



Volume 4, No. 13, April 5, 2022 Office (608) 243-5670 Fax (866) 813-0974 [info@gwaar.org](mailto:info@gwaar.org) [www.gwaar.org](http://www.gwaar.org)

## Greater Wisconsin Agency on Aging Resources

Links to files may download or open, depending on your settings.

### GWAAR News

#### *Nice to Know*

##### **Reminder: Second Quarter Virtual ACE Meeting Coming Up!**

*Wednesday, April 13*  
1:30 p.m. – 3:00 p.m.

(Calendar invitation, link and agenda were sent by Rosanna Mazzara ([Rosanna.Mazzara@gwaar.org](mailto:Rosanna.Mazzara@gwaar.org)))

This meeting will include an informative presentation with Veyo, Wisconsin's non-emergency medical transportation (NEMT) manager. The interactive presentation will be an opportunity to learn and engage in open dialogue with Ryan Smith, Communications and Government Affairs Manager and Jonathan Liegeois, Facilities Account Manager from Veyo.

In preparation for our Q&A portion of the presentation, what questions do you have for Veyo? Please email Nick Musson at [Nick.Musson@gwaar.org](mailto:Nick.Musson@gwaar.org) any questions you wish to submit to Veyo by Friday, April 8.

### Advocacy

[Janet Zander](#), Advocacy and Public Policy Coordinator

#### *Nice to Know*

##### **Aging Advocacy Day is May 11!**

*Reminder: Press Release Available*

Help spread the word about Aging Advocacy Day! Insert your local information in this press release (<https://gwaar.org/api/cms/viewFile/id/2007325>) and share in your newsletter and with local media outlets. You can also use the Save the Date files available at <https://gwaar.org/aging-advocacy-day-2022>

*Your voice can make a difference!*

If you have any questions, please feel free to contact me at: [Janet.Zander@gwaar.org](mailto:Janet.Zander@gwaar.org) or (715) 677-6723. Thank you!

## Aging Advocacy Online 2022

**Wednesday, May 11**

Training: 1:00-2:30 p.m.  
Calls to legislators between 2:30-4:00 p.m.

[Register Here!](#)

#WisAgingAdvocacy2022



**WAN** Advocacy  
Wisconsin Aging  
| Advocacy | Network

OLDER  
AMERICANS  
MONTH  
AGE MY WAY: MAY 2022

## Family Caregiver Support

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[Bryn Ceman](#), Older Americans Act Consultant -Family Caregiver Support Specialist

### **Nice to Know**

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#### **Expert Tips for Your Caregiver Support Group**

Wednesday, April 13

12:00 p.m.

[https://us02web.zoom.us/webinar/register/WN\\_asAXXg9eSC6HoKhM2T\\_ffQ?timezone\\_id=America%2FChicago](https://us02web.zoom.us/webinar/register/WN_asAXXg9eSC6HoKhM2T_ffQ?timezone_id=America%2FChicago)

Join us for a webinar with one of our experts to learn tricks for setting up a successful group, prompts to facilitate meaningful discussions, and strategies for continuing to engage caregivers. Trualta expert Mary Lee has over ten years of experience empowering caregivers as a dementia care specialist and has been actively facilitating an Alzheimer's Support Group over the past eight years. She has personal experience caring for two loved ones with dementia and is passionate about empowering families through awareness, resources, knowledge, and skills.

At the end of the webinar, you will also receive a link to Trualta's group facilitation guide that includes teaching tips, discussion questions, activity ideas, and additional resources to help you run your caregiver groups!

#### **Caregiver Coordinator Survey**

Please complete the survey for caregiver coordinators at the link below to help identify your training needs, beyond AFC SP101 and NFC SP 101. The survey will take about five minutes of your time. Thank you.

