

WISCONSIN

disability

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Greater Wisconsin Agency on Aging Resources

Advocacy

Janet Zander, Advocacy and Public Policy Coordinator

Need to Know

GW aar

Wisconsin Disability Vote Coalition Rides to the Polls: November 2022 Election

Find out what agencies and counties are providing transportation for voting, with a focus on those who serve people with disabilities and older adults, including accessible transportation at: https://disabilityvote.org/rides-to-polls/.

Note, many of the options require advance notice. To be added to the list or to share any updates, please email info@disabilityvote.org.

Nice to Know

Save the Date: Aging Advocacy Day 2023

The Wisconsin Aging Advocacy Network (WAAN) is planning for an in-person Aging Advocacy Day (AAD) 2023 event in Madison. AAD 2023 is scheduled for May 9, 2023. Please mark your calendars and stay tuned for additional updates!



Family Caregiver Support

Bryn Ceman, Older Americans Act Consultant - Family Caregiver Support Specialist

Need to Know

Reminder: Feedback Requested on the National Strategy to Support Family Caregivers

Administration for Community Living (ACL) is accepting comments on the National Strategy to Support Family Caregivers through to November 30. Comments received from the public will be used to inform the ongoing work of two Congressionally mandated caregiving advisory councils, as well as to inform future updates to the strategy. Please provide feedback on any part/s of the strategy you feel strongly about: https://acl.gov/CaregiverStrategy/Comments

Reminder: Policy Update for 2023!

DHS/BADR is extending COVID-19 policy waivers through the end of 2023 in response to the ongoing pandemic and the professional caregiving/respite provider workforce shortage in our state.

Local programs are encouraged to consider how these waivers may affect expenses when calculating and submitting budgets for CY2023.

You have already received these Policy updates from Lynn Gall (DHS). You can also find these documents on the GWAAR websites:

AFCSP --> Policy (https://gwaar.org/alzheimers-family-caregiver-support-program)

- 2023 Guidance Updated 10.19.22: https://gwaar.org/api/cms/viewFile/id/2007604
- 2023 Stipends for Non-Professional Care Respite Updated 10.19.22: https://gwaar.org/api/cms/viewFile/id/2007603

NFCSP --> Policy (<u>https://gwaar.org/national-family-caregiver-support-program</u>)

- 2023 Guidance Updated 10.19.22: https://gwaar.org/api/cms/viewFile/id/2007606
- 2023 Stipends for Non-Professional Care Respite Updated 10.19.22: https://gwaar.org/api/cms/viewFile/id/2007605

Nice to Know

November is National Family Caregiver Month

This is just a reminder that this week starts the beginning of National Family Caregiver Month. In addition to the Marketing Toolkit Here are the Presidential and Gubernatorial Proclamations.

- Marketing Toolkit: <u>https://gwaar.org/api/cms/viewFile/id/2007593</u>
- Presidential Proclamation: <u>https://www.whitehouse.gov/briefing-room/presidential-actions/2022/10/31/a-proclamation-on-national-family-caregivers-month-2022/#:~:text=NOW%2C%20THEREFORE%2C%20I%2C%20JOSEPH,as%20National%20Family%20Caregivers%20Month
 </u>
- Governor's Proclamation: <u>https://gwaar.org/api/cms/viewFile/id/2007619</u>

Additionally, you may also like to share information from the National Council on Aging (NCOA). They have included a shareable social media campaign: How to Honor Caregivers During National Family Caregivers Month (<u>https://www.ncoa.org/page/national-family-caregivers-month</u>).

November is National Family Caregiver Month







Health Promotion

Angie Sullivan, Older Americans Act Consultant - Health Promotions Specialist

Nice to Know

Social Isolation and Loneliness Awareness Week Toolkit 2022

This toolkit (<u>https://gwaar.org/api/cms/viewfile/id/2007620</u>) was prepared by the Wisconsin Coalition to End Social Isolation and Loneliness. Social Isolation and Loneliness Awareness Week takes place November 13-19, 2022.

The toolkit was designed so that you can pick and choose the resource(s) that makes the most sense for your work and what you want to do during awareness week. You will find areas that are yellow-highlighted—these sections prompt you to add in your own specific details. Please feel free to use this toolkit as a guide and modify as needed. Please reach out to Carleigh Olson

(carleigh.olson@dhs.wisconsin.gov) with any questions.

Eat Smart, Move More, Weigh Less Online -- Learn More

Are you struggling to find high-level evidence-based health promotion programming for your community? Eat Smart, Move More, Weigh Less is an online weight management program that uses strategies proven to work for weight loss and maintenance. Each lessons informs, empowers and motivates participants to live mindfully as they make choices about eating and physical activity.

Eat Smart, Move More, Weigh Less is delivered in an interactive real-time format with a live instructor who is employed by NC State University. The Aging Unit markets the program in their community with a customized flyer, and registers the participant for the online program and then turns over the facilitation to NC State University. To find out

more about how this program could work in your community listen to this recorded session that was recently provided to the Wisconsin Aging Network.

For more information on OAA Title III-D (Health Promotion and Disease Prevention) programming please contact Angie Sullivan at <u>angela.sullivan@gwaar.org</u> or 608-228-8081.

Falls Free Wisconsin Webinar: Strategies to Build and Sustain Community Fall Prevention Coalitions in Wisconsin

November 7 | 10:30 a.m. - Noon

Innovative Approaches to Falls Prevention in Wisconsin Communities

Wisconsin has the highest rate of deaths due to falls among older adults in the country. We can do something about that! Join us for this webinar to learn about falls prevention efforts making a difference in communities around the state.

In this webinar, you'll learn about three models for creating and sustaining a community-wide fall prevention coalition. Hear from organizers who will discuss how the efforts were developed and sustained and get advice



The toolkit was designed so that you can pick and choose the resource(s) that makes the most sense for your work and what you want to do during awareness week. You will find areas that are yellow-highlighted - these sections orompt you to add in your own specific details. Please feel free to use this toolkit as a guide and modify as needed. Please reach out to Carleigh Olson (carleights.clson@dts.wisconsin.gov) with any questions.





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for starting one in your community. Falls Free Wisconsin Coalition members will introduce a Coalition Quick Guide to help you on your journey.

To register, visit <u>https://bit.ly/3DgR9DY</u>.

Contact <u>Kris.krasnowski@wihealthyaging.org</u> for more information, or view the flyer: <u>https://gwaar.org/api/cms/viewfile/id/2007621</u>.

Nutrition

<u>Pam VanKampen</u>, Older Americans Act Consultant - Nutrition Specialist/Senior Center Representative

Nice to Know

Food Safety Brochures and Publications Available

Wednesday, August 24, 2022 |Noon to 1 pm CT | Includes 1 complimentary CE credit*

You can view the brochures and booklets online: <u>https://www.fsis.usda.gov/food-safety/safe-food-handling-and-preparation/brochures-publications</u>.

If you prefer hardcopies, first visit their website to find a list of our Food Safety Brochures and Publications. Then you may e-mail your request to <u>fsis.outreach@usda.gov</u> or call the Meat and Poultry Hotline at 888-MPHotline (888-674-6854).