

Please help us determine how our community can be a great place to live and grow old in. All suggestions and opinions are important and will be considered as we create a 3-year plan for aging programs. Thank you!

- 1) What is good about growing old in our community?
- 2) What services or events have you seen or heard of in other communities that you would like to have here?
- 3) What activities or agencies in our community are making a positive difference for adults as they age?
- 4) What are barriers that keep people from participating in activities in our community?
- 5) What do you think is the biggest challenge for people to remain in their home as they grow older?
- 6) What are the three most important issues facing older adults today?
- 7) What zip code do you live in? (List them out for people to choose)
- 8) What is your age? Under 18 18-29 30-44 45-54 55-64 65-74 75-84 85-94 95 or older

#### Facebook Poll

##### Question 1:

What do you feel are the top 3 concerns people face as they grow older?

- 1) Transportation
- 2) Housing options
- 3) Proper nutrition
- 4) Receiving medical care by a general practitioner or nurse practitioner
- 5) Receiving care from a Specialist
- 5) Affording prescription medications
- 6) Medical insurance (costs, definitions,
- 7) Loneliness/Isolation
- 8) Availability of caregivers/family to help them
- 9) Purchasing over the counter medications and medical/hygiene supplies
- 10) Other

Question 2:

What health issues do you or a family member you care for have? (Can click more than one)

Dementia

Parkinson's disease

Heart Disease

Poor Vision/Blindness

Poor Hearing/Deaf

Arthritis

Obesity

Stroke

Alcoholism

Depression

Falls

Cancer

Question 3:

What services for seniors do you feel are lacking in your community?

Home Health- Medical services

Home delivered meals

Transportation

Adult Day Services

Caregiver Programs

Medical Facilities

Social activities/opportunities

Volunteer Opportunities

Supportive Home Care/ Chore service

Food Pantry

Other: