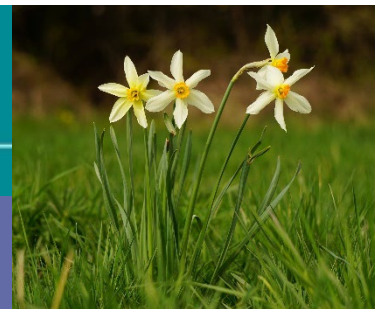




Volume 5, No. 18 May 3, 2023
 Office (608) 243-5670 Fax (866) 813-0974
 info@gwaar.org www.gwaar.org



Join us for Aging Advocacy Day May 9!

www.gwaar.org/aging-advocacy-day-2023 | #WIAgingAdvocacyDay2023 #WIAAD

Greater Wisconsin Agency on Aging Resources (GWAAR) News

Nice to Know

Celebrate Older Americans Month

May is recognized as Older Americans Month. To celebrate this year's theme of Aging Unbound, consider hosting a special event or organizing a group project such as a community garden or mosaic art project. For more ideas and materials to support your activities, visit the Administration for Community Living's website: <https://acl.gov/oam/2023/older-americans-month-2023>. You can

also use the engAGED calendar of social engagement

opportunities to find ways to promote social engagement throughout the year:

<https://static1.squarespace.com/static/5b855bd5cef372d1e9a8ef0e/t/62c4851ea16501756e22f01e/1657046303638/engAGED+Calendar+Flyer-22-508.pdf>.



AGING UNBOUND: MAY 2023

Family Caregiver Support

[Bryn Ceman](#), *Older Americans Act Consultant - Family Caregiver Support Specialist*

Nice to Know

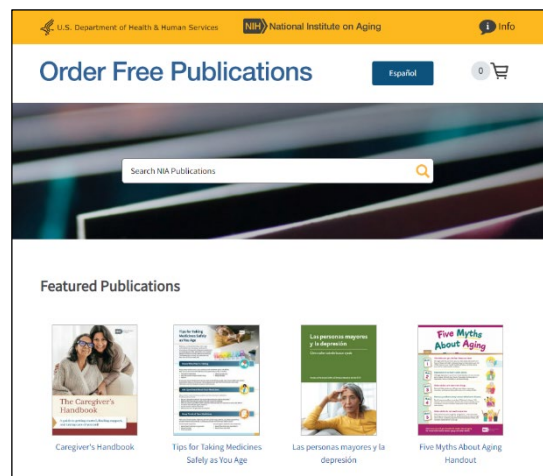
Three Great Spots for Caregiver Resources

Looking for flyers, posters or newsletter articles? Here are a few places to look:

- National Institute on Aging offers free orders on their publications, and they are also available in Spanish! <https://bit.ly/3AuX8mr>
- Trualta has customizable brochures, flyers, and postcards. Bookmark this link:

<https://trualta.docsend.com/view/s/qi6pwprjtjbeygp2>.

Navigate to the "Marketing" folder, then click on "Wisconsin Caregiver - Marketing Template & Instructions". Here you can log in to Canva and create your own county-specific materials!



- GWAAR website at <https://gwaar.org/family-caregiver-marketing-toolkit>. Here you can find fact sheets, newsletter articles, and 2023 Newsletter Publications and Links here: <https://gwaar.org/api/cms/viewFile/id/2007655>.

Learn More about Kinship

Interested in learning more about Kinship? What to know about dynamics in a Kinship and how to be supportive as a professional? Please take time to listen/view these excellent training opportunities.

1. Family Dynamics in Kinship Families: Implications for Services and Programs with Dr. Joseph Crumbley - <https://www.youtube.com/watch?app=desktop&v=-tcz6t-5WNs>. A webinar, led by world-renowned kinship expert Dr. Joseph Crumbley, provides a framework describing the unique family dynamics of kinship families. Learn how to use this framework when engaging these families and developing kinship programs and services.
2. The Unique Dynamics of Shared/Co-Parenting in Kinship Families - https://www.youtube.com/watch?v=Y7VHR_KMjXc. Dr. Joseph Crumbley teaches us shared/co-parenting strategies that provide well-being, safety, and stability for children in kinship families.



Health Promotion

[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

Need to Know

Old Americans Act Title III-D (Health Promotion) Frequently Asked Questions Document Updated

Did you know there is a frequently asked questions (FAQ) document located on the GWAAR website? OAA Title III-D funds are required to be spent on high-level evidence-based programs to improve health and well-being and reduce disease and injury. Programs must meet the evidence-based criteria as defined by the Administration for Community Living (ACL): <https://acl.gov/programs/health-wellness/disease-prevention>. You can learn more about the provisions and priorities of OAA Title III-D by reviewing this document. Please contact Angie Sullivan at angela.sullivan@gwaar.org if you have any questions regarding this document.

Nice to Know

Virtual Event: Everybody's Business - Gain Skills to Help Prevent a Tragedy

May 19 | Noon – 1:30 p.m.

Learn the myths and facts of suicide and mental health, and equip yourself with knowledge to help anyone at risk of suicide through QPR (Question. Persuade. Refer.) Suicide Prevention Training. This event is free and open to the public. Register today at <https://namisoutheastwi.org/community-education/qpr/qpr-registration/>.



Nutrition

[Pam VanKampen](#), *Older Americans Act Consultant - Nutrition Specialist/Senior Center Representative*

Nice to Know

Webinar: Hoarding Characteristics and Treatments for Older Adults

May 24, 2023 | Noon

This webinar examines the clinical features of hoarding disorder and its evidence-based treatment options, with particular attention to this mental health disorder in older adults. The discussion covers local community responses and resources, along with successful assessments and interventions you can integrate into your care setting. Register today at <https://www.rightathome.net/professionals/continuing-education-units/hoarding-treatments-for-older-adults>.