



Welcome Quarterly Health Promotion Webinar

Prioritizing Community Health

Agenda



GWAAR Updates

- 2023 Program Summary
- ARPA D Overview

High-Level Evidence-Based Program Overview

- Eat Smart, Move More, Weigh Less - Kelly Nordby, NC State University
- Bingocize - Kristeen Owens, Western Kentucky University
- Stand Up, Mind Over Matter, Walk with Ease - WIHA
- StrongBodies - Jenn Whitty, UW Madison Division of the Extension

WIHA Updates

Large Group Discussion

- What programs and/or partnerships are working well in your community?

2023 Wellsky (SAMS) Data Summary

1

Wellsky (SAMS)
data from 1/1/23 -
12/31/23

2

Some Health
Promotion
Programs have
not been entered
into Wellsky
(SAMS)

3

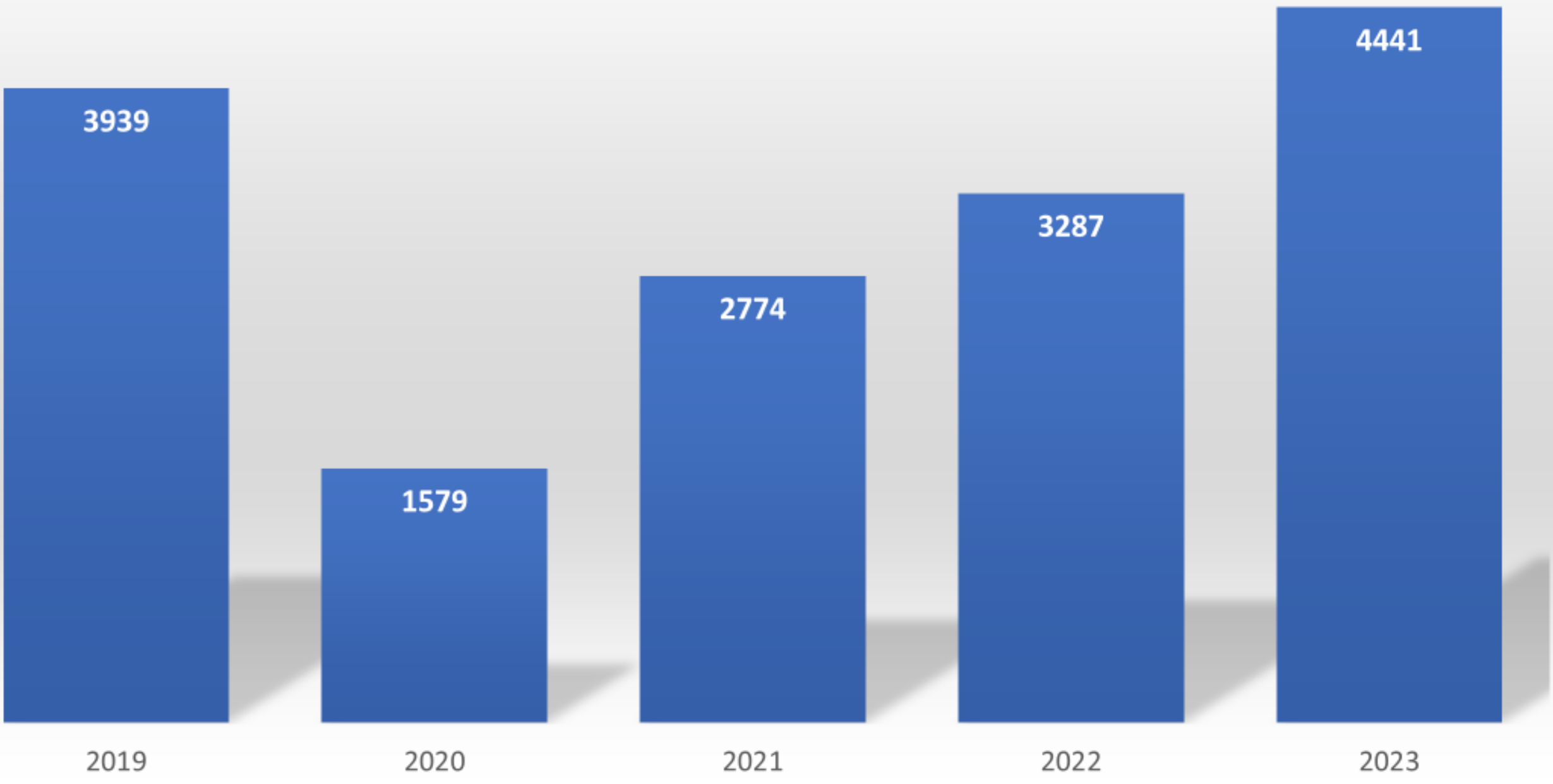
Best Practice is to
enter data
immediately after
program
completion.

