We need your help to best serve older adults!

Good health and quality of life are important to living as independently as possible. The more people we hear from, the better we’ll understand how to support the older adults in our communities.

 Please complete and return it to the ADRC. Drop it off, or to mail it, fold on the dotted lines, tape shut in two spots & add a first class stamp.

1. Our rural communities can be great places to age well. What does your community offer to support people to age well?
2. Please choose the top three needs or issues facing Barron County’s older adults today:

 Brain health/dementia

 Caregiving

 Eating well

4. Please select the top three resources most important when caring for someone:

 Assistive equipment (walker, Lifeline, shower chair, etc.)

 Dementia support

 Financial assistance

 In-home care

 Meal preparation

 Respite (short period of rest or relief)

 Self-care

 Support groups

 Technology (internet, computer, etc.)

 Training for caregiving

 Transportation

 Elder abuse (physical, financial, etc.) Other

 Grandparents raising grandkids

 Healthcare

 Housing

 In-home care

 Isolation

 Scams

 Retirement/finances

 Transportation

 Understanding legal documents (wills,

power of attorney, etc.)

 Understanding public and private benefits (Medicare, insurance, etc.)

 Understanding technology, internet access

 Other

3. What are the top three health concerns you have as you age?

 Addiction

 Arthritis

 Brain health/dementia

 Bowel and bladder health

 Caregiver support

 Dementia

 Diabetes

1. How can the ADRC make services more inclusive and accessible for underserved and minority groups in Barron County?
2. What would you need to help you feel confident about communicating with your elected officials about aging issues?

Your responses below will help us determine if we’ve met our goal of getting feedback from a broad range of community members. Please select all the options that apply to you.

 Barron County Employee/volunteer

 Eating well

resident

serving older adults

 Exercise 60 years old or An elected official

 Heart health

 Mental health

older A person of color

 Caregiver of a A person with a

 Preventing falls

family member

disability

 Other

or friend A member of

 Health care professional

the LGBTQ+ community

Thank you for your help! If you have any questions or would prefer to respond by phone, call 888-538-3031. This survey is anonymous, but if you’d like to stay in touch please provide contact information here:

Tape here



# ADRC

**335 E Monroe Ave, Room 100 Barron, WI**

# 54812-1478

Tape here

Place first class postage here

Fold on this line.

You also have the option to complete this survey online!

Visit [www.ADRCBarronCounty.com](http://www.ADRCBarronCounty.com/) to take this survey and share ideas about some of the specific programs and services we offer.

*And one last thing…*

*Please encourage your family and friends to take the survey! If they’d like a print version like this, they can call 888-538-3031.*

Fold on this line.