



We need your help to best serve older adults!

Good health and quality of life are important to living as independently as possible. The more people we hear from, the better we'll understand how to support the older adults in our communities.

Please complete and return it to the ADRC. Drop it off, or to mail it, fold on the dotted lines, tape shut in two spots & add a first class stamp.

1. Our rural communities can be great places to age well. What does your community offer to support people to age well?

2. Please choose the top three needs or issues facing Rusk County's older adults today:

- Brain health/dementia
- Caregiving
- Eating well
- Elder abuse (physical, financial, etc.)
- Grandparents raising grandkids
- Healthcare
- Housing
- In-home care
- Isolation
- Scams
- Retirement/finances
- Transportation
- Understanding legal documents (wills, power of attorney, etc.)
- Understanding public and private benefits (Medicare, insurance, etc.)
- Understanding technology, internet access
- Other _____

3. What are the top three health concerns you have as you age?

- Addiction
- Arthritis
- Brain health/dementia
- Bowel and bladder health
- Caregiver support
- Diabetes
- Eating well
- Exercise
- Heart health
- High blood pressure
- Mental health
- Preventing falls
- Other _____

Thanks!

4. Please select the top three resources most important when caring for someone:

- Assistive equipment (walker, Lifeline, shower chair, etc.)
- Dementia support
- Financial assistance
- In-home care
- Meal preparation
- Respite (short period of rest or relief)
- Self-care
- Support groups
- Technology (internet, computer, etc.)
- Training for caregiving
- Transportation
- Other _____

5. How can the ADRC make services more inclusive and accessible for underserved and minority groups in Rusk County?

6. What would you need to help you feel confident about communicating with your elected officials about aging issues?

Your responses below will help us determine if we've met our goal of getting feedback from a broad range of community members. Please select all the options that apply to you.

- | | |
|---|--|
| <input type="checkbox"/> Rusk County resident | <input type="checkbox"/> Employee/volunteer serving older adults |
| <input type="checkbox"/> 60 years old or older | <input type="checkbox"/> An elected official |
| <input type="checkbox"/> Caregiver of a family member or friend | <input type="checkbox"/> A person of color |
| <input type="checkbox"/> Health care professional | <input type="checkbox"/> A person with a disability |
| | <input type="checkbox"/> A member of the LGBTQ+ community |

Tape here

Tape here

Place first class
postage here



ADRC

Courthouse, Ste. 260

311 Miner Ave. East

Ladysmith, WI 54848

Fold on this line.

You also have the option to complete this survey online!

Visit www.adrcconnections.org to take this survey.

And one last thing...

Please encourage your family and friends to take the survey! If they'd like a print version like this, they can call (715) 532-2176.

Fold on this line.