ADRC and our services? *(Check ALL that apply)*** | | | | | | | |
| KFIZ Radio Station/Website | | | | Senior Centers | | | |
| ADRC Website | | | | ADRC Newsletter | | | |
| ADRC Facebook Page | | | | Family/Friend | | | |
| Senior Dining Sites | | | | Other: | | | |
| 1. **If you would like to further discuss your thoughts/concerns regarding this survey please provide your contact information:** | | | | | | | |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | | |