

# **Greater Wisconsin Agency on Aging Resources**

# **GWAAR News**

# Nice to Know

#### ACL Releases Annual Summary of Statistics on Older Adults

The Profile of Older Americans is an annual summary of the available statistics related to the older population in the United States. Principal sources of data are the U.S. Census Bureau, the National Center for Health Statistics, and the Bureau of Labor Statistics.

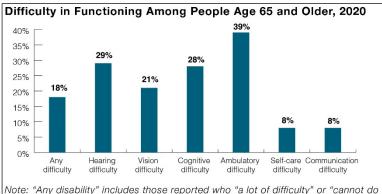
The Profile illustrates the shifting demographics of Americans age 65 and older. It includes key topic areas such as future population growth, marital status, living arrangements, income, employment, and health. This year's report includes a special section on family caregivers.

View the profile here:

https://acl.gov/sites/default/files/Profile%20of%20OA/2021%20Profile%20of%20OA/2021ProfileOlderAmerica ns 508.pdf

Highlights from the Profile:

- People 65+ are expected to represent 22 percent of the population by 2040.
- Of older adults living in the community, 60 percent lived with their spouse/partner in 2021. About 27 percent lived alone.
- In 2021, 10.6 million Americans age 65+ were in the labor force (working or actively seeking work).
- Between 1970 and 2021, the percentage of older persons who had completed high school rose from 28 percent to 89 percent.



Note: "Any disability" includes those reported who "a lot of difficulty" or "cannot do it at all" in any functioning domain. Source: Source: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health Interview Survey

• From 2020 to 2021, only 3 percent of older adults moved residence, as opposed to 10 percent of the population below age 65.

#### Ideas Needed: Help Create the Next Wisconsin State Dementia Plan

The Crisis Response in the Community Committee of Wisconsin State Dementia Plan would like to hear your ideas about the priorities for the next Wisconsin Dementia State Plan.

The current State Dementia Plan has been looking closely as provision of crisis services to persons with dementia in the community as one of the major focus areas of the current state plan. The current state plan will wrap up at end of 2023 and we are currently seeking feedback for the next state plan. Please consider joining us virtually to discuss crisis response to persons with dementia and/or providing feedback through general survey. Space is limited and need for additional sessions will be considered in 2023 if needed. See below links:

- December 8 | 1-2:30 p.m.
  - Registration Link: <u>https://dhswi.zoomgov.com/meeting/register/vJItf-yopzgiHUSux7ISJn7qoR49P9kwzA</u>
- December 13 | 10-11:30 a.m.
  - Registration Link: https://dhswi.zoomgov.com/meeting/register/vJIsceutqT0uGD3P\_Y017exaYuFzdoIA9bE

Your opinion matters to us, please register for one of the two community conversations listed above and/or take the following survey: <u>https://www.surveygizmo.com/s3/6871876/2024-2028-State-Dementia-Plan-Survey</u>

# **Family Caregiver Support**

Bryn Ceman, Older Americans Act Consultant - Family Caregiver Support Specialist

# Need to Know

# Have Five Minutes? Please Share the Family Caregiver Involvement - Hospital Discharge Survey

Please consider completing and sharing this survey directly with caregivers, colleagues, and others whom you feel could offer insight: <u>https://forms.office.com/r/Jhw6C5KmBa</u>

The purpose of the Family Caregiver Involvement - Hospital Discharge Survey is to collect Wisconsin family caregiver experiences at the time of a loved one/care recipient's hospital discharge. Greater Wisconsin Agency on Aging Resources, Inc (GWAAR) is collecting this information to learn about caregiver involvement at the time of discharge. The survey will take less than five minutes of your time to complete and will provide valuable information to further advocacy efforts. We have extended the survey until December 15, 2022. Family Caregiver Involvement - Hospital Discharge Survey

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For this survey, a "family caregiver" is defined as any relative, partner, friend, or neighbor who has a significant personal relationship with and provides a broad range of assistance for, an older person or an adult with a chronic or disbiling condition. Responses to this survey will be combined with overall results to understand the hospital discharge process in urban cities, rural communities, and elsewhere throughout the state of Wisconsin. The data collected will be shared to promote advocacy efforts within the legislation, administrative rules, and healthcare systems and associations. Information collected will be kent anonymous.

* Required	
1. Are you a family carec	giver now or have you been a family caregiver in the past three years?
⊖ Yes	
O No	
2. As a family caregiver, Wisconsin in past thre *	was the person you provide(d) care for hospitalized in the state of e years?
⊖ Yes	
O No	
Submit	

## County and Tribal/Aging Unit Caregiver Coalition Poll

The purpose of this poll is to gather information about the status of Caregiver Coalitions throughout the state so we can provide education about Caregiver Coalitions for newer Aging Unit staff and county staff. We understand that coalitions may have evolved over time, and we desire to learn what is working well and not so well today. Complete the survey here: <u>https://forms.microsoft.com/r/dS765nKnd3</u> The survey will take you less than five minutes to complete. The survey will close on January 13, 2023 so there will be time to review and compile the results before the Caregiver Support Community Statewide Webinar on January 24, 2023.

#### Nice to Know

### **Volunteer Driver Turnkey Kit**

Shepard's Centers of America is offering a free Volunteer Driver Turnkey Kit to aid in the development of a new or to enhance an existing volunteer driver program for caregivers and care recipients.

