



Volume 4, No. 3, Week of January 17, 2022 Office (608) 243-5670 Fax (866) 813-0974 info@gwaar.org

Greater Wisconsin Agency on Aging Resources

Calendar of Events

Links to files may download or open, depending on your settings.

General GWAAR

Nice to Know

GWAAR Newsletter Change Next Week

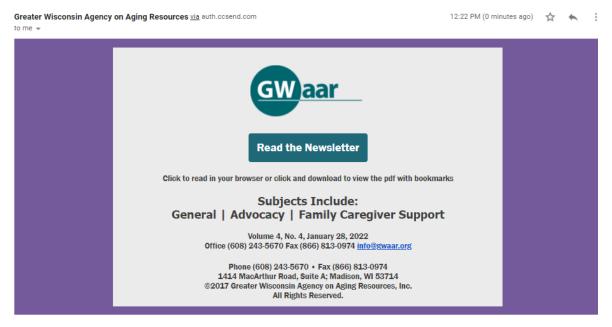
Starting next week this newsletter will be sent via Constant Contact. The change will allow us to send the newsletter to everyone the same day and provide tools for list management. If you don't get it next week, you may need to add auth.ccsend.com to your safe senders or check with your IT department.

In your inbox the e-mail will look something like this:



01-28-22 GWAAR Newsletter - Read this week's newsletter! Click to Read the Newsletter Subjects Include: General | Ac

The e-mail itself should look something like this. Click the button to read in your browser or click and download to view the pdf with bookmarks.



Greater Wisconsin Agency on Aging Resources | 1414 Mac Arthur Rd, Madison, WI 53714

Unsubscribe kim.cobb@gwaar.org Update Profile | About Constant Contact



<u>Janet Zander</u>, Advocacy & Public Policy Coordinator

Nice to Know

Jumpstart Your Advocacy by Voting in Local Elections

Judges in Wisconsin have recently heard cases that could affect elections for us all. Municipal clerks make decisions about voting that affect where and how you vote. Yet when it's time to cast ballots for judges, clerks and other local elected officials, many voters choose to sit out the election, under the mistaken belief that only presidential and statewide elections matter. The reality is that the outcome of local elections can have a powerful impact on our lives. Learn more and get helpful links here: https://gwaar.org/api/cms/viewFile/id/2007230

Disability Vote Coalition 2022 Election Materials Available Now

The February 15th primary is less than a month away and the Disability Vote Coalition (DVC) needs your help to get the word out! Help promote participation in the 2022 elections, submit your order for DVC election postcards (available in English and Spanish) and posters.

- New DVC Materials for 2022 Elections https://disabilityvote.org/2021/new-dvc-materials-for-2022-elections
- Complete this survey to order your free postcards and posters https://www.surveymonkey.com/r/C837JQC

DVC's "Make Your Plan to Vote fact sheet" has been updated for the Spring elections. Print your own or order copies if you need a large quantity.

• View the "Make Your Plan to Vote 2022 factsheet" here and share it with a friend (accessible pdf) https://disabilityvote.org/wp-content/uploads/2022/01/DVC-and-LWV-Make-Your-Plan-to-Vote-2022-Election-rev-2022-acc.pdf

Family Caregiver Support

Bryn Ceman, Older Americans Act Consultant -Family Caregiver Support Specialist

Nice to Know

Caregiver Support Community Statewide Webinar Dates 2022

Tuesdays, 10:00 to 11:00 a.m.

January 25th, March 29th*, May 24th, July 26th, September 27th, November 22nd (*Fifth Tuesday in March)

Agendas will be forthcoming and posted on the GWAAR website. Please feel free to email Bryn at: Bryn.Ceman@gwaar.org and/or Lynn at: Lynn.Gall@dhs.wisconsin.gov with NFCSP/AFCSP meeting topics or guest speaker ideas

Current agenda topics include: Advocacy Updates, Trualta, Dementia Care Specialists & partnership with Caregiver Programs as well as Caregiver Coordinator Training & Core Competencies.

Previous webinars can be found here: https://gwaar.org/wisconsin-caregiver-support-community-monthly-calls

Please note: A meeting link was sent via Constant Contact on January 18 at 10:15 a.m. If you didn't get it, you may need to add auth.ccsend.com to your safe senders or check with your IT department.

Reminder: Virtual Workshops for Caregivers

January 21 10:00 a.m., January 25 11:00 a.m., January 26 6:00 p.m.

Wisconsin Literacy, Inc. recently developed a program for unpaid caregivers who are supporting a friend or family member with Alzheimer's or another dementia. This program is designed as a training for family members and unpaid caregivers who provide care and support to those with early Alzheimer's or other dementias.

The virtual workshop will take place via Zoom and will also be available in February. To register please email Julia Norton (julia@wisconsinliteracy.org) at least two business days prior to the event date.

Health Promotions

<u>Angie Sullivan</u>, Older Americans Act Consultant -Health Promotions Specialist

Need to Know

OAA Title III- D Health Promotion and Disease Prevention Orientation Available

Thursday, February 10th, 9:00-10:30 a.m.

Topic: Title III-D Health Promotion and Disease Prevention Orientation

Join Zoom Meeting: https://us06web.zoom.us/j/83592385065

Meeting ID: 835 9238 5065

One tap mobile: +13126266799,,83592385065# US (Chicago)

Dial by your location: 888 475 4499 US Toll-free or 833 548 0276 US Toll-free

Meeting ID: 835 9238 5065

Are you a new Aging Unit Director, Health Promotion Coordinator, or would just like to know more regarding the provisions and priorities of OAA Title III-D? OAA Title III-D orientations take place monthly.

The orientation discusses the provisions and priorities of Title III Services of the Older Americans Act, what is high level evidence-based health promotion programming, where do I find these programs, how can I use my Title III-D funding, among many others. Please email angela.sullivan@gwaar.org to reserve your spot today!

Nutrition Program

Lori Fernandez, OAA Consultant - Nutrition Program Specialist

Jean Lynch, OAA Consultant - Nutrition Program Specialist

<u>Pam VanKampen</u>, Older Americans Act Consultant — Nutrition Program Specialist — Senior Center Rep.

Nice to Know

National Nutrition Month Theme: Celebrate a World of Flavors

The National Nutrition Month® 2022 theme – Celebrate a World of Flavors - embraces global cultures, cuisines, and inclusivity, plus showcases the expertise of registered dietitian nutritionists.

Check out this year's National Nutrition Month® product catalog featuring our fun design. From client education resources to colorful celebration kits, this year's product catalog offers something for everyone! https://www.jimcolemanstore.com/nnm? zs=UfDFa& zl=7Q4u2



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