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Greater Wisconsin Agency on Aging Resources (GWAAR) News

Need to Know

Join Our New Education and Development Program, GWAAR ED

GWAAR has implemented a new online platform for training and professional development for the various Older Americans Act programs we support. GWAAR Education and Development, or GWAAR ED, will provide you the convenience of learning on a flexible schedule and at your own pace. In addition, GWAAR ED will give GWAAR better insight towards the training we provide, in both reporting and knowledge retention.

At this time, courses available in GWAAR ED include the following topics:

- Introduction to GWAAR ED
- GWAAR (general overview)
- AFCSP (Family Caregiver Support)
- NFCSP (Family Caregiver Support)
- Health Promotion
- Nutrition – Temperatures
- Transportation



Registration for GWAAR ED will be necessary as our training programs will be moving to this platform. You can register by filling out this form: <https://gwaar.wufoo.com/forms/z95v3sv0qqhoha/>

After you complete registration, you will receive an email with a link to create your password. If you do not see this email within two days please check your junk folder.

Nice to Know

Free COVID-19 At-home Tests Again Available Online

The White House has announced a new limited round of free at-home COVID-19 tests for the winter. Households can now order either standard at-home tests (<https://www.covid.gov/tests>) or tests that are more accessible for people who are blind or have low vision (<https://acl.gov/covid19/tests-people-who-are-blind-or-have-low-vision>). Shipping is free.

Older adults and people with disabilities who need support ordering the free at-home tests can contact the Eldercare Locator (800-677-1116 or <https://eldercare.acl.gov/Public/Index.aspx>) or the Disability Information and Access Line (DIAL, 888-677-1199 or <https://acl.gov/DIAL>). Staff are available to assist you from 8 AM to 9 PM ET Monday through Friday. They can help you learn more about testing options, including by connecting you to accessible instructions and helping with test administration.

ACL Shares OAA Factsheets and Infographics

The Administration of Community Living has several OAA Factsheets and Infographics available online:

<https://acl.gov/news-and-events/fact-sheets/publications-and-fact-sheets>.



The screenshot shows the ACL website's 'Ready-to-Publish Articles, Fact Sheets, and Infographics' page. It features a sidebar with navigation links like 'NEWSROOM', 'Latest News', 'ACL Updates', 'Announcements', 'ACL Blog', 'Ready-to-publish materials', 'ACL Logos', 'Articles, Infographics, and Fact Sheets', 'Videos', 'For Reporters', 'In the News', 'Events and Observances', and 'Speeches and Testimony'. The main content area is titled 'Ready-to-Publish Articles' and includes a table of articles with columns for Topic, Title, and Download.

Topic	Title	Download
Caregivers	Caring for YOUR Nutrition by ACL's National Nutritionist Judy Simon	PDF (241KB)
Caregivers	Feeding Your Loved One: Tips for Caregivers by ACL's National Nutritionist Judy Simon	PDF (343KB)
Assistive Technology	Assistive Technology: Tools to improve the everyday	Word (27KB)
Staying Engaged	Engage Virtually: Tips for Keeping Connected While Apart	Word (13KB)
Falls Prevention	Improvements for Independence: Modifications designed to prevent falls	Word (27KB)
Falls Prevention	Taking Steps to Prevent Falls	Word (11KB)
Staying Engaged	Giving to the Next Generation	Word (12KB)
Medication Safety	Prescription for a Healthy Holiday: Tips to safeguard your medicines	Word (23KB)
Long-Term Care	Why Everyone Should Plan for Long-Term Care	Word (28KB)
Emergency Preparedness	Preparing an Emergency Plan for Your Unique Needs	Word (47KB)

Family Caregiver Support

[Bryn Ceman](#), Older Americans Act Consultant - Family Caregiver Support Specialist

Need to Know

Reminder: County and Tribal/Aging Unit Caregiver Coalition Poll

The purpose of this poll is to gather information about the status of Caregiver Coalitions throughout the state so we can provide education about Caregiver Coalitions for newer Aging Unit staff and county staff. We understand that coalitions may have evolved over time, and we desire to learn what is working well and not so well today. Complete the survey here: <https://forms.microsoft.com/r/dS765nKnd3> The survey will take you less than five minutes to complete. The survey will close on January 13, 2023 so there will be time to review and compile the results before the Caregiver Support Community Statewide Webinar on January 24, 2023.

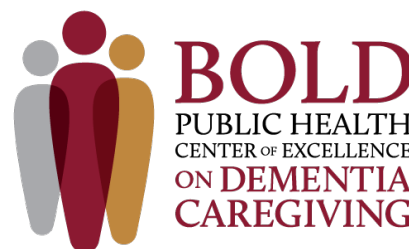
Nice to Know

Virtual Event: Implement the RAISE Strategy to Support Family Caregivers

January 12, 2023 | 11:00 a.m.

How do we elevate national recommendations to public health action when supporting dementia caregivers? Join experts from Mississippi, New York, Georgia, and more as they discuss how public health agencies and professionals can help to implement the RAISE National Strategy to Support Family Caregivers. Attendees will learn how other states are adopting RAISE recommendations, and how your agency's work can align with this unprecedented national strategy to support family caregivers of people with dementia.

To register, click here: https://umn.zoom.us/webinar/register/WN_BPgh6m5OSQ2BZu8YB4ec7w



Supporting Kinship/Grandfamilies During Holidays

Are you a professional working with kinship/grandfamilies? Ask grandparents and other kin/grandfamily caregivers how they are managing the transition to full-time caring for children. Share this resource with them. Encourage them to find peer support. Make referrals as needed. Finally, let grandparents and other kin/grandfamily caregivers know that their best is all children need—loving, consistent care is tremendous. For more information, visit <https://gwaar.org/api/cms/viewFile/id/2007649>

Health Promotion

[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

Nice to Know

Webinar: OAA Title III-D: Health Promotion and Disease Prevention Orientation

January 5, 2023 | 9:00 a.m.

Are you a new Health Promotion Coordinator or would like to brush up on your skills with the provisions and priorities of the Older Americans Act Title III-D - Health Promotion and Disease Prevention? This interactive, 90-minute session will review the infrastructure of the Aging Network, III-D funding, evidence-based programming, partnerships, etc. The orientation will be in a small group format, where it is highly encouraged to have cameras on (if available) and share your questions and experiences. If you would prefer an individual session, please contact Angie Sullivan at angela.sullivan@gwaar.org to schedule.

Register in advance for this meeting:

<https://us06web.zoom.us/meeting/register/tZwtcumvqDltGNAjJBgG5UQ5hfrpAwBF8Nvp>. After registering, you will receive a confirmation email containing information about joining the meeting.

Reminder: Save the dates! 2023 Quarterly Health Promotion Webinar Dates & Times Now Set

- Tuesday, February 7 1:00 - 2:30 p.m.
- Tuesday, May 2 1:00 - 2:30 p.m.
- Tuesday, August 1 1:00 - 2:30 p.m.
- Tuesday, November 7 1:00 - 2:30 p.m.

Zoom links will appear in the GWAAR Digest several weeks prior, as well as outlook calendar invites (with link embedded) to the Health Promotion Coordinators. Anyone is welcome to attend and learn more about the Health Promotion and Disease Prevention efforts with the Wisconsin Aging Network. If you would like your name and email to be added to the health promotion webinar list, please contact Angie Sullivan at angela.sullivan@gwaar.org.

