



Volume 4, No. 18, May 10, 2022 Office (608) 243-5670 Fax (866) 813-0974 info@gwaar.org

Greater Wisconsin Agency on Aging Resources

Links to files may download or open, depending on your settings.

Network News

Nice to Know

Reminder: Free Virtual 5th Annual Older Adult Mental Health Awareness Day Symposium Next Week

Monday, May 16

Register for the event:

https://connect.ncoa.org/oamhad2022?utm_source=Toolkit&utm_medium=Social&utm_campaign=OAMHAD&j=1495320&sfmc_sub=191082430&l=6707_HTML&u=33587582&mid=515008575&jb=0

Mental health is critical to well-being at every age. Join a free virtual event on May 16 that will empower professionals with the latest tools to improve the lives of older adults in their communities.

The all-day symposium is sponsored by the National Council on Aging, Administration for Community Living, Substance Abuse and Mental Health Services Administration, Health Resources and Services Administration, and E4 Center of Excellence for Behavioral Health Disparities in Aging.

Advocacy

[Janet Zander](#), *Advocacy and Public Policy Coordinator*

Nice to Know

The Administration for Community Living (ACL)

Request for Information on OAA Regulations and Informational Webinar

The Administration for Community Living (ACL)/Administration on Aging (AoA) published a formal request for information (RFI) in the Federal Register. The RFI solicits recommended changes, deletions, or additions to the regulations governing the Older Americans Act (OAA), Title III (Grants to State and Community Programs on Aging), Title VI (Grants to Indian Tribes for Support and Nutrition Services, and Grants for Supportive and Nutritional Services to Older Hawaiian Natives), and Title VII (Allotments for Vulnerable Elder Rights Protection Activities, including Subpart A—State Long-Term Care Ombudsman Program).

The majority of the OAA regulations have not been updated since 1988 (the state LTC ombudsman final rule was released in 2015 and became effective in 2016). ACL is specifically seeking input on:

- Challenges faced by older adults, elders, and family caregivers in receiving services under the Act,
- Challenges faced by states, territories, tribes and tribal organizations, area agencies on aging and service providers in delivering services under the Act, and
- Feedback on how OAA programs can advance equity, in alignment with Executive Order 13985 Advancing Racial Equity and Support for Underserved Communities Through the Federal Government.

Click here to access the RFI: <https://www.govinfo.gov/content/pkg/FR-2022-05-06/pdf/2022-09713.pdf>

Comments are due Monday, June 6, 2022.

Informational Webinar

Thursday, May 12, 2022, 12:00 p.m. to 1:00 p.m. CST.

Register here: https://hhsacl.zoomgov.com/webinar/register/WN_9fewiWomSXqI0Mt40CoCgQ

ACL will be holding an informational webinar on current OAA regulations and this RFI regarding the OAA. Attendees will learn how to provide feedback to improve implementation of OAA programs and services.

Family Caregiver Support

[Bryn Ceman](#), *Older Americans Act Consultant -Family Caregiver Support Specialist*

Need to Know

Kintsugi: Embracing Ourselves as Caregivers and Putting Ourselves First

Monday, May 16, 2022, 1:00 p.m.

Virtually via Microsoft Teams. For questions or to register, please contact, Carley Prochaska, Dementia Care Specialist at (715) 346-1401 or prochasc@co.portage.wi.us

Please join Andrew J. Vitale as we discuss the Japanese art of Kintsugi and how it can apply to our bodies as we learn about and practice Mindful Meditation. We will look at ways to reduce caregiver stress and practice the tools learned in this presentation. Andrew has over 25 years of experience in the healthcare sector and currently works in hospice care in northern Illinois. Andrew practices and shares his experience and knowledge of Mindfulness with others in hospice and the community-at-large in Anderson Japanese Gardens, Rockford, Illinois, and is a level II practitioner. Share the promotional flyer:

<https://gwaar.org/api/cms/viewFile/id/2007360>

Nice to Know

Reminder: A Nationwide Event Featuring Wisconsin's Dementia Care Specialist Program:

A Statewide Effort to Support People Living with Dementia, Their Family Caregivers, and Their Communities.

