

# Caregiving in Wisconsin



Extension  
UNIVERSITY OF WISCONSIN-MADISON

**19%** of Wisconsinites provided caregiving to a friend or family member who has a health problem or disability

## Caregivers are diverse

**36%** of caregivers are taking care of their parents/in-laws

**18%** of caregivers are taking care of their spouse

**10%** of caregivers are taking care of a child

**57%** of caregivers are female

**43%** of caregivers are male

## Caregiving is time-consuming



The average caregiver provides an average of **19** hours per week

The average age of caregivers in Wisconsin is **60**

## Caregivers provide skilled labor

**76%** of caregivers reported managing household tasks

**40%** of caregivers reported assisting with personal care tasks

In the next 2 years, **13%** of Wisconsinites expect to become a caregiver

## Caregivers help with a variety of needs



Helping with daily needs such as eating, bathing, and dressing



Managing medications and care



Assisting with mobility needs



Managing money

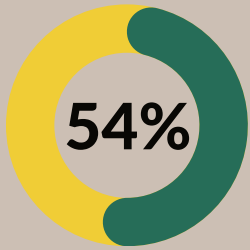


Helping care for home

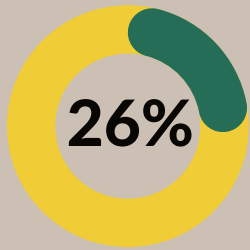
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**54%** of caregivers are in the workforce



**26%** of caregivers have children under 18 in the household

Many caregivers are **informal caregivers** - they are not paid to take care of their care recipient

Caregivers may have jobs, young children, or other responsibilities. They must balance these roles with caregiving.

## Help Support Caregivers

Guide caregivers to national, state, and local support services and organizations such as:

- Their local Aging and Disability Resource Center
- Extension's educational programs for caregivers, families, and individuals across the lifespan
- The Wisconsin Family Caregiver Support Alliance

Learn about other actions you can take to support caregivers from the US Recognize, Assist, Include Support, and Engage (RAISE) Act Family Caregiving Advisory Council

**Scan this QR Code for links to these caregiver resources:**

