

Greater Wisconsin Agency on Aging Resources

Calendar of Events

Links to files may download or open, depending on your settings.

General

The Arts & Aging Free Virtual Training Opportunity

The Remember Project team offers an experiential learning process in a distance-learning format.

The application deadline is Jan. 7th, 2022.

This professional development series is designed for professionals and volunteers who work in the field of aging. The arts are a powerful tool in helping older adults interact and engage as valued community members, enabling them to stay active and independent. Far too often, incorporating the arts into service goals & outcomes can feel mysterious, alienating, or cumbersome to those who have not had this training or experience. The Arts & Aging



Partnership offers a unique and diverse experiential learning process in a distance-learning format. This process sets the stage for new ways of thinking about using the arts to support service goals. Our curriculum builds awareness and competence through a combination of hands-on learning, reflection, and conversation.

At the end of the program, participants will create an action plan for future arts-based programming in their community or organization.

Learn more here: <u>https://gwaar.org/api/cms/viewFile/id/2007211</u>

Apply here: https://rememberproject.org/age-aging-workshop-application

You can also contact Allison Kodeih, Project Director, 651.251.5771, akodeih@rememberproject.org

Family Caregiver Support

Bryn Ceman, Older Americans Act Consultant -Family Caregiver Support Specialist

Need to Know

Caregiver Support Community Statewide Meeting Restarting in 2022

Our first call is January 25th

Call-in Information:

Microsoft Teams meeting: Join on your computer or mobile app

Click here to join the meeting: <u>https://teams.microsoft.com/l/meetup-join/19%3ameeting_YWY3ZTU5NmltN2JiNC00MDcwLTg1ZmQtMTkyZmVhZmNlZjFk%40thread.v2/0?context=%7b%22Tid%22%3a%228e087664-409d-4c4c-a6b4-7aa01020d6ea%22%2c%22Oid%22%3a%22394578c8-c741-45f1-a9f0-7518f82bcedb%22%7d</u> Or call in (audio only)

+1 608-338-1382,,712830382# United States, Madison

(877) 565-2671,,712830382# United States (Toll-free)

Phone Conference ID: 712 830 382#

Additional calls will be held the following Tuesdays from 10:00-11:00 a.m. start

- March 29th*
- May 24th
- July 26th
- September 27th
- November 22nd

*Fifth Tuesday in the month of March

Agendas will be forthcoming and posted on the GWAAR website

Please feel free to email Bryn at: bryn.ceman@GWAAR.org and/or Lynn at: Lynn.Gall@dhs.wisconsin.gov with NFCSP/AFCSP meeting topics or guest speaker ideas

Nice to Know

Are You or is Someone You Know a Caregiver?

211 Wisconsin, in partnership with AARP, is offering direct and consistent contact to caregivers throughout the state. This project is intended to reach informal/unpaid family caregivers who are providing care to those 18 years or older. If you or someone you know could benefit from this type of connection, call 211 or visit this link: https://211wisconsin.communityos.org/



Health Promotion

Angie Sullivan, Older Americans Act Consultant -Health Promotions Specialist

Nice to Know

Reminder: Wisconsin Coalition to End Social Isolation and Loneliness - Letter-to-the-editor

Governor Evers recently declared December 15, 2021, Loneliness and Social Isolation Awareness Day in Wisconsin to bring attention to the growing challenges and new initiatives to support people in Wisconsin communities.

In conjunction with the declaration, the newly formed Wisconsin Coalition to End Social Isolation and Loneliness has developed a letter-to-the-editor you can submit to your local daily or weekly newspaper or other editorial outlets. The idea is to encourage people to reach out to friends, family and neighbors to let them know that someone is thinking of them. The letter can be adapted and customized as best works for you and is available at https://gwaar.org/api/cms/viewFile/id/2007203

Please consider signing and submitting this letter-to-the-editor or your own version to encourage the community to rally around those who are alone and lonely. If you do, and it's published, please also share a copy.

If you have questions regarding the letter-to-the editor, please contact Kris Krasnowski at the Wisconsin Institute for Healthy Aging <u>kris.krasnowski@wihealthyaging.org</u>