

We need your help to best serve older adults!

Good health and quality of life are important to living as independently as possible. The more people we hear from, the better we'll understand how to support the older adults in our communities.

Please complete and return it to the ADRC. Drop it off, or to mail it, fold on the dotted lines, tape shut in two spots & add a first class stamp.

1. Our rural communities can be great places to age well. What does your community offer to support people to age well?

4. Please select the top three resources most important when caring for someone:

- Assistive equipment (walker, Lifeline, shower chair, etc.)
- ____ Dementia support
- Financial assistance
- ____ In-home care
- <u>Meal preparation</u>
- ____ Respite (short period of rest or relief)
- ____ Self-care
- <u>Support groups</u>
- _____ Technology (internet, computer, etc.)
- _____ Training for caregiving
- ____ Transportation
- ___Other

5. How can the ADRC make services more inclusive and accessible for underserved and minority groups in Barron County?

6. What would you need to help you feel confident about communicating with your elected officials about aging issues?

Your responses below will help us determine if we've met our goal of getting feedback from a broad range of community members. Please select all the options that apply to you.

____ Barron County resident 60 years old or older Caregiver of a family member or friend Health care professional

____ Employee/volunteer serving older adults

- An elected official
- ____ A person of color
- ____A person with a disability
- A member of the LGBTQ+ community

2. Please choose the top three needs or issues facing Barron County's older adults today:

- ____ Brain health/dementia
- ____ Eating well
- ____ Elder abuse (physical, financial, etc.)
- ____ Grandparents raising grandkids
- ____ Healthcare
- ____ In-home care
- ____ Isolation
- Scams
- ____ Retirement/finances
- ____ Understanding legal documents (wills, power of attorney, etc.)
- _____ Understanding public and private benefits (Medicare, insurance, etc.)
- ____ Understanding technology, internet access ___Other_____

3. What are the top three health concerns you have as you age?

- ____ Addiction
- ____ Arthritis
- ____ Brain health/dementia
- ____ Bowel and bladder health
- <u>Caregiver</u> support
- ____ Dementia
- Diabetes
- ____ Eating well ____ Exercise
- ____ Heart health
- ____ Mental health
- ____ Preventing falls
- ____Other _____

Thank you for your help! If you have any questions or would prefer to respond by phone, call 888-538-3031. This survey is anonymous, but if you'd like to stay in touch please provide contact information here:

- Thanks!

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Tape here

Place first class postage here



ADRC 335 E Monroe Ave, Room 100 Barron, WI 54812-1478

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You also have the option to complete this survey online! Visit www.ADRCBarronCounty.com to take this survey and share ideas about some of the specific programs and services we offer.

And one last thing...

Please encourage your family and friends to take the survey! If they'd like a print version like this, they can call 888-538-3031.

Fold on this line.