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Greater Wisconsin Agency on Aging Resources (GWAAR) News

Need to Know

Reminder: 2024 Aging Network Food Service Request for Proposals

GWAAR is excited to announce the 2024 Aging Network Food Service Proposal, "Let's Build the Future Meal Program Together" with Sustainable Kitchens - Request for Proposal. Work with Sustainable Kitchens to evaluate and bring sustainability to your nutrition program! **Proposals are due by August 25, 2023.**

If you have sent a previous Request for Proposal, we are asking that you **reapply this year with a new application**. Contact your GWAAR Nutrition Representative if you have any questions.

Read the 2024 Aging Network Food Service Request for Proposals:

<https://gwaar.org/api/cms/viewFile/id/2007818>

View the State Population Map: <https://gwaar.org/api/cms/viewFile/id/2007817>

Advocacy

[Janet Zander](#), Advocacy and Public Policy Coordinator

Need to Know

Aging Advocacy Day – Tuesday, May 14, 2024

Join us for the 8th annual Aging Advocacy Day! Advocates from around the state will gather to help educate state legislators about issues affecting older adults and caregivers in Wisconsin. No experience necessary; training is provided.

Morning training at the Best Western Premier Park Hotel, 22 S. Carroll St., Madison and afternoon visits with your legislators/key staff members at the Wisconsin State Capitol. We will also be working with local aging network partners to schedule and host follow up in-district meeting opportunities over the summer of 2024. View the save the date here:

<https://gwaar.org/api/cms/viewFile/id/2007839>

<p>SAVE THE DATE</p> <p>AGING ADVOCACY DAY 2024</p> <p>Tuesday, May 14, 2024 Madison, WI</p>	
<p>Join us for the 8th annual Aging Advocacy Day!</p> <p>Advocates from around the state will gather to help educate state legislators about issues affecting older adults and caregivers in Wisconsin!</p> <p>No experience necessary; training is provided.</p> <p>Morning training at the Best Western Premier Park Hotel, 22 S. Carroll St., Madison; and Afternoon visits with your legislators/key staff members at the Wisconsin State Capitol.</p> <p>We will also be working with local aging network partners to schedule and host follow up in-district meeting opportunities over the summer of 2024.</p> <p>Make a difference. Let your voice be heard.</p>	
<p>WAN Advocacy Wisconsin Aging Advocacy Network</p> <p>Contact: Janet Zander 1414 MacArthur Rd. Madison, WI 53714 janet.zander@gwaar.org (608) 228-7253</p> <p>#WIAgingAdvocacyDay #WIAAD24</p>	

Family Caregiver Support

[Bryn Ceman](#), Older Americans Act Consultant - Family Caregiver Support Specialist

Need to Know

Reminder: Caregiver Support Community Statewide Webinar

August 22 | 10 a.m.

Join us for the August Caregiver Support Community Statewide Webinar August 22. This meeting will include an Advocacy Update, Department of Health Services and GWAAR updates. For more information, visit <https://gwaar.org/api/cms/viewFile/id/2007819>

Reminder: Statewide Caregiver Coordinator Statewide Meeting (in-person)

September 26 | 10 a.m. – 2 p.m.

We will hold an in-person meeting on September 26 from 10 a.m. to 2 p.m. at the ADRC of Portage County: 1519 Water Street, Stevens Point, WI 54481. A light lunch will be provided.

Please take 30 seconds to RSVP for our in-person Statewide Caregiver Coordinator meeting on Tuesday, September 26. Thank you for your help!

RSVP: <https://forms.office.com/r/GXwTBut72h>

Nice to Know

Call for Best Practices and Questions!

During our September Wisconsin Caregiver Support meeting we will be discussing best practices for ensuring that lesbian, gay, bisexual, and transgender (LGBT+) caregivers and care recipients are successfully accessing caregiver supports. While all caregivers and care recipients can benefit from supportive services, not all caregivers and care recipients are the same. Those who belong to the LGBT community have much in common with others in care relationships but also have unique experiences and needs.

