



## Greater Wisconsin Agency on Aging Resources

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### GWAAR News

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#### ***Need to Know***

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##### **Join the Board of Directors**

If you'd like to play a role in shaping the direction of programs and services for older people in the state, we invite you to volunteer for the Board of Directors of the Greater Wisconsin Agency on Aging Resources (GWAAR), Inc. Our mission is to provide aging offices with training, technical assistance, and support to improve the well-being of older people in Wisconsin. Please fill out our online application:

<https://gwaar.org/api/cms/viewFile/id/2005629>.

### Advocacy

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[\*Janet Zander\*](#), *Advocacy and Public Policy Coordinator*

#### ***Nice to Know***

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##### **Call for Action: Contact Your Senators This Week Regarding Older Americans Act (OAA) Funding for FY 2023**

Time is running out. We only have a few weeks left to influence Senate spending recommendations for OAA and other aging service programs. Senate appropriators are expected to release their draft spending bill by the end of July.

The House budget released earlier saw funding increases for most OAA programs of 12 to 20 percent. We cannot afford to lose ground during this initial Senate appropriations process. It's imperative we push the Senate to champion FY 2023 funding levels advanced by our national partner USAging or, at minimum, support the House-passed levels (see USAging's current appropriations chart:

<https://www.usaging.org/Files/FY%202023%20House.pdf>).

We must ensure that FY 2023 appropriations figures reflect the ongoing and growing need to sustain and expand the life-saving programs and services provided under the OAA. Senate appropriators must understand the incredible work you have done, why it matters to the health and independence of their constituents—and that this work needs to be sufficiently funded.

Take action this week: We need you to reach out to our U.S. Senators Tammy Baldwin and Ron Johnson (contact information can be found here: <https://gwaar.org/api/cms/viewFile/id/2004017>) and ask them to commit to supporting the highest possible spending levels—the House-passed levels or higher—to support older adults and caregivers in their communities! Please localize your request by providing local statistics that demonstrate the need for an increase in OAA funding and make sure to highlight the growing demand for services in your community. Explain what increased OAA funding would mean for the older adults and caregivers in your community, tribe, or state. Encourage older adults, caregivers, and volunteers to share their stories with the Senators.

It only takes a few minutes to make a call or send an email, but your small action can make a difference! Thank you in advance for your advocacy.



## Key Questions for Candidates - 2022 Elections

Election season is an important time to educate the candidates and the community about policy issues that are important to voters with disabilities. The Disability Vote Coalition is providing candidate questions and background for you to use to educate candidates who will be on your ballot in 2022.

Get involved! Share these questions with candidates at a candidate forum, in an email, a post to social media, or in a letter to the editor:

- Key Questions for Candidates for State Office: <https://disabilityvote.org/wp-content/uploads/2020/07/DVC-Key-Questions-for-State-Candidates-acc.pdf>
- Key Questions for Candidates for Congressional Office: <https://disabilityvote.org/wp-content/uploads/2020/07/DVC-Congressional-Candidate-Questions-acc.pdf>

## Family Caregiver Support

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*[Bryn Ceman](#), Older Americans Act Consultant - Family Caregiver Support Specialist*

### ***Need to Know***

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#### **Mark Your Calendars! Our Caregiver Support Community Statewide Call is July 26**

Tuesday, July 26 | 10:00 a.m. CT

Hear updates on Public Policy and Advocacy. Learn DHS and GWAAR updates related to Caregiver topics. Learn about Tualta content and last, but not least we will hear from Dr. Jennifer Heston-Mullins from Miami, Scripps Gerontology Center about Our Family, Our Way resources. Our Family, Our Way is a communication and care coordination process developed by Miami University's Scripps Gerontology Center to help caregiving families think and talk about caregiving. Many resources and planning materials are available free of charge.