4

Not all evidence-
based health
promotion
programming is
created equal.

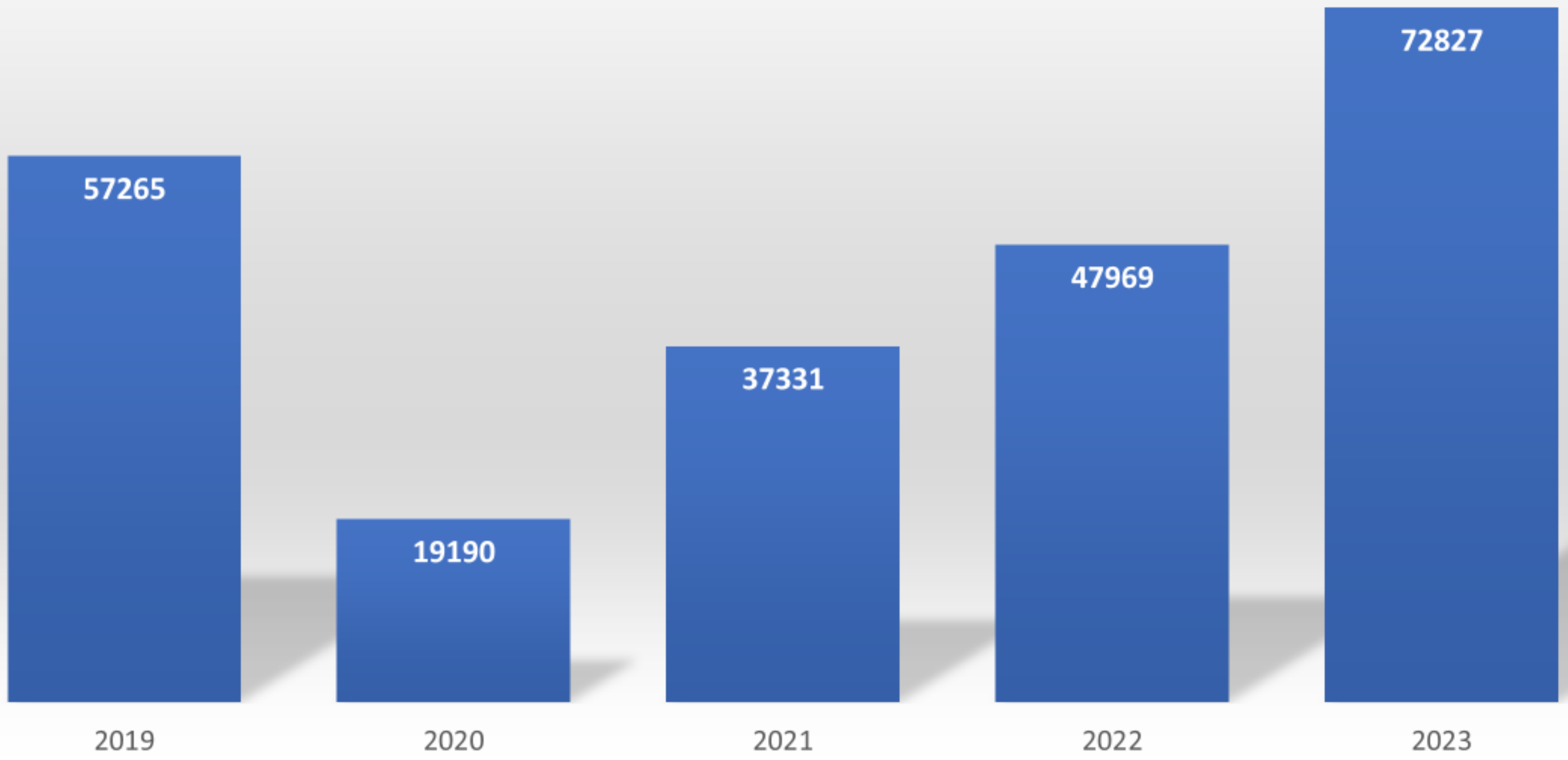
(2019-2023) Total Number of Participants Health Promotion 23(a)