With more than one in five older Americans 65+ not driving, the need for transportation services is critical to ensure access to medical care, grocery shopping, and life-enriching social opportunities. The Shepherd's Centers of America network is committed to providing volunteer driver services to support older adults living in their own homes and communities. That's why, with leadership from Dr. Helen Kerschner, we are honored to provide a revised and expanded Volunteer Driver Program TurnKey Kit, based on decades of experience, to help enhance capacity of existing programs and help launch new programs in unserved communities. This TurnKey Kit offers informational and technical materials related to the planning, implementation, and evaluation of volunteer driver programs. Included are new and revised fact sheets and exercises, educational materials, survey instruments, workbooks, publications, and risk management resources. We are happy to help you in your efforts to offer quality volunteer transportation services. Contact us at staff@shepherdcenters.org. Look under Program Planning: <u>https://www.shepherdcenters.org/turnkey-kit/</u>



# **Health Promotion**

Angie Sullivan, Older Americans Act Consultant - Health Promotions Specialist

#### Nice to Know

# **Calendar of Social Engagement Opportunities**

The National Resource Center for Engaging Older Adults has created a calendar of outreach opportunities that can be used to build awareness of the value that staying active and engaged in the community provides for older adults, people with disabilities, caregivers and communities. Use this tool to promote social engagement through social media, emails or newsletters to encourage participation in your organization's activities and events. View the calendar here:

https://static1.squarespace.com/static/5b855bd5cef372d1e9a8ef0e/t/62c4851ea16501756e22f01e/16570463 03638/engAGED+Calendar+Flyer-22-508.pdf

# Reminder: Webinar: OAA Title III-D Health Promotion and Disease Prevention Orientation

## Thursday, December 8 | 9-10:30 a.m.

In this 90 minute live, interactive, virtual session participants will be provided with an overview of the Older Americans Act Title III-D. Learn about the criteria and advantages of high-level evidence-based programming, allowable and non-allowable programming costs, and reporting requirements.

This orientation is applicable for new or existing staff members who are responsible for OAA Title III-D programming - Aging Unit Directors/Supervisors, Health Promotion Coordinators, fiscal staff as well as SAMS/Wellsky data entry staff.

Please register in advance here <u>https://us06web.zoom.us/meeting/register/tZltce6przgvHt1-</u> <u>go2wxxmdiBUW8WKJSOS-</u>. After registering, you will receive a confirmation email containing information about joining the meeting.

If you prefer an individualized orientation, please email <u>angela.sullivan@gwaar.org</u> to schedule.

In addition to this live session, there is a brief 20-minute recorded session on the GWAAR Website under Health Promotion/Technical Assistance/Health Promotion Conferences and Trainings.

#### **Reminder: Social Isolation and Loneliness Resources Available**

engAGED The National Resource Center for Engaging Older Adults has created a list of resources that are aimed at organizations serving older adults, people with disabilities and caregivers and provide a variety of social engagement innovations, guidance and tools. Some examples of resource topic areas include: Arts and Creative Expression,



The National Resource Center for Engaging Older Adults

Intergenerational Activities, Meals and Nutrition, Mental Health,

Serving Diverse Populations, Technology, Volunteerism among others. Check them out online at <u>https://www.engagingolderadults.org/external-resources</u>.

# **Nutrition**

Pam VanKampen, Older Americans Act Consultant - Nutrition Specialist/Senior Center Representative

# Need to Know

# **Required Annual Nutrition Staff and Volunteer Training Information**

We are happy to provide you with options for your required annual Nutrition training for staff and volunteers of the Elder Nutrition Program. Please complete it by the end of 2022 or as soon as you can in 2023. If you attended one of the four in-person trainings in the GWAAR Service Area or the live virtual training in Hayward, you have completed your annual requirement. However, you can still use this document for training additional staff and volunteers and/or as a reinforcement of specific tasks.

Please see the summary document (<u>https://gwaar.org/api/cms/viewfile/id/2007643</u>) that walks you through the training materials if you are conducting your own local training. Be sure to include the required topics at a minimum (50th Anniversary, Food Safety (Temp logs/thermometer calibration and What's Wrong with this Picture), and Diversity (Glance Into 3 Cultures)). The other topics are practical and can count toward the required training topics and hours for the year/plan period.

Be sure to communicate your training plans/agenda with your nutrition team representative or let them know if you have any other questions.

Agenda and link for handouts: <u>https://gwaar.sharepoint.com/:f:/s/gwaaraging/Erj9-</u> <u>QrOImJMqIxE0FlgqzMB9ieUE2k5YiYh4aTpfe7OwQ?e=arrvZA</u>

Please note the documents are read-only, if you want to customize the evaluation or training certificate or any of the other materials, please download a copy to your computer and resave it, then you should be able to make edits.

Thank you, Jean Lynch <u>Jean.lynch@gwaar.org</u>, Lori Fernandez <u>lori.fernandez@gwaar.org</u> and Pam VanKampen <u>Pam.vankampen@gwaar.org</u>

#### Nice to Know

#### **Conference Call: Volunteer Management**

Thursday, December 8 | 12:00 pm

UST is hosting a call about Volunteer Management.

UST By Nonprofits For Nonprofits

From recruiting and training to engagement and retention, your organization has likely invested a great deal of time and effort into ensuring your volunteer program is successful. Volunteers make up an essential part of a nonprofit's workforce—making effective volunteer management strategies vital to an organization's day-to-day operations and key to developing and maintaining volunteers that are knowledgeable, passionate and dedicated. With relevant training, proper supervision and meaningful recognition you can improve volunteer retention rates and increase engagement. Join us for our next edition of UST Live as we welcome leaders with expertise in volunteer development, management and engagement. In this session, we'll explore:

- Ideas for increasing volunteer acquisition and retention rates
- Tips for developing and implementing thoughtful training strategies
- The importance of volunteer recognition and keeping them engaged

Register now: https://register.gotowebinar.com/register/7975167280341627916