



The

# Dish

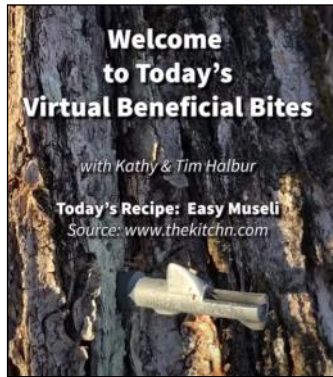
With the  
GWAAR  
Nutrition Team



Week of August 9, 2021

## News on Beneficial Bites

Rusk County is utilizing the Beneficial Bites Nutrition Education Materials to create monthly videos that are being very well received. Volunteer Kathy Halbur is doing an outstanding job with these. Check out the videos and recipes at [https://www.adrconnections.org/programs-and-services/nutrition\\_1](https://www.adrconnections.org/programs-and-services/nutrition_1) Contact Kathleen Walthers [kwalthers@ruskcountywi.us](mailto:kwalthers@ruskcountywi.us) for more information.



## My Meal My Way/ Restaurant Model

GWAAR hosted a Peer Sharing Call on My Meal My Way Restaurant Model on July 13. For those who missed it, the recording and the notes: <https://gwaar.org/api/cms/viewfile/id/2006909> . If you need further assistance, please contact your GWAAR Nutrition Representative.

## Dining Site Fun

Barbara Grandy visited the Chetek dining site all set to celebrate the 4th of July!



## Learn How to Package with Oliver

Oliver Company put together this awesome video on packaging for home delivered meals. Share the video with your staff! A great way to get training hours in as well. Check it out at <https://www.oliverquality.com/meal-packaging/resources/videos/portion-cup-sealing-cx-system>



## Dining Site ADA Requirements

We have had several questions regarding Americans with Disabilities Act (ADA) requirements for Dining Centers. Please see the Chapter 8 policy below:

### 8.4.27.1 Location of Dining Centers

Dining centers must be located in a facility where eligible individuals will feel free to attend. The dining center must be free of architectural barriers which limit the participation of older persons and be compliant with accessibility standards set forth by the American Disabilities Act (ADA). Every effort must be made by the nutrition staff to dispel perceived and/or implied barriers to participation in addition to ensuring no architectural or other physical access barriers exist. (See Section X – Dining Centers in Housing Facilities and Dining Centers in Communities of Faith).

## Meals On Wheels America Conference

Head on over to the Meals On Wheels America (MOWA) website for information on their upcoming Virtual Conference. Registration is open. This is a wonderful, cost effective virtual opportunity: <https://www.mealsonwheelsamerica.org/2021-conference>