We would love to hear from you to help us prepare for this meeting! What are some of the successes and challenges you have faced when completing outreach and direct work with LGBT+ caregivers and care recipients? What are your best practices? And what questions might you have to ensure individuals who identify as LGBT+ have equitable access to caregiver support? Please send feedback, questions, and ideas to Milwaukee County Caregiver Support Coordinator Kayla Steinke at kayla.steinke@milwaukeecountywi.gov. Looking forward to us learning and growing together in this area!

Reminder: Motivational Interviewing webinar August 17

Resources for Integrated Care (RIC) is hosting a webinar on Motivational Interviewing to Improve Care Coordination and Address Social Determinants of Health (SDOH) on Thursday, August 17, 2023 | 1:00 - 2:00 p.m. Use this link to learn more or register: <https://bit.ly/444Y25s>



This webinar will:

- Explore how Motivational Interviewing (MI) can improve communication in integrated care settings and improve relationships between health plans, providers, and members dually eligible for Medicare and Medicaid.

- Promote the increased use of MI and person-centered techniques to better engage members and understand the complex lifestyle factors that impact health behaviors.
- Encourage the improvement of member retention rates, as well as health outcomes, for individuals dually eligible for Medicare and Medicaid.

Featured speakers:

- Brandon G. Wilson, DrPH, Director, Center for Consumer Engagement in Health Innovation, Community Catalyst
- Gladys Antelo-Allen, LPN, Associate Director of Education and Training, Camden Coalition
- Brian Thompson, Housing Coordinator, Care Management Initiatives, Camden Coalition

This webinar is intended for a wide range of stakeholders, including community-based organizations, health plans, health care providers, caregivers, and others who serve dually eligible individuals.

CART will be provided. For accessibility questions, contact RIC@lewin.com.

Reminder: Want to help fellow Caregivers of loved ones with Multiple Sclerosis?

The University of Texas Rio Grande Valley is seeking family or information caregivers of persons with multiple sclerosis to help others understand the impact of caregiving and what is needed to mediate both the physical and emotional challenges caregivers encounter.

If you are an informal or family caregiver of a person or persons with MS, are 18 years or older and have been providing unpaid care for at least 6 months then you can contribute!

After completing your survey, you will be provided a link redirecting you to a separate survey link where you can enter a drawing to win one of ten \$25 Amazon gift cards.

https://utrgv.co1.qualtrics.com/jfe/form/SV_02gU1onP4dqtKsK?Q_CHL=qr

The National Multiple Sclerosis Society has resources for you as a care partner, learn more here:

<https://www.nationalmssociety.org/Living-Well-With-MS/Relationships/Family-Matters/Carepartners>

WANT TO HELP FELLOW MS CAREGIVERS?

Seeking MS caregivers to take part in an important online survey.

What is this study about?
This study aims to examine the impacts of caregiving and social support on stress among unpaid informal caregivers of persons with multiple sclerosis.

Why participate?

- Sharing your experience will help us understand the impact of caregiving and what is needed to mediate both the physical and emotional challenges caregivers encounter.
- To compensate for your contribution, after completing your survey, you will be provided an anonymous link to a separate survey where you can voluntarily enter into a drawing to win one of ten \$25 Amazon eGift cards.

Who can participate?

- Adults 18 years or older.
- Individuals providing unpaid caregiving to a family member or friend with MS & must have at least six months of experience.

If you're interested in participating, please click on the online survey link or scan the QR code

https://utrgv.co1.qualtrics.com/jfe/form/SV_02gU1onP4dqtKsK

CONTACT FOR MORE INFORMATION:
Jacqueline Mercado, PhD candidate, LDCO
jacqueline.mercado01@utrgv.edu or
(956)253-0501

UTRGV IRB-23-0234

Health Promotion

[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

Nice to Know

Reminder: In Case You Missed it...Health Promotion Webinar

On Tuesday, August 1 the Quarterly Health Promotion Webinar was held. The Wisconsin Institute on Healthy Aging shared important updates on their Falls Free Wisconsin Initiative. Learn about customizable turnkey materials to use not only in September for Falls Prevention month, but year-round. The Wisconsin Coalition to End Social Isolation and Loneliness also presented their findings on the pilot testing the integration of the 3-Item UCLA Social Isolation and Loneliness Screening tool.

Watch the replay here: <https://www.youtube.com/watch?v=zLz9uZ9rmG8>