

# Greater Wisconsin Agency on Aging Resources

# Family Caregiver Support

Bryn Ceman, Older Americans Act Consultant -Family Caregiver Support Specialist

#### Need to Know

### Survival Coalition Family Caregiver Survey

GWAAR is a member of the Survival Coalition of Wisconsin Disability Organizations. We are helping to circulate the Family Caregiver Survey and it's our hope you can do the same. The main focus of this survey is to learn more about how the direct care workforce shortage has further impacted family caregivers. If you are a family caregiver, if you work with family caregivers or if you have a listserv that would be appropriate to share this survey with, please do so! Feel free to use that text below to help promote the survey. Thank you for your help!

Survival Coalition Family Caregiver Survey

- Are you a family caregiver who provides care to a loved one?
- Have you been unable to find direct care workers to hire? Are you picking up the pieces and filling in the gaps yourself?
- Are you employed full or part time, or not working to make sure your loved one has the care they need?
- Have you worried what would happen if you suddenly became unable to do your caregiving duties because of physical injury or illness?

#### You are not alone.

Your stories are needed to show policy makers the reality of many people's day to day lives. Please take the Survival Coalition Family Caregiver Survey before June 17, 2022. Survey results will be used to educate policy makers, shared with media outlets and advocates. Take survey here: https://www.surveymonkey.com/r/22SurvivalCaregiverCrisis

#### Nice to Know

#### **Caregiver Support Program**

211 Wisconsin / United Way of Wisconsin - in partnership with AARP Wisconsin - is focused on caregiver supports to walk alongside caregivers in their role of providing care.

This outreach program offers 1:1 phone calls with a dedicated and trained 211 Caregiving Specialist that provides:

- Supportive listening
- Referrals to resources based on your request and needs
- Follow up calls regarding referrals to discuss any issues or additional needs
- Calls arranged to meet your schedule

Please fill out the form here: <u>https://211wisconsin.communityos.org/caregiverprogramreferralform</u>. Once submitted, a 211 Outreach Specialist will reach out to the associated caregiver to complete an intake appointment. Please expect a call within 3 days of your submission.

If you would like assistance please call 833-572-1599 to speak with an outreach specialist.

United Way of Wisconsin



#### Family Caregiving Kit Available

Through United Way's partnership with AARP, caregivers and caregiver coordinators can request AARP's Family Caregiving Kit. The Caregiving Kits can be mailed to staff or caregivers they work with. AARP's Family Caregiving Kit is loaded with valuable information, materials, and resources for those caring for a loved one. This kit includes Prepare to Care, Financial Workbook for Family Caregivers, information on using Ridesharing Apps, Fraud Watch Guides and more. Get the kits here: <u>https://survey.alchemer.com/s3/6865445/AARP-s-Family-Caregiving-Kit</u>

#### Reminder: When a Workforce Shortage Crisis and a Caregiving Crisis Meet

The workforce shortage crisis being felt by businesses across Wisconsin includes a characteristic that is often overlooked: The need to support family caregivers in the workplace. Employers experience a drain on productivity when employees struggle to balance their work lives with the responsibilities of caring for children, aging relatives, or disabled family members. In a recent survey, more than eight in ten employed caregivers in Wisconsin reported having their work life interrupted, resulting in workplace accommodations such as using flex time, reducing work hours, or quitting work entirely. Read the entire press release from the Wisconsin Family and Caregiver Support Alliance here: <a href="https://wisconsincaregiver.org/data/media/39/final-survey-report-press-release.pdf">https://wisconsincaregiver.org/data/media/39/final-survey-report-press-release.pdf</a>

# **Health Promotion**

Angie Sullivan, Older Americans Act Consultant -Health Promotions Specialist

Nice	to	Know	
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Need to Know

Older Americans Act Title III-D - Health Promotion and Disease Prevention Orientation

*Thursday, July 14<sup>th</sup>* 9:00 - 10:30 a.m.

Registration required - email Angie Sullivan at angela.sullivan@gwaar.org to register

Would you like to learn more about the provisions and priorities of the Older Americans Act Title III-D (Health Promotion and Disease Prevention)? The orientation will review the structure of the Wisconsin Aging Network, background information on the Older Americans Act, as well information on evidence-based health promotion programs and resources to assist in expanding health promotion programming to older adults in your

community. All are welcome to attend; however, if you are a new Aging Unit Director and Aging Supervisor this training is essential to your overall success in your health promotion efforts.

## Vaccination Outreach Materials Available Through WIHA

The Wisconsin Institute for Healthy Aging (WIHA) promotes programs and practices that support healthy aging. To that end, they've created vaccination outreach materials to encourage older adults and their families to get flu and COVID vaccines in an effort to avoid and reduce the most serious effects of these viruses.

The upcoming flu vaccination season will be here before you know it, so WIHA is sharing materials and content for you to use in your late summer, early fall publications, social media and other places you connect with the consumers in your area.

WIHA will be sharing materials for COVID outreach shortly. If you have questions, please contact Kris Krasnowski, kris.krasnowski@wihealthyaging.org or 608-333-2860.

Find video, graphics, articles and social media posts by visiting: <u>https://wihealthyaging.org/flu-vaccination-2022</u>

