



Aging and Disability Resource Center (ADRC) of Door County Questionnaire

We want to hear from you!

Every three years, the Aging and Disability Resource Center (ADRC) of Door County is required by the State of Wisconsin to complete a strategic plan that serves as a platform to create, improve and expand services we provide our community. This living document is known as our "Three Year Aging Plan" and the new plan will cover 2022-2024.

Our staff and advisory committee members participate in the development of this plan, but input and feedback from you is extremely valuable.

Your response is a key element in determining how we are currently doing in serving our community, in identifying areas of program improvement and in coming up with creative ways to fill existing service gaps. It also allows an opportunity for those who are affected by or interested in an issue to be involved in decision-making.

You can also fill out the survey online: <https://www.surveymonkey.com/r/V2J9QJ3>

We hope everyone is staying safe. You are not alone! **Please do not hesitate to call us at (920)746-2372 if you need any additional support or you would like help filling out the questionnaire.**

1. Where in Door County do you reside?

- Northern Door Washington Island Southern Door Sturgeon Bay

2. What age bracket are you in?

- Under 30 30-39 40-49 50-59 60-69 70-79 80-89 90+

3. Where do you gather information about Door County's programs and services? (Check all that apply)

- WDOR Radio Station/Website WBDK Radio Station/Website 106.9 Lodge Radio Station/Website
 Peninsula Pulse Newspaper/Website Facebook (i.e. Social Media) Other: _____

4. In what ways has the COVID-19 pandemic impacted your life the most? (Check the top three)

- Mental Health Access to Food/Groceries Financial Security Staying Connected to Family/Friends
 Regular Physical Activity Access to Healthcare In-Home Support Other: _____

5. What Aging and Disability Resource Center (ADRC) services have you received? (Check all that apply)

- Caregiving Support Fitness Room / Exercise Classes Information & Assistance Finding Resources
 Fall Prevention Resources Applying for FamilyCare Social Opportunities (Events, Activities, Trips...)
 Help applying for: BadgerCare, FoodShare, Social Security Programs (SSI/SSDI), Long Term Care Programs...
 Dine-in Meals / Carryout Meals Frozen / Hot Home Delivered Meals Tax Preparation
 Medicare Open Enrollment None Other: _____

6. Do you live alone?

Yes No

7. Do you have enough support and/or resources you need to live safe and independent at home? If not, please explain why. Yes No, why: _____

8. What do you feel are the main challenges for older adults living in Door County? (Check all that apply)

Housing Nutrition/Food Resources Finding In-Home Support Caregiver Support Transportation
 Physical Activity Dementia Opportunities to Interact with Others Loneliness Mental Health
 Staying Connected to Friends/Family Financial Security End of Life Preparedness Other: _____

9. What do you feel are the main challenges for adults living with a disability in Door County? (Check all that apply)

Access to Healthcare Housing Nutrition/Food Resources Employment/Job Training
 Physical Activity Staying Connected to Friends/Family Finding In-Home Support Financial Security
 Opportunities to Interact with Others Transportation Mental Health Other: _____

10. Are you are interested in participating in a one-on-one follow up call or a small virtual group discussion to talk about the main issues and challenges older adults and adults living with a disability face living here in Door County? If yes, please provide us your contact information:

Name: _____ Phone Number: _____

11. Is Door County meeting the needs and challenges of older adults and adults living with a disability? What additional services and programs would improve the lives of older adults and adults living with a disability in our community? Please share your thoughts and ideas below.

Thank you for participating!

Please Return To: Aging and Disability Resource Center of Door County

916 N. 14th Avenue, Sturgeon Bay, WI 54235