■ Total Participants



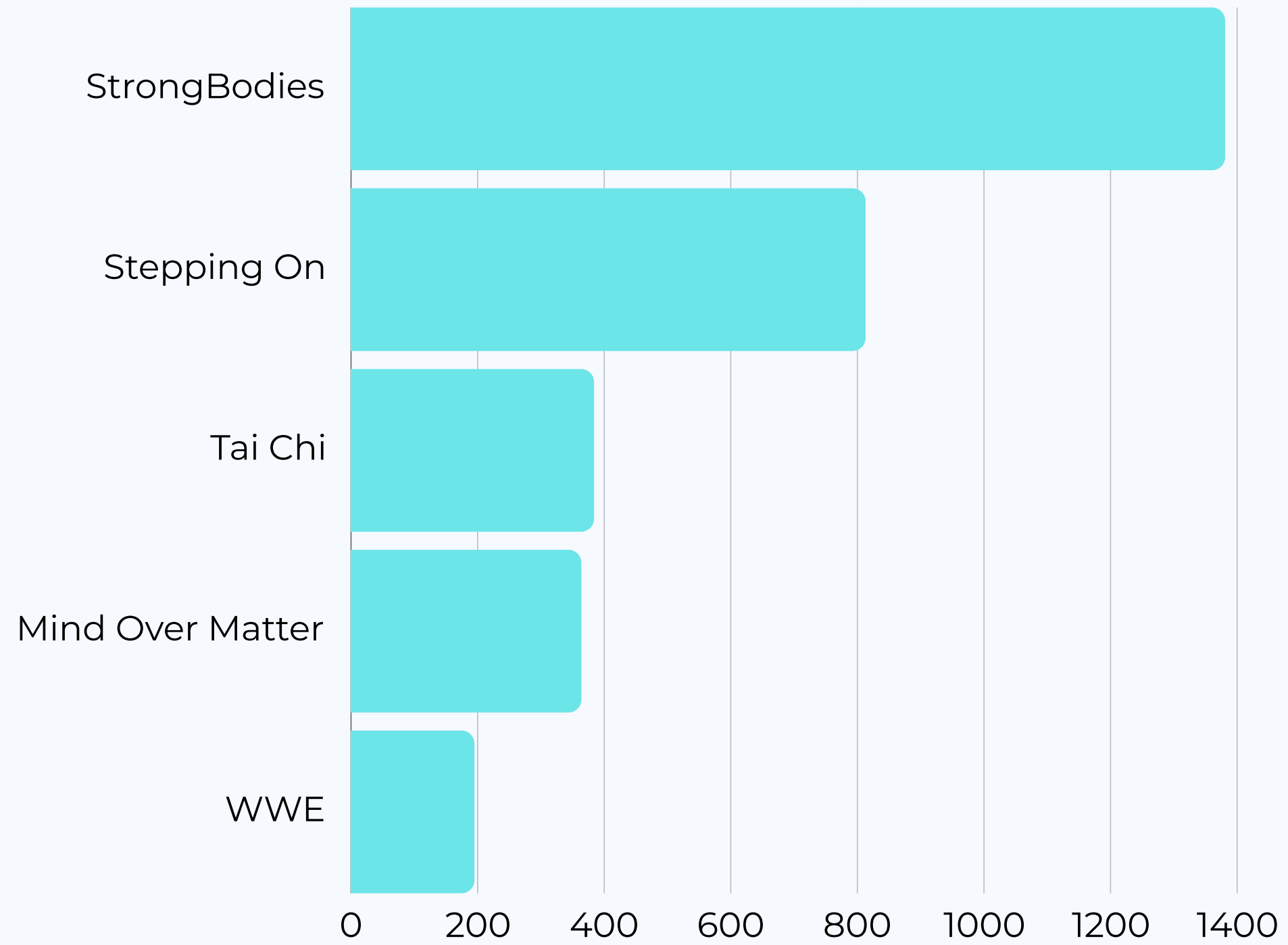
(2019-2023) Total Participant Hours 23(a) HLEB Health Promotion Programming