[Caregiver Program Coordinator - Core Competencies](https://bceman.wufoo.com/forms/z1788x5i1agrdp1) (<https://bceman.wufoo.com/forms/z1788x5i1agrdp1>)

#### **Changing the Care Conversation Grant**

Remember back in our March 9th newsletter when I asked you to think about those caregivers who may enjoy or have interest in advocacy work? Well, now is the time to share this opportunity! GWAAR has recently been awarded a grant, specifically for caregivers. Please see our official announcement:

<https://gwaar.org/api/cms/viewFile/id/2007333>



## Health Promotion

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[Angie Sullivan](#), Older Americans Act Consultant -Health Promotions Specialist

### **Need to Know**

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#### **Reminder: Save the Date! Health Promotion Quarterly Webinar**

Tuesday, May 10

9:00 a.m. Central Time (US and Canada)

Join Zoom Meeting: <https://us06web.zoom.us/j/87675095835>

Meeting ID: 876 7509 5835

One tap mobile: +13126266799,,87675095835# US (Chicago)

Dial by your location or toll-free: +1 312 626 6799 US (Chicago), 833 548 0282 US Toll-free

Meeting ID: 876 7509 5835

Please save the date for the next health promotion webinar on your calendar. An outlook meeting invite will be sent out to the health promotion listserv one month prior. Join us to learn more about the Wisconsin Coalition to End Social Isolation and Loneliness, partnerships examples from WI Aging Units and important updates from GWAAR and the Wisconsin Coalition to End Social Isolation and Loneliness.

Please contact Angie Sullivan, OAA Consultant GWAAR ([angela.sullivan@gwaar.org](mailto:angela.sullivan@gwaar.org)) if you have any questions or suggestions for future webinar topics.

#### **Reminder: Title III-D Health Promotion and Disease Prevention Orientation**

*Thursday, April 14th from 9:00 -10:30 a.m. (Virtual- Zoom)*

Register by emailing Angie Sullivan, OAA Consultant, at [angela.sullivan@gwaar.org](mailto:angela.sullivan@gwaar.org). After you register, you will receive the zoom link. Please contact Angie Sullivan with any questions.

The Title III-D Orientation is highly recommended for new health promotion coordinators; however, anyone is welcome. The orientation reviews the structure of the Wisconsin Aging Network, Older Americans Act, provisions and priorities of Title III, the five criteria that make up high-level evidence-based health promotion programs, how to find programs that are eligible for Title III-D funding, what allowable and non-allowable spending of Title III-D programs consist of brief overview of the most popular high-level evidence-based programming WI and several health promotions resources.

## **Nutrition Program**

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[Lori Fernandez](#), OAA Consultant - Nutrition Program Specialist

[Jean Lynch](#), OAA Consultant - Nutrition Program Specialist

[Pam VanKampen](#), Older Americans Act Consultant — Nutrition Program Specialist — Senior Center Rep.

#### ***Nice to Know***

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##### **Senior Dining Activity Idea- Did You Know Game**

The Administration for Community Living (ACL) created this simple, fun game that can help seniors socialize and get to know one another. This is an activity you can easily play virtually! It is casual and focused on engaging and connecting, which supports overall health and well-being. Customize this game by combining it with another activity and/or focusing on a specific interest (e.g., science and nature). You can also title the event in whatever way suits your group – “Did You Know?” is just one possibility. Download the one-page handout at this link:

[https://acl.gov/sites/default/files/programs/Senior\\_Nutrition/SNPGuide\\_DYKgame.pdf](https://acl.gov/sites/default/files/programs/Senior_Nutrition/SNPGuide_DYKgame.pdf)

We would love to hear how it was received and if you customized it in any way. Please let your Nutrition Team Rep know. (Jean, Lori or Pam).

Also, a reminder about the Conversation Starter Cards available on our website at this link under the “Activities and Conversation Starters” tab: <https://gwaar.org/nutrition-education-and-activities>



## **Senior Nutrition Program Activity Guide: Did You Know? Game**

## Medicare Outreach and Assistance

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[Debbie Bisswurm](#), Medicare Outreach Coordinator

### ***Nice to Know***

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#### **Save the Date! Medicare Outreach Training Webinar**

Thursday May 5  
9:00 – 10:00 a.m.

Join Zoom Meeting

<https://us06web.zoom.us/j/81574583045>

Meeting ID: 815 7458 3045

One tap mobile

+13126266799,,81574583045# US (Chicago)

+16465588656,,81574583045# US (New York)

Join us for the next Medicare outreach training webinar: Volunteer Programs - Enhancing Medicare Outreach & Assistance. A panel presentation will provide perspectives from both a newer volunteer program and a long-standing volunteer program. We will also have a volunteer join us to share her experiences volunteering in two Wisconsin counties! Participants will learn about resources available to support agencies with volunteer recruitment, program management and more.