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Advocacy

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Nice to Know

Governor Evers Announces Additional Listening Sessions on the State Budget

Governor Evers announced (<https://content.govdelivery.com/accounts/WIGOV/bulletins/33be89d>) a statewide tour to gather input on his 2023-25 executive budget. The governor hosted three budget listening sessions in 2022. Additional listening sessions in 2023 have been scheduled on the following dates:

Virtual Budget Listening Session Wednesday, January 11, 2023 @ 6:00 pm Register here: https://bit.ly/3k7oLx7	Wausau Budget Listening Session Thursday, January 12, 2023 @ 5:30 pm Register here: https://bit.ly/3GCyaEy
Superior Budget Listening Session Tuesday, January 17, 2023 @ 5:30 pm Register here: https://bit.ly/3IDhnn7	Eau Claire Budget Listening Session Wednesday, January 18, 2023 @ 5:30 pm Register here: https://bit.ly/3ID1I7r

- Find additional background information for the listening sessions [here](#):
https://evers.wi.gov/Documents/GovEvers_DoingTheRightThing_Final.pdf
- Written comments may be submitted on any topic at any time before or after the listening sessions [here](#):
<https://appengine.egov.com/apps/wi/governor/voice-an-opinion>

We encourage you to sign up to attend one of the listening sessions and to communicate your budget priorities for the 2023-2025 budget to the Governor and his staff. Please share these dates with others in your organization, agency, and community and encourage others to share their input on the next biennial budget with Governor Evers.

You will find the Wisconsin Aging Advocacy Network (WAAN) 2023 state priorities at <https://gwaar.org/waan-issues-and-initiatives>. Please check back regularly as additional issue briefs will be added as they are finalized).

Reminder: Governor Evers will unveil his budget proposal for 2023-25 during his Biennial Budget message at 7 p.m. on Feb. 15, 2023. You can watch his budget address live on WisconsinEye: <https://wiseye.org/>

New State Legislature & New Congress

Last Tuesday (January 3, 2023) was Inauguration Day for the Governor, Lt. Governor, Attorney General, Secretary of State, State Treasurer, and many members of Wisconsin's 106th State Legislature (including every state Assembly Representative, and half of the State Senators whose terms ran on even cycles).

Retirements, resignations, and redistricting lead to many of us having new state legislators. Getting to know your new legislators and beginning to build a relationship with them is an essential first step. To find out who your state legislators are for the 2023-2024 Legislative Session go to the Wisconsin State Legislature homepage (<https://legis.wisconsin.gov/>) and type in your home voting address in the white box underneath "Who Are My Legislators?".



To find contact information for all state legislators, as well as the names of their staff, biographies of the legislators, and other important information, go here (<https://docs.legis.wisconsin.gov/2023/legislators/senate#staff>) for members of the Wisconsin Senate and here (<https://docs.legis.wisconsin.gov/2023/legislators/assembly#staff>) for members of the Assembly.

New legislative district maps are now available and can be found here:

- Statewide Assembly: <https://bit.ly/3Cycrfp>
- Statewide Senate: <https://bit.ly/3k7n96x>
- Wisconsin Members of the U.S. House of Representatives: <https://bit.ly/3GUqsXF>

Last week, members of Congress were also sworn in to the 119th Congress. Over the next few weeks contact information for Wisconsin's Members of the 119th Congress will be updated and available on the GWAAR website here: <https://gwaar.org/finding-your-elected-officials>. Contact information for Wisconsin's U.S. Senators can be found here: <https://www.senate.gov/states/WI/intro.htm>. To find out who represents you in the U.S. House of Representatives, in the upper righthand corner of this page (<https://www.house.gov/representatives>), enter your ZIP code in the white box to the left of the red "LOOK UP" box.

Please use the contact information and other details regarding your state and federal legislators to reach out to them and share how various issues are impacting you, your families, and the community members you serve. State issue priorities of the Wisconsin Aging Advocacy Network (WAAN) can be found here: <https://gwaar.org/waan-issues-and-initiatives>. Federal issue priorities will be posted at this same location in the coming months.