■ Total Hours

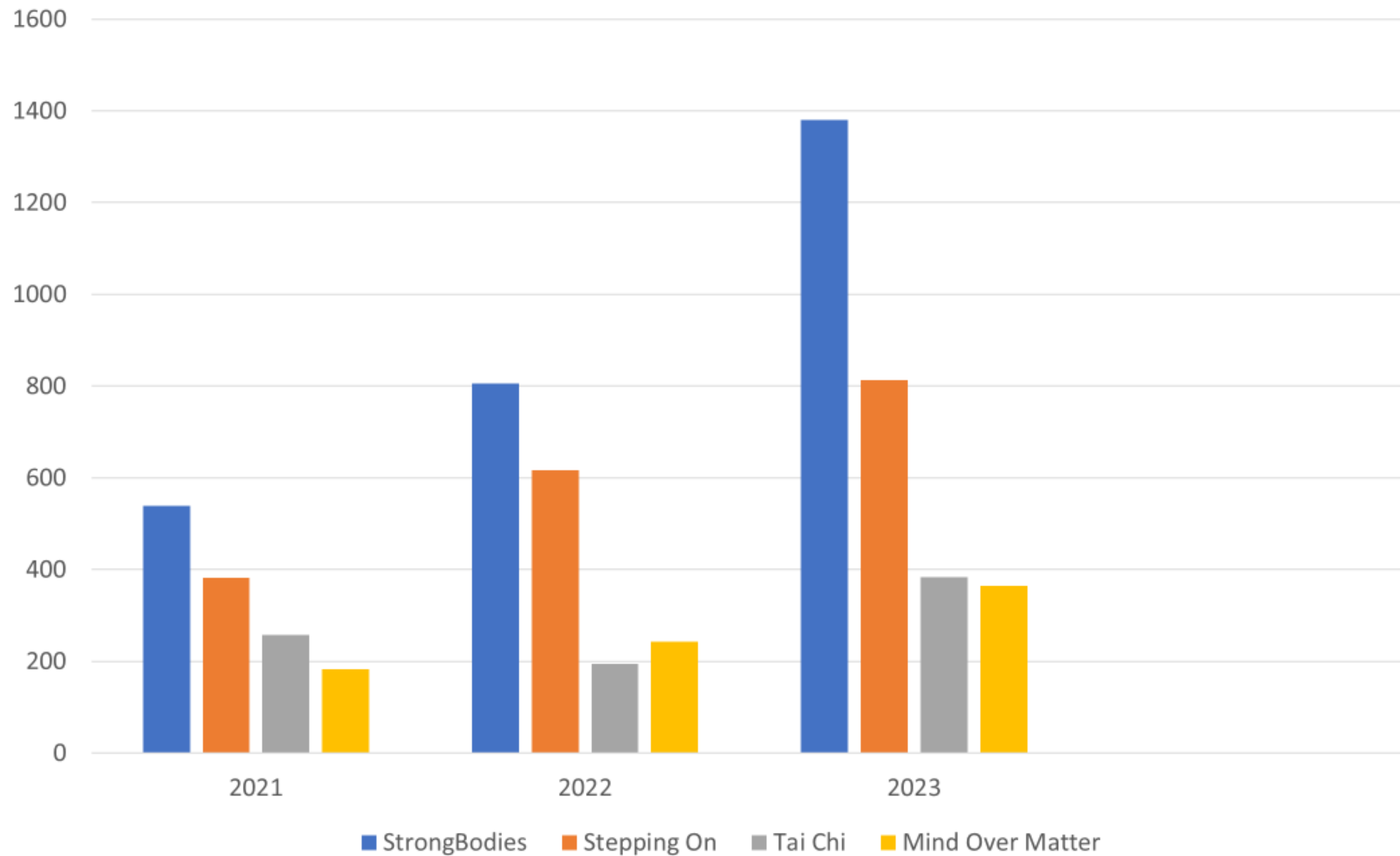




2023 Top 5 Health Promotion Programs

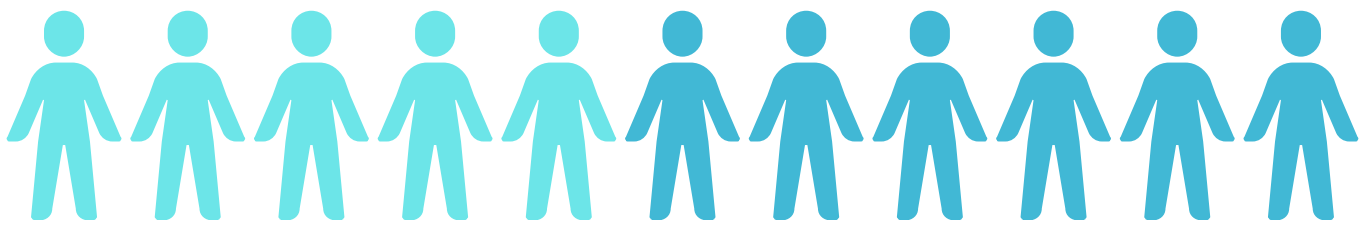


Top 4 HLEB Health Promotion Programs in WI (2021-2023)