Microsoft Teams meeting link: [https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_NDRINjc1OGMtNzg3MS00MzhiLTkxNmYtYWE3OTM4NGRhMTgw%40thread.v2/0?context=%7b%22Tid%22%3a%228e087664-409d-4c4c-a6b4-7aa01020d6ea%22%2c%22Oid%22%3a%22394578c8-c741-45f1-a9f0-7518f82bcedb%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_NDRINjc1OGMtNzg3MS00MzhiLTkxNmYtYWE3OTM4NGRhMTgw%40thread.v2/0?context=%7b%22Tid%22%3a%228e087664-409d-4c4c-a6b4-7aa01020d6ea%22%2c%22Oid%22%3a%22394578c8-c741-45f1-a9f0-7518f82bcedb%22%7d)  
Or call in (audio only): (877) 565-2671, Phone Conference ID: 468 991 500#

#### **Join Us: Professional Caregiver Training for Tualta July 26**

Tuesday, July 26 | 11:15 a.m. CT

Professional Caregiver Training for Tualta will be offered following our Caregiver Support Community Statewide Call on Tuesday, July 26. Our Caregiver Support Community Statewide Call begins at 10:00 a.m.; the Tualta Training will be offered at 11:15 a.m. Kenosha County's own Margaret Ricchio will walk us through her onboarding of Tualta. You will become familiar with Staff Space, learn how to communicate with registered Caregivers, and how to educate others about Tualta. No need to register, simply join us at 11:15 a.m. and come ready with questions.

See the article above for information to join the Caregiver Support Community Statewide Call.

## Nice to Know

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### Free Workshop: Bring Respite to Your Community

This FREE workshop will provide you with the information and building blocks needed to start a respite program in your community. You will have the opportunity to offer and receive feedback from others starting programs in their communities, allowing you to build a support system throughout Wisconsin.

BRYC is a six-week course. The first, third, and fifth weeks consist of online modules for you to complete on your own time. The second, fourth, and sixth weeks are virtual, face-to-face meetings at a scheduled time.

Four sessions are being offered in 2022 for Wisconsin Residents. If you have questions, please contact BRYC's instructor Val Madsen:

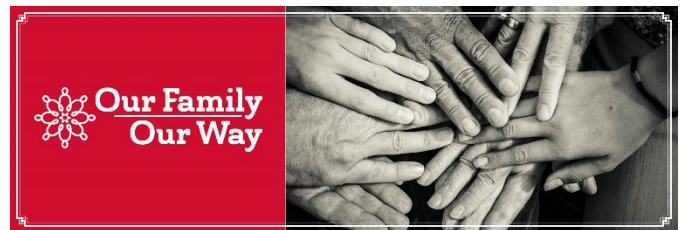
[vmadsen@respitecarewi.org](mailto:vmadsen@respitecarewi.org) For more information, visit: <https://respitecarewi.org/bringing-respice-to-your-community/>



### New Resources Available from Scripps Gerontology Center

Our Family, Our Way is a communication and care coordination process developed by Miami University's Scripps Gerontology Center to help caregiving families think and talk about caregiving. Offers:

- Family Meeting Materials
- Videos for Caregiving Families
- Tip Sheet for Caregiving Families
- Other Resources for Caregiving Families
- Materials for Professionals



For access to these resources, visit:

<https://www.miamioh.edu/cas/academics/centers/scripps/research/ofow/index.html>

### Webinar: Emergency Response for People Living with Dementia and Their Caregivers: Preparing for Emergencies via Coordinated Efforts of First Responders and Local Aging Organizations

Tuesday, July 19 | 12:00 p.m. CT

The Middle Alabama Area Agency on Aging and Pelham Fire Department have worked closely the last several years on a variety of innovations under the aging network to produce better outcomes for Area Agency on Aging clients. During this webinar, they will share how these partnerships started, give examples of the innovative programs on which they have collaborated, and most importantly, provide information on how to better prepare organizations and clients living with dementia and their caregivers for a disaster before it happens. The knowledge gained in this webinar can assist organizations as they develop emergency planning materials for clients living with dementia and when identifying and implementing practices for pre-disaster readiness and post-disaster needs. This webinar is part of the National Alzheimer's and Dementia Resource Center webinar series, sponsored by the Administration for Community Living.

Register now: <https://www.asaging.org/web-seminars/emergency-response-people-living-dementia-and-their-caregivers-preparing-emergencies>

## Health Promotion

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[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

### **Need to Know**

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#### **Webinar: Quarterly Health Promotion Updates**

Tuesday, August 9, 2022 | 9:00 a.m.

