



The

# Dish

With the  
GWAAR  
Nutrition Team



Week of November 30, 2020

## Introducing 2020 New Directors

Welcome Nutrition Directors Class of 2020! Due to the pandemic, we were all unable to get together for meetings and trainings this year. Here is your guide to the Nutrition Directors that started in 2020! Please welcome them to the nutrition network!

### [Adams County, Emma Calaway, Nutrition Coordinator](#)

I have a background in food and nutrition with an education from UW-Stevens Point and work experience in food service. In my spare time, I enjoy state parks or just being outdoors, as I love to hike, water ski, snowshoe, and fish-especially fly fishing. I also love to travel, and I've been to 47 different states and five countries with family or friends. I taught at English speaking camps in Poland and Hungary over the years, which has given me a love to cook different cuisines, particularly Hungarian foods.

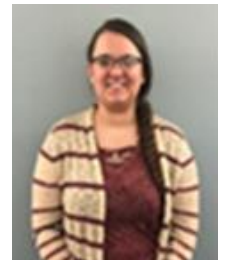
### [Bad River Tribe, Jean Hahn, Bad River Aging Manager](#)

I worked in Aging 1985-1998 as Bookkeeper/Transportation Coordinator/Information & Referral. But as many of you know working within small Aging departments, you wear many hats, i.e. Director's assistant, Site Manager, Benefit Specialist secretary, bulk food delivery, home delivered meal delivery, kitchen aide. After taking 11 years out of the workforce to raise my children, I returned to the workforce and held another tribal position for 11 years. I applied and was fortunate to return back to the Aging network 8/31/20, 22 years after leaving. I look forward to working within the Aging Network once again, this time as Manager.

### [Buffalo and Pepin Counties,](#)

### [Mylessa Ingli, Nutrition Program Coordinator](#)

I became the Nutrition Program Coordinator for Buffalo and Pepin counties in April 2020. I have three kiddos, plus two bonus kiddos! I live in Durand, WI which gives me a great .3 mile commute to work! My husband and I love spending time with the kids, especially family camping trips in the summer. My favorite part of my job is the seniors. Getting to connect with the seniors really fills my bucket!



### [Calumet County, Shari Bunnell, ADRC Supervisor](#)

I have been a Registered Nurse for almost 10 years. In my past, I owned and operated two restaurants. In my last job, I worked as a Patient Care Coordinator and Territory Manager for a hospice agency. Our team would make referrals to the ADRC for various patient and family needs. In this new role as Nutrition Director and ADRC Supervisor, I am fortunate to use some knowledge and experience from all areas of my career to serve in a very rewarding capacity.

### [Clark County, Taylor Meyer, Nutrition and Prevention Coordinator](#)

In the ADRC I oversee our Elderly Nutrition Program, including the Meals on Wheels and Senior Nutrition Dining Centers. I graduated from University of Wisconsin Marshfield/Wood County in the fall of 2017 with my Bachelors of Applied Arts and Sciences degree with a concentration in Health and Wellness Management. Nutrition and active living has always interested me; I strongly believe that nutrition and fitness are a very vital to the wellbeing of all stages of life. In my free time, I

enjoy spending time with my family and friends, being outdoors, and photography.

[Dunn County, Bernard Allen, Nutrition Program Coordinator](#)

I am originally from Grand Rapids, Michigan, and graduated from Michigan State University. I currently reside in Altoona with my wife, Anne, our daughters Grace and Claire, and our dog Indie. I have been in food service management for over eleven years, however, I also taught second grade for five years. In my spare time I enjoy traveling with the family, golfing, and getting outside with Indie.