May 25, 12:00 p.m. Register at:

<https://view.connect.hhs.gov/?qs=06d1d384e7a69902d292416bb9e4570dd8fc46d5e4b84fff4d1ad7ff465cc7fb326755f614fb42c30a4333227dd800bc578fa9ccb27a3e4a69f2d11d797dfa38f8b872ec366350b49ecebb81563763d3>

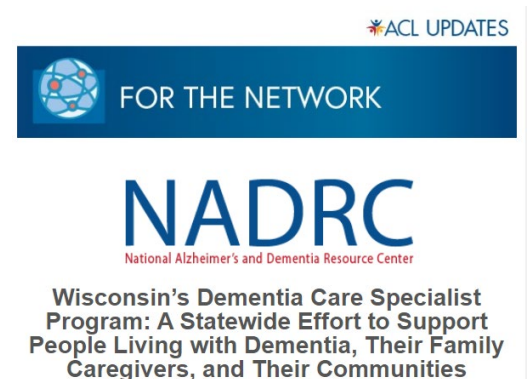
Log-in information provided after registering for event.

National Alzheimer's & Dementia Resource Center (NADRC) presents: The Wisconsin Dementia Care Specialist Program serves individuals, families, and their communities as part of county-based aging and disability resource centers. The program assists agencies in becoming dementia capable, acts as a catalyst for dementia-friendly communities, and supports individuals living with dementia and their families to live at home in the community. Presenters will discuss how the program started and how it evolved to become a statewide effort.

Presenters:

Kristen Felten, MSW, APSW, is the dementia specialist for the Office on Aging at the Wisconsin Department of Health Services, where she created the Dementia Care Specialist Program.

Carrie Molke, MS, is director of the Bureau of Aging and Disability Resources in the Wisconsin Department of Health Services.



Health Promotion

[Angie Sullivan](#), Older Americans Act Consultant -Health Promotions Specialist

Nice to Know

Reminder: OAA Title III-D Health Promotion and Disease Prevention Orientation

Thursday, May 12th from 9 - 10:30 a.m.

Join Zoom Meeting

<https://us06web.zoom.us/j/83592385065>

Meeting ID: 835 9238 5065

One tap mobile

+13017158592,,83592385065# US (Washington DC) 13126266799,,83592385065#

+US (Chicago)

Dial by your location: +1 312 626 6799 US (Chicago), 888 475 4499 US Toll-free

Are you a new health promotion coordinator in the Aging Network? or would like to learn more about the provisions and priorities of Title III-D Health Promotion and Disease Prevention? All are welcome. This is a generalized overview of the Older Americans Act, GWAAR, and Title III-D programming. To register, contact angela.sullivan@gwaar.org. Thank you!

Reminder: 2022 StrongBodies Wisconsin Leader Training

July 8th – La Crosse, WI

August 11 - Stevens Point, WI (Spanish)

November 4 - Appleton, WI

Register now for 2022 StrongBodies Leader Training. The program is designed to help older adults become or stay fit, strong, and healthy. At the StrongBodies Leader Training, program leaders will be trained on the exercise program itself, as well as how to effectively instruct and assist participants in learning exercises. Additionally, the workshop will cover topics found in the Toolkit, such as screening, safety, and effective leadership. Program leaders will be given guidance on how to schedule their programs, discuss space and equipment needs, and strategize about issues such as transportation and gaining local support and funding. Following the workshop, sites/program leaders will then be required to initiate at least one program in their community.

Registration Fee: \$350 includes a training manual, learning the exercises, access to program website, promotional materials, a t-shirt, lunch, and light refreshments at break. Registration must be received two weeks prior to the training date. Enrollment is limited.

Visit <https://healthyliving.extension.wisc.edu/programs/strongbodies/become-a-leader/strongbodies-leader-training> to learn more about the requirements to becoming a StrongBodies Leader, what makes a site appropriate to run a StrongBodies program, register for an upcoming training, as well as the space and equipment to run a successful program. If you have any questions regarding the StrongBodies training contact: strongbodies@extension.wisc.edu.

StrongBodies is a high-level evidence-based program and is eligible for OAA Title III-D funding for those participants 60 and older. If you have questions regarding Title III-D eligibility, please contact Angie Sullivan angela.sullivan@gwaar.org.