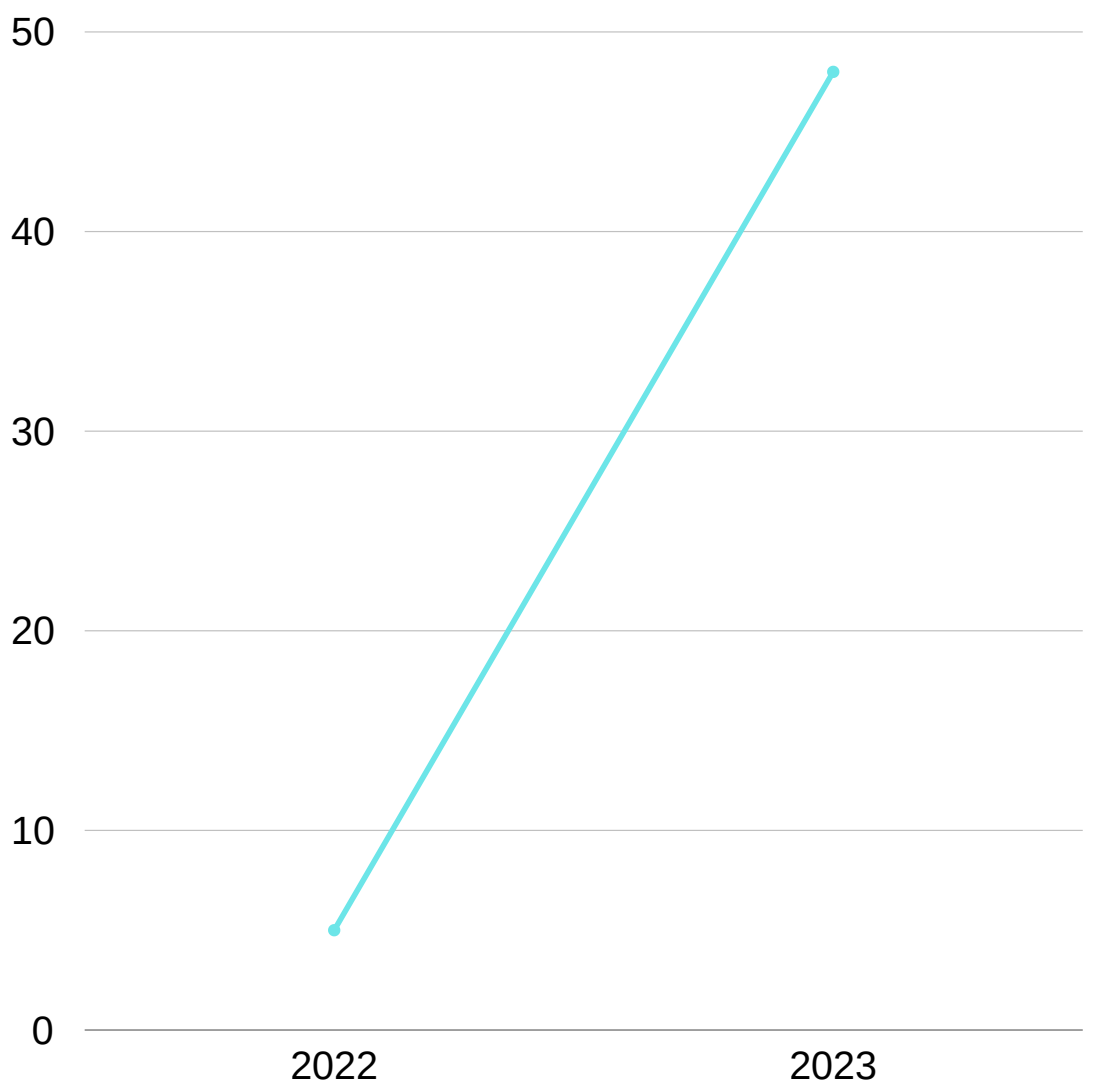


WI Tribal Aging Units

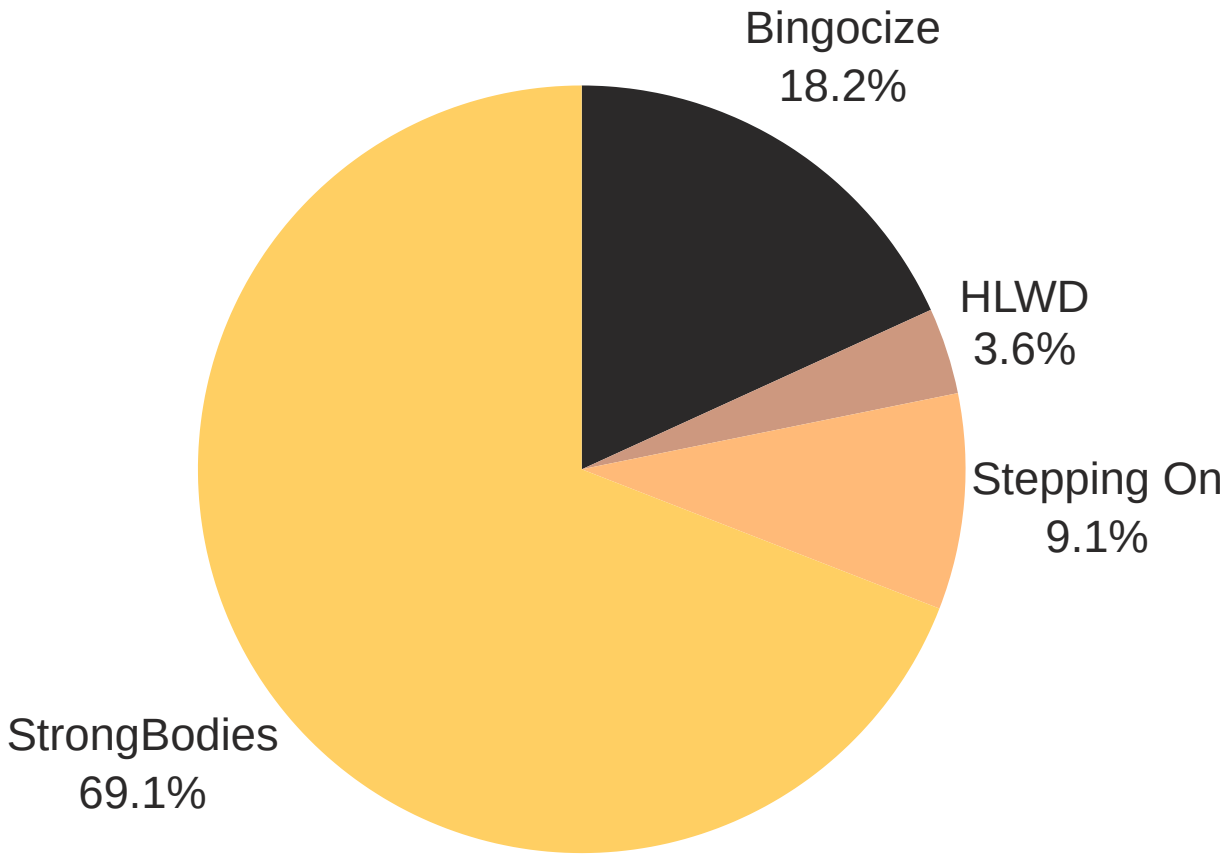
OAA Title Health
Promotion Programming



2023 5/11 Tribes reported III-D Programming



Title III & VI Participation



2023 # of
Participants

Eat Smart, Move More Weigh Less

- 2022 - 3 AU's/16 Participants
- 2023 - 10 AU's/65 Participants
- Increase of 233% & 306%



Bingocize



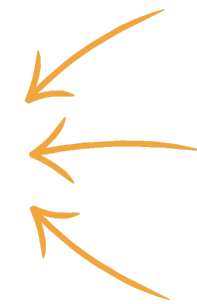
- 6/11 Tribes Implementing
- Trained 25 leaders

