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Greater Wisconsin Agency on Aging Resources (GWAAR) News

Need to Know

2024 Aging Network Food Service Request for Proposal

GWAAR is excited to announce the 2024 Aging Network Food Service Proposal, “Let’s Build the Future Meal Program Together” with Sustainable Kitchens - Request for Proposal. Work with Sustainable Kitchens to evaluate and bring sustainability to your nutrition program! **Proposals are due by August 25, 2023.**

Here’s what current Sustainable Kitchen Project Leaders are saying:

“Sustainable Kitchen has provided a totally new perspective of programs we felt we knew! We have gained from Justin’s expertise, evaluation, and leadership development for our staff. The future is bright.” Devon Christianson, Brown County

“Justin has been a valuable asset for us as we navigate our Central Kitchen. He knows the ins and outs of what our kitchen will need and provides quality insight and perspective on staffing, equipment, design, menu, and food just to name a few- to help us achieve our dream kitchen for our Nutrition Program.” Kimmee Dallmann, Brown County

If you have sent a previous Request for Proposal, we are asking that you **reapply this year with a new application**. Contact your GWAAR Nutrition Representative if you have any questions.

Read the 2024 Aging Network Food Service Request for Proposals:

<https://gwaar.org/api/cms/viewFile/id/2007818>

View the State Population Map: <https://gwaar.org/api/cms/viewFile/id/2007817>

Nice to Know

Career Opportunities with GWAAR

GWAAR currently has a few [employment opportunities](#). If you’re passionate about delivering innovative support to lead aging agencies as we work together to promote, protect, and enhance the well-being of older people in Wisconsin, join us! Current opportunities include:

- Fiscal Program Assistant (Veteran Self-Directed Program)
- Fiscal Program Assistant

View the positions: <https://gwaar.org/jobs>

Advocacy

[Janet Zander](#), *Advocacy and Public Policy Coordinator*

Nice to Know

ACL Seeks Input on Updates to Older Americans Act Program Regulations by August 15, 2023

The Administration for Community Living (ACL) is seeking input on proposed updates to regulations for the Older Americans Act (OAA) programs. The last substantial update to most OAA program regulations was in 1988. The population of older adults has nearly doubled since that time and has grown increasingly diverse. Additionally, older adults are living longer, and their expectations are different from those of earlier generations.

ACL states the proposed rule addresses issues that have emerged since the last update, clarifies a number of requirements, and aligns regulations to the current statute. The Notice of Proposed Rulemaking (NPRM) looks at all OAA programs including the Long-Term Care Ombudsman Program, Elder Abuse Prevention, Legal Services, Family Caregivers, and the Senior Nutrition Program (clarifying flexibilities with the program and proposing provisions to allow the continuation of “grab and go” meals provided under the congregate meals program). For more information, please refer to the overview document.

In preparation for developing the proposed updates, ACL solicited input from stakeholders through a Request for Information (RFI) that closed last June and a series of listening sessions. Instructions for submitting comments can be found in the NPRM (see link above). **Comments must be received by 10:59 p.m. on August 15, 2023.**

For more information on the proposed rule, view the ACL’s informational webinar held on June 22, 2023

<https://www.youtube.com/watch?v=nTdOeA0yg3E>

Family Caregiver Support

[Bryn Ceman](#), *Older Americans Act Consultant - Family Caregiver Support Specialist*

Nice to Know

Coast to Coast: LGBTQ+ Inclusive State Plans SAGE Webinar Replay Available

LGBTQ+ older people have often been invisible to the aging network. The SAGE National Resource Center on LGBTQ+ Aging has long worked with State Units on Aging and Disability to support the inclusion of older LGBTQ+ people in data collection, outreach, and services.

Watch this webinar for a discussion panel and Q&A on LGBTQ+ aging, successful planning strategies, and actions to create welcoming and inclusive aging services for LGBTQ+ elders as outlined in the OAA.

Watch the webinar:

<https://www.youtube.com/watch?v=5Kk4wg1cKxc>



Sherrill Wayland (she/they)
Coast to Coast: LGBTQ+ Inclusive State Plans
SAGE

Webinar: Balancing Work and Caregiving

Trualta webinar available for replay

This webinar (recorded from a live event) hosted by Trualta discusses practical tips for finding a balance between work and caregiving, such as knowing your options, communicating with your employer, utilizing assertive communication, and setting your boundaries.

In order to view this webinar you will need an account or register for a FREE account here:

<https://wisconsincaregiver.trualta.com/login>

Webinar: <https://wisconsincaregiver.trualta.com/learning/webinar-balancing-work-and-caregiving>



Video Series Reminder: Man Enough to Care

Caring for others is an act of love that comes with joyous moments along with many personal sacrifices. This compelling 5-episode video series “is a uniquely vulnerable, empathic and uplifting exploration of what it means to give care and be cared for as a man in today’s society.”

The series is produced by Caring Across Generations and can be viewed on the organization’s website:

<https://caringacross.org/manenough/#episodes>



Health Promotion

[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

Nice to Know

Save the Date! Quarterly Health Promotion Webinar

Tuesday, August 1, 2023, 1:00 - 2:30 p.m.

Register in advance for this meeting:

https://us06web.zoom.us/meeting/register/tZEvcuGuqD0tH9Cg4r_kQt0e9KX6xJhbCtDr

After registering, you will receive a confirmation email containing information about joining the meeting.

Join us for the upcoming Quarterly Health Promotion Webinar. We will be discussing the Wisconsin Institute for Healthy Aging’s Fall Free WI Center, and activities for Falls Prevention Month (September).

Please contact Angie Sullivan at angela.sullivan@gwaar.org or (608) 228-8081 if you have any questions or would like to suggest a topic for a future webinar.