You're invited to attend the next Quarterly Health Promotion Webinar. Milwaukee Area Health Education Center will be discussing the role of Community Health Workers in the Wisconsin Aging and Disability Network. In addition, representatives from the Falls Free Wisconsin Coalition will be presenting the new Falls Free Wisconsin Coalition Quick Guide that has been designed to assist grassroots organizations in the development of a Falls Prevention Coalition in their community. As always, GWAAR and WIHA will have important updates. The webinar will be recorded and posted on the GWAAR Website.

Registration is not required, and please pass along to any staff members that may be interested. Please contact Angie Sullivan at [angela.sullivan@gwaar.org](mailto:angela.sullivan@gwaar.org) or (608) 228-8081.

Zoom meeting link: <https://us06web.zoom.us/j/88904398892?pwd=cGhzQ2k2aG5lWks0K2cxSGdwSDZlZz09>  
Meeting ID: 889 0439 8892  
Passcode: 525456

### **Nice to Know**

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#### **engAGED and Commit to Connect: Virtual Social Engagement Summit: Promoting Social Connectedness Across Ages, Abilities, and Communities**

Tuesday, August 2 and Wednesday, August 3 | 12:00 -2:30 p.m. CT

Join engAGED and Commit to Connect for a joint two-day Virtual Summit! The Summit will bring together researchers and national, state, and local leaders for discussions regarding the current state of social isolation research and practical implications for the social engagement work of the Aging Network, disability network, and partner organizations. The Summit will also showcase local examples of engagement opportunities and creative solutions that address social isolation and spur ideas for replication at the local level. View the agenda: <https://www.engagingolderadults.org/2022-virtual-summit>

#### **Reminder: Vaccination Outreach Materials Available Through WIHA**

The Wisconsin Institute for Healthy Aging (WIHA) promotes programs and practices that support healthy aging. To that end, they've created vaccination outreach materials to encourage older adults and their families to get flu and COVID vaccines in an effort to avoid and reduce the most serious effects of these viruses.



The upcoming flu vaccination season will be here before you know it, so WIHA is sharing materials and content for you to use in your late summer, early fall publications, social media and other places you connect with the consumers in your area.

WIHA will be sharing materials for COVID outreach shortly. If you have questions, please contact Kris Krasnowski, [kris.krasnowski@wihealthyaging.org](mailto:kris.krasnowski@wihealthyaging.org) or 608-333-2860.

Find video, graphics, articles and social media posts by visiting: <https://wihealthyaging.org/flu-vaccination-2022>

## Nutrition

[Pam VanKampen](#), Older Americans Act Consultant - Nutrition Specialist/Senior Center Representative

### Nice to Know

#### Webinar: Combating Food Insecurity with Collaboration

Thursday, July 21, 2022 | 2:00 – 3:00 p.m. CT

On July 21, join the Administration for Community Living's (ACL) Office of Nutrition and Health Promotion Programs (ONHPP) for a webinar on combating food insecurity with collaboration. Participants of this webinar will learn how food insecurity affects older adults, how federal programs – including ACL's National Senior Nutrition Program – are addressing food insecurity in communities, and how to identify and engage potential collaborators among community stakeholders to ensure older adults can access nutritious foods.

Presenters:

- Kathryn Tucker, MS, RD, LD, Contractor, ACL
- Tim Getty, Regional Nutrition Coordinator, Heritage Area Agency on Aging

Register now: [https://us06web.zoom.us/webinar/register/WN\\_g6PtfzT0Q-6HRccSc1-UMQ](https://us06web.zoom.us/webinar/register/WN_g6PtfzT0Q-6HRccSc1-UMQ)

#### The Food Hero Older Adults- New Resources Available

In addition to the amazing Food Hero Cookbooks that we have shared in the past, there is now a new section specifically for older adults on this website: <https://www.foodhero.org/older-adults>. You will find handouts for recipes, brain teasers (puzzles), monthly handouts, infographic handouts, even coloring pages, and more! They also have recipes categorized for one-to-two servings: <https://www.foodhero.org/recipes/category/5766>. This is great information to include in your Welcome Packets, distribute monthly, put in your newsletters, etc.