Walk with Ease

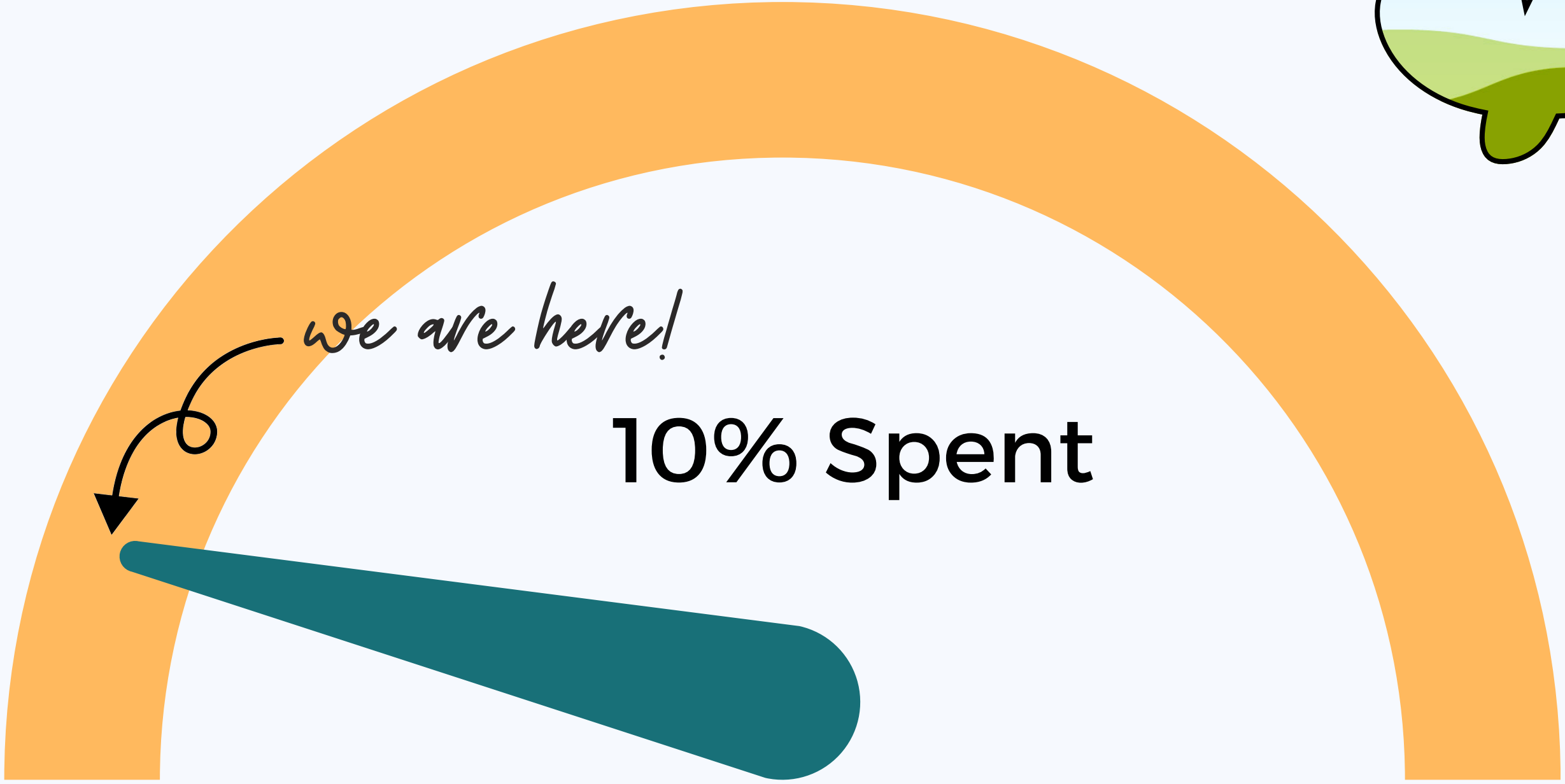
- 2022 - 5 AU's & 82 participants
- 2023 - 10 AU's & 195 participants
- Increase of - 50% & 135%

ARPA D

- **Follows the same provisions and priorities of OAA Title III-D**
 - **Serve anyone 60 and older**
 - **Pay attention to low income, minority older people, rural areas**
 - **No income or asset test**
 - **Provide opportunity to contribute, but cannot be charged a fee**
- **Programs must be high-level evidence-based 23(a)**
- **Allowable to contract services**
- **Funds spent by September 30, 2024**



OAA ARPA D Funds



YTD Budget = \$558,467.00

Remaining Balance = \$501,943.00

Evidence-Based Health Promotion Programming

OAA TITLE III-D ELIGIBLE

- Eat Smart, Move More, Weigh Less – Kelly Nordby, NC State University
- Bingocize – Kristeen Owens, Western Kentucky University
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Next Quarterly Health Promotion Webinar

**Tuesday, May 21
9:00 - 10:30 a.m.**

