



The

Dish

With the
GWAAR
Nutrition Team



Week of October 4, 2021

2021 Senior Dining Participant Surveys

If you are finished collecting and entering your 2021 surveys, please let us know. We will then send you a compilation of your survey data. Please reach out to your GWAAR Nutrition Representative.

ADRC of Central Wisconsin Opens the Pickerel Meal Site!

The Pickerel Meal Site resumed congregate service recently! It looks a lot of clowning around and happy faces! Send us your pictures, we would love to share the happy faces as dining resumes.



What is CPI and Why is it Important for Anyone Managing a Budget?

The Consumer Price Index (CPI) report from the Bureau of Labor Statistics presents price changes in the cost of consumer goods and services on a monthly basis. It tracks and reports the change over the past 12 months as a percentage. Of particular interest to Nutrition Programs can be impacts on the costs for food and fuel. For example, the report for August 2021 showed an overall 12 month rolling increase in the costs of good and services of 5.3%, down from 5.5% in July. When you take this general measure and apply it to a Nutrition Program with a budgeted cost of \$10,000/month, the actual monthly cost would be \$10,500. Taking it a bit further and looking out to the end of 2021, this could mean accumulated unbudgeted added costs of \$3,000.00 or more. Attention to this readily accessible measure can help in managing current Nutrition Programs and preparing for future budgets. More on CPI can be found at <https://www.bls.gov/cpi>

Meal Cost Tool 2021

A big thanks to all of you who have sent in your Meal Cost Tools! If you are experiencing difficulties or need help, please contact Jean Lynch at jean.lynch@gwaar.org to set up a time to work on it together. We are here to help! If you need any extension past the due date of October 1, 2021, please contact your GWAAR Nutrition Representative.

Watch the Food and Supply Shortages Peer Sharing Call

GWAAR hosted a peer sharing call September 22 to discuss food and supply shortages nutrition programs are experiencing. View the recording at: [09-22-21 Food and Supply Shortages Peer Sharing Call](#)