



Volume 5, No. 25 August 1, 2023
Office (608) 243-5670 Fax (866) 813-0974
info@gwaar.org www.gwaar.org

Greater Wisconsin Agency on Aging Resources (GWAAR) News

Need to Know

2024 Aging Network Food Service Request for Proposal reminder

GWAAR is excited to announce the 2024 Aging Network Food Service Proposal, "Let's Build the Future Meal Program Together" with Sustainable Kitchens - Request for Proposal. Work with Sustainable Kitchens to evaluate and bring sustainability to your nutrition program! **Proposals are due by August 25, 2023**.

Here's what current Sustainable Kitchen Project Leaders are saying:

"Sustainable Kitchen has provided a totally new perspective of programs we felt we knew! We have gained from Justin's expertise, evaluation, and leadership development for our staff. The future is bright." Devon Christianson, Brown County

"Justin has been a valuable asset for us as we navigate our Central Kitchen. He knows the ins and outs of what our kitchen will need and provides quality insight and perspective on staffing, equipment, design, menu, and food just to name a few- to help us achieve our dream kitchen for our Nutrition Program." Kimmee Dallmann, Brown County

If you have sent a previous Request for Proposal, we are asking that you **reapply this year with a new application**. Contact your GWAAR Nutrition Representative if you have any questions.

Read the 2024 Aging Network Food Service Request for Proposals: https://gwaar.org/api/cms/viewFile/id/2007818

View the State Population Map: https://gwaar.org/api/cms/viewFile/id/2007817

Nice to Know

Career Opportunities with GWAAR reminder

GWAAR currently has a few employment opportunities. If you're passionate about delivering innovative support to lead aging agencies as we work together to promote, protect, and enhance the well-being of older people in Wisconsin, join us! Current opportunities include:

- Fiscal Program Assistant (Veteran Self-Directed Program)
- Fiscal Program Assistant

View the positions: https://gwaar.org/jobs

<u>Janet Zander</u>, Advocacy and Public Policy Coordinator

Nice to Know

CARE Act campaign kickoff

Last week, the Wisconsin Aging Advocacy Network, Wisconsin Family and Caregiver Support Alliance, and Greater WI Agency on Aging Resources, Inc. kicked off Wisconsin's CARE Act campaign with this release and live interviews on the "Empowered Caregiver Show," broadcast on Civic Media - (a recording of the podcast from 7/26/23 is available at the link below).

https://civicmedia.us/shows/empowered-caregiver/

The Caregiver Advise, Record, and Enable (CARE) Act asks hospitals to do three things:

- 1. Ask patients if they have a family caregiver they wish to have noted on their chart,
- 2. Contact that person if the patient is to be discharged or transferred, and
- 3. Teach the family caregiver how to provide the care they will need to provide the patient after discharge.

Take Action:

We need your help to get the word out that Wisconsin family caregivers need the CARE Act passed in this state. Please ...

- Read the release
- Watch the family caregiver video
- Take the CARE Act survey



Read the release

https://wisconsincaregiver.org/ data/media/66/72623-immediate-release-press-release-family-caregivers-care-act.pdf

Watch the family caregiver video

https://www.dropbox.com/s/woii2nwh0go6de2/CTCC%20Draft%20Voice%20Over%20Final.mp4?dl=0

Take the CARE Act survey

https://www.surveymonkey.com/r/SVHTTYC

- Call your state legislators and ask them to pass the CARE Act in Wisconsin. If you have a caregiver
 experience related to hospital discharge of your loved one, please share your story with your
 legislators.
- AND share the July 26 release and request with others in your family, community, agency, and network
 and ask them to contact their state legislators (to find out who represents you in the state legislature
 go to: https://legis.wisconsin.gov/ and enter your address in the box underneath "Who Are My
 Legislators?).

Thank you in advance for your help in responding to and sharing this important message!

Reminder: ACL Seeks Input on Updates to Older Americans Act Program Regulations by August 15, 2023

The Administration for Community Living (ACL) is seeking input on proposed updates to regulations for the Older Americans Act (OAA) programs. The last substantial update to most OAA program regulations was in 1988. The population of older adults has nearly doubled since that time and has grown increasingly diverse. Additionally, older adults are living longer, and their expectations are different from those of earlier generations.

ACL states the proposed rule addresses issues that have emerged since the last update, clarifies a number of requirements, and aligns regulations to the current statute. The Notice of Proposed Rulemaking (NPRM) looks at all OAA programs including the Long-Term Care Ombudsman Program, Elder Abuse Prevention, Legal Services, Family Caregivers, and the Senior Nutrition Program (clarifying flexibilities with the program and proposing provisions to allow the continuation of "grab and go" meals provided under the congregate meals program). For more information, please refer to the overview document.



https://acl.gov/sites/default/files/oam/2023/Overview%20-%20Proposed%20OAA%20Regulations%20-%202023%20-%20final.pdf

In preparation for developing the proposes updates, ACL solicited input from stakeholders through a Request for Information (RFI) that closed last June and a series of listening sessions.

Instructions for submitting comments can be found in the NPRM (see link below). **Comments must be received** by 10:59 p.m. on August 15, 2023.

https://www.federalregister.gov/documents/2023/06/16/2023-12829/older-americans-act-grants-to-state-and-community-programs-on-aging-grants-to-indian-tribes-for

For more information on the proposed rule, view the ACL's informational webinar held on June 22, 2023: https://www.youtube.com/watch?v=nTdOeA0yq3E

Family Caregiver Support

Bryn Ceman, Older Americans Act Consultant - Family Caregiver Support Specialist

Need to Know

Caregiver Support Community Statewide Webinar

August 22 | 10 a.m.

Join us for the August Caregiver Support Community Statewide Webinar August 22. This meeting will include an Advocacy Update, Department of Health Services and GWAAR updates. For more information, visit https://gwaar.org/api/cms/viewFile/id/2007819

Statewide Caregiver Coordinator Statewide Meeting (in-person)

September 26 | 10 a.m. - 2 p.m.

We will hold an in-person meeting on September 26 from 10 a.m. to 2 p.m. at the ADRC of Portage County: 1519 Water Street, Stevens Point, WI 54481. A light lunch will be provided.

Please take 30 seconds to RSVP for our in-person Statewide Caregiver Coordinator meeting on Tuesday, September 26. Thank you for your help!

RSVP: https://forms.office.com/r/GXwTBut72h

Health Promotion

Angie Sullivan, Older Americans Act Consultant - Health Promotions Specialist

Nice to Know

Promote Physical Activity in Your Community

The Move Your Way campaign offers free tools and resources to promote key messages from the Physical Activity Guidelines - including fact sheets, posters, videos, and interactive tools.

Use these materials to help older adults learn about the benefits of physical activity and understand the amount and types of physical activity they need to be healthy.

https://health.gov/our-work/nutrition-physical-activity/move-your-way-community-resources/campaign-materials/materials-older-adults

