

Cholesterol Education Month

Find the hidden words in this puzzle that relate to Cholesterol education. Have fun and good luck!

E R F F C H O X A H T S I N J Z K V F M
 E M J M S T D R R F X Q H V L Y J N N G
 P R U N S A T U R A T E D U Z I N K C C
 W K P X B E N F Y S Z S M T K U V N R C
 Q T K P R U I F W V T A N U L W K P X L
 I Y A I J S Q V N M N E X I E F N F O V
 H N E X C K X E S T M F E X M S X M G J
 O S B O P O C Q I E H X F T R A E H H B
 R D Y R T J G O V G E W K X L K T D R T
 M T P V P V X O D R Z G U I V F C I E Y
 O J A F M I M I C U S O P N J H D R V W
 N H H P D B L I L F V O V C O M Q Z O D
 E P T A M Q S P T Z P D A L B P J X K L
 S R N A A E O Y T R W I E V L O U T K Q
 G T E I Y U I T O J P S S S U W G R F Y
 S D O Z I S Q T N Q T Z L Q U Z M C Y S
 S U H L X Y E A T E I Y R H F O U Y K M
 O C N O I I C R R I N Q X H L O R N O A
 J Y T O N E L O O P K M M B F O M L X O
 B W G Q P D L C N L E G E N E T I C S O

ANTIOXIDANTS
 CHOLESTEROL
 LIPOPROTEIN
 VITAMINS
 GOOD

HEART
 GENETICS
 UNSATURATED
 HORMONES

MOVEMENT
 EXERCISE
 ARTERIES
 BAD