



Volume 5, No. 12 March 21, 2023  
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**Join us for Aging Advocacy Day May 9!**

[www.gwaar.org/aging-advocacy-day-2023](http://www.gwaar.org/aging-advocacy-day-2023) | #WIAgingAdvocacyDay2023 #WIAAD

## Advocacy

*Janet Zander, Advocacy and Public Policy Coordinator*

### Need to Know

#### USAgging: President Biden's FY 2024: A Great Start, But There is Still Work to Do

President Biden presented his FY 2024 budget blueprint to Congress last week. The \$6.8 trillion budget aims to reduce the deficit by \$3 trillion over 10 years, invest in paid family leave and other Administration



USAgging Leaders in Aging Well at Home  
**Legislative Update**

priorities, expand on the Inflation Reduction Act's prescription drug reforms and much more, while paying for these increased investments and deficit reduction activities by raising taxes on those making more than \$400,000. To read more, click here: <https://files.constantcontact.com/d9b98e3f801/ce9afec4-7392-43da-8295-d32f6e6d69be.pdf>.

## Family Caregiver Support

*Bryn Ceman, Older Americans Act Consultant - Family Caregiver Support Specialist*

### Need to Know

#### Reminder: Statewide Caregiver Support Community Webinar

March 28 | 10 a.m.

Join us March 28 for the Statewide Caregiver Support Community webinar. This meeting will include an advocacy update, Department of Health Services (DHS) updates, GWAAR updates and data reporting, best practices, and frequently asked questions. For more information visit <https://gwaar.org/wisconsin-caregiver-support-community-monthly-calls>.

## Health Promotion

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*Angie Sullivan, Older Americans Act Consultant - Health Promotions Specialist*

### **Nice to Know**

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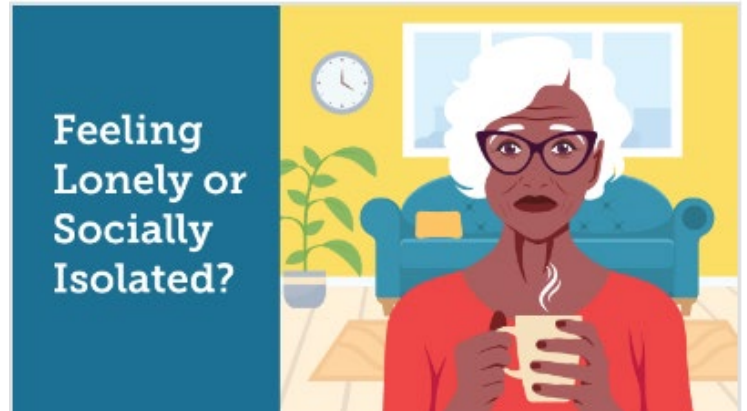
#### **Social Isolation and Loneliness Outreach Toolkit**

Social isolation and loneliness can be harmful to the physical, mental, cognitive and emotional health of older adults. The National Institute on Aging developed an outreach kit to help reduce social isolation and loneliness, which can be found online at

<https://www.nia.nih.gov/ctctoolkit>.

The following resources are included in the kit:

- Animated graphics (GIFS)
- Social media images
- Infographic
- Social media posts
- Educational flyer
- Health information
- Videos
- Additional resources



#### **Reminder: Registration Now Open for the 2023 engAGED and Commit to Connect Social Engagement Virtual Summit!**

*May 9-10, 2023 | Noon – 3 p.m.*

Given the importance of elevating innovative approaches to help older adults, people with disabilities and caregivers stay engaged and connect to others - and their communities, engAGED: The National Resource Center for Engaging Older Adults and Commit to Connect are again joining forces to co-host a two-day Social Engagement Virtual Summit.

**engAGED**  
The National Resource Center  
for Engaging Older Adults

The Virtual Summit will bring together national, state and local leaders for interactive sessions highlighting the latest research, innovative programs, and tools and resources for the aging and disability networks. The Virtual Summit will highlight the topics of social engagement in rural communities and supporting the social connectedness needs of unpaid caregivers and will showcase creative solutions to spur ideas for replication within your community.

Taking place May 9 and 10 from 12:00 - 3:00 p.m. CT each day. There is no cost to attend, but you must register to participate! For the full agenda and details on how to register, visit the events (<https://www.engagingolderadults.org/2023-virtual-summit>) page.

## Nutrition

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[Pam VanKampen](#), Older Americans Act Consultant - Nutrition Specialist/Senior Center Representative

### ***Need to Know***

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#### **Meal Prioritization Materials Available!**

If you are considering prioritizing your Home Delivered Meals (HDMs), we have the tools and resources ready for you to use. We have created a PowerPoint presentation recording with voice over, sample local template, one-page Meal Prioritization Worksheet and other supporting materials. Please listen to the presentation first since it provides the need to know information.

We ask that if you have or are going to begin prioritizing meals within the GWAAR Service area that you use the criteria we developed. You can add some local pieces but for consistency there are parts that need to remain unchanged. We will be piloting this version for the next nine-to-twelve months. Notify your GWAAR Nutrition Team Rep or Pam VanKampen

[pam.vankampen@gwaar.org](mailto:pam.vankampen@gwaar.org) if you do adopt this locally. We want all the local programs who are using it to meet at least quarterly so we can discuss pros and cons and work through the materials during this pilot period and gain greater understanding.

The meal prioritization process is built on the Tiers of Service concept that is explain in the PowerPoint presentation.

If you have any questions, please reach out to Pam VanKampen. In addition, please continue advocating for additional funding so we can have enough funding to serve all those in need. This is also a great system to pilot if you have a waitlist or are concerned about implementing one within the next year.

Access the materials in the Nutrition Team EXT SharePoint under the "Meal Prioritization" folder. If you'd like access to the site, contact Pam VanKampen at [pam.vankampen@gwaar.org](mailto:pam.vankampen@gwaar.org).