Family Caregiver Support

[Bryn Ceman](#), Older Americans Act Consultant - Family Caregiver Support Specialist

Need to Know

Reminder: County and Tribal/Aging Unit Caregiver Coalition Poll

The purpose of this poll is to gather information about the status of Caregiver Coalitions throughout the state so we can provide education about Caregiver Coalitions for newer Aging Unit staff and county staff. We understand that coalitions may have evolved over time, and we desire to learn what is working well and not so well today. Complete the survey here:

1. Does your County or Tribal/Aging Unit have an active Caregiver Coalition?
*

☐ Yes

☐ No

Submit

<https://forms.microsoft.com/r/dS765nKnd3> The survey will take you less than five minutes to complete. The survey will close on January 13, 2023 so there will be time to review and compile the results before the Caregiver Support Community Statewide Webinar on January 24, 2023.

Nice to Know

Articles and Marketing Materials Ready for Use

Need an article or other caregiver information for one of your upcoming newsletters? Check out our Family Caregiver Marketing Toolkit (<https://gwaar.org/family-caregiver-marketing-toolkit>) and our 2023 Newsletter Publications and Links (<https://gwaar.org/api/cms/viewFile/id/2007655>).

Health Promotion

[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

Nice to Know

Webinar: Quarterly Health Promotion

Tuesday, February 7 | 1-2:30 p.m.

Join us for our Quarterly Health Promotion webinar. The agenda is as follows:

- Welcome and Introductions
- GWAAR's new Learning Management System, GWAAR ED
- GWAAR OAA Title III-D Updates
 - 2022 Evidence-Based Program Summary SAMS/Wellsky
 - 2023 Planning - Break Out Room Discussions
- WIHA Updates

Click here to register: https://us06web.zoom.us/meeting/register/tZUtcuCtrjIiE93Q8zPYr6_dRWJ5cfQZ3U4h

Reminder: Save the Dates: University of Wisconsin-Madison Extension 2023 StrongBodies Leader Trainings

The StrongBodies Leaders Trainings for 2023 are now open for registration.

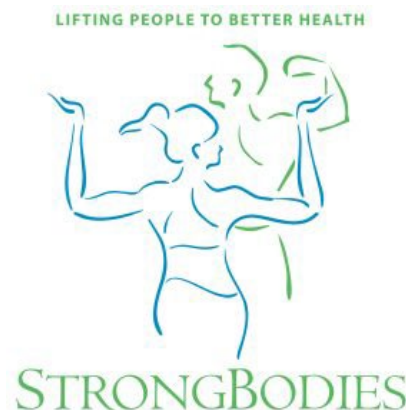
Training Dates:

- January 24, Janesville, WI
- April 12, Madison, WI
- August 9, Northern WI
- November 1, Appleton WI

An additional leader training for Spanish speakers will be scheduled this summer. The website will be updated when the details are set.

Registration can be found here:

<https://healthyliving.extension.wisc.edu/programs/strongbodies/become-a-leader/strongbodies-leader-training/>



Nutrition

[Pam VanKampen](#), Older Americans Act Consultant - Nutrition Specialist/Senior Center Representative

Nice to Know

March is National Nutrition Month

The theme for National Nutrition Month this year is “Fuel for the Future” (<https://www.eatright.org/national-nutrition-month>). Some materials are posted, and more will be added by the end of January. What a great month to host live Nutrition Education and/or cooking demos at the sites! Reminder, we have several materials on our website that can be used: <https://gwaar.org/nutrition-education-and-activities>

If you are interested in any promotional or nutrition education products, there are several options in this catalog:

<https://www.jimcolemanstore.com/nnm#:~:text=National%20Nutrition%20Month%C2%AE%20is,eating%20and%20physical%20activity%20habits>.