

CAREGIVING IN WISCONSIN

Caregivers are diverse



36% of caregivers are taking care of their **parents/in-laws**

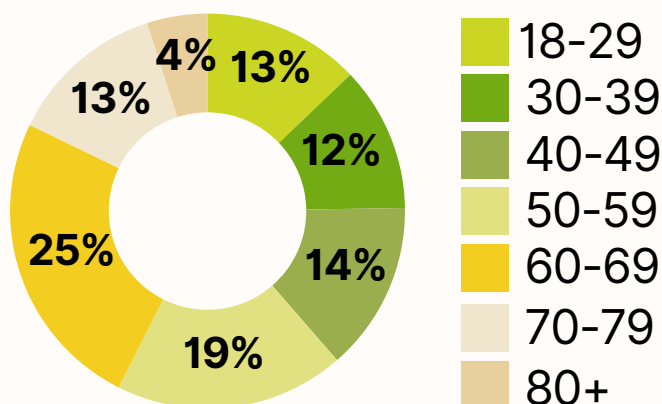


18% of caregivers are taking care of their **spouse**

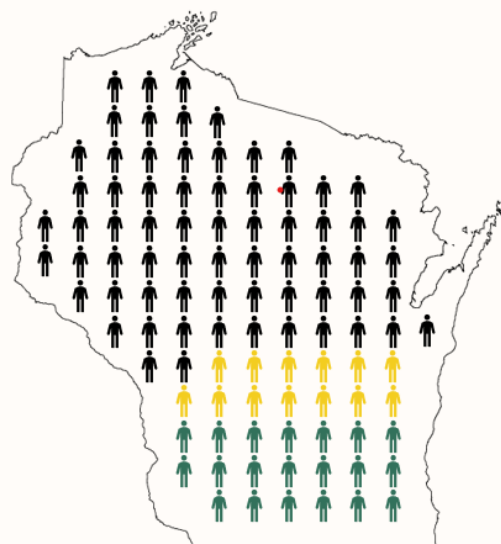


10% of caregivers are taking care of a **child**

Caregivers provide care at all ages:



20% of Wisconsinites provided caregiving to a friend or family member who has a health problem or disability



In the next 2 years, **13%** of Wisconsinites expect to become a caregiver

Caregivers help with a variety of care tasks

78% of caregivers reported managing **household tasks**



Helping with housework or chores



Managing finances



Preparing meals

46% of caregivers reported assisting with **personal care tasks**



Helping with eating, bathing, and dressing



Managing medications and health care



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Caregiving is **time-intensive**

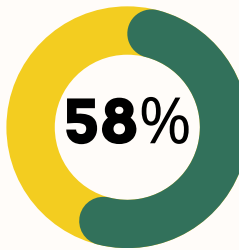
Wisconsin caregivers provide an average of **26 hours of care per week**



Caregivers must **balance** their existing roles with caregiving



One in four caregivers have children under 18 in the household



More than half of caregivers are in the workforce

Many caregivers are **informal caregivers** - they are **not paid** to take care of their care recipient



Help Support Caregivers

Guide caregivers to national, state, and local support services and organizations such as:

- Their local Aging and Disability Resource Center
- Extension's educational programs for caregivers, families, and individuals across the lifespan
- The Wisconsin Family Caregiver Support Alliance

Learn about other actions you can take to support caregivers from the US Recognize, Assist, Include Support, and Engage (RAISE) Act Family Caregiving Advisory Council

Scan this QR Code to find resources to support caregivers



Or go to:
linktr.ee/CGinWlresources

Data collected by the Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2021 & 2022.



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