[Forest County Potawatomi, Phoua Xiong, Elder Services Coordinator](#)

Hello everyone! I am very excited to serve the Forest County Potawatomi Community (FCP) Elder Services Program, as the new Elder Services Coordinator. I was born and raised in Northcentral Wisconsin and moved to the Northwoods of Wisconsin in 2009. I completed my Certified Nursing Assistant certificate at Nicolet College in Rhineland. My certificate led me to opportunities with the Forest County Potawatomi (FCP) Elder Services Program as a Certified Nursing Assistant and Transporter. I eventually transferred between departments with the FCP Community and always felt that I would someday return to the FCP Elder Services Program to continue "Honoring our Elders". I am excited to learn this role and look forward to working with everyone.

[Grant County, Courtney Brookhart, Aging Programs Coordinator/Administrative Assistant](#)

I started in the Aging Programs Coordinator position in February 2020. I live in Fennimore, WI, with my husband and our two fur-kids, Cam and Daisy. In our spare time we enjoy camping, fishing, and playing pool and board games.



[Jefferson County, Kimberly Swanson](#)

I'm an RDN with experience in healthcare, insurance, wellness, and long-term care. I started with the Aging & Disability Resource Center of Jefferson County on 1/27/20. Within seven weeks, the pandemic changed how we do business and we've continued to adapt because no day is ever the same. Currently, our ADRC Division Manager, Sharon Olson, is retiring after 40 years with the County and we are orienting a new Division Manager, ReBecca Schmidt. I'm so grateful to Sharon Olson, GWAAR, DHS, and many of you who have shared your experiences with me to make my first year memorable.

[Marinette County, Lindsey Rysewyk, Nutrition Coordinator](#)

I have a bachelor's degree in Human Biology with a Nutritional Science emphasis and a strong passion for nutrition and working with the elderly population. I worked for the agency from 2010-2013 and then moved to Appleton for my husband's job. I spent the last seven years as the Food Service Director for the Little Chute School District. I recently moved back up to Crivitz with her husband to raise their three boys (ages 6, 3, 1) and be closer to family. I am very grateful that my old job had a vacancy and I am able to be back working with the agency I love.

[Monroe County, Patsy Lawrence, Nutrition Program Coordinator](#)

I am the Nutrition Coordinator for the ADRC of Monroe County. If you are speaking to someone with a bit of a southern drawl that will be me as I am originally from Kentucky. I have two daughters, three granddaughters, one grandson, four great granddaughters, one great grandson and another little great grandson on the way. I live with my two Boston Terriers, Tara and Julie and a sweetie of a Frenchton, Miss Millie Mae. I love gardening, baking and sewing. Working with the ADRC gives me the chance to not only meet my peers but also assist them with issues that concern them.



[Oneida County, Heather Beach, Nutrition & Transportation Coordinator](#)

I have been with Oneida County for four years now and transitioned to the ADRC two years ago. Prior to my time with Oneida County I worked in both the public and private sector in Land Use Management as well as tourism. I have thoroughly enjoyed my time at the ADRC and helping with the nutrition program is very fulfilling. I am married with two little girls that keep me active outside of work. In my free time I enjoy boating, ice fishing, and jogging.

[Outagamie County, Kali Erickson, Nutrition Program and Aging Supervisor](#)

I am so grateful for this new opportunity to work as the Nutrition Program and Aging Supervisor for Outagamie County. I have a huge passion for working with the elderly population and nutrition! I have a bachelor's degree in Dietetics for University of Wisconsin-Stout. While I was finishing up my bachelors degree, I worked as a Meal Site Manager for Outagamie County Nutrition Program, and held that position for three short months. I was then promoted to the Elder Benefit Specialist (EBS) position with Outagamie County ADRC, and I worked as an EBS for 2.5 years. I learned a lot in that position and thoroughly enjoyed helping the elderly! I also enjoyed & will continue to enjoy working with the GWAAR team and my coworkers at the ADRC. With my background in nutrition and aging, I had a desire to become the Nutrition Program and Aging Supervisor. I can't wait to grow into this role, and continue to make a positive difference for the elderly and disabled population.



[Pepin County, Mylessa Ingli-see Buffalo and Pepin Counties](#)

[Sheboygan County, Linda Spitzer, Elder Services Supervisor](#)

I joined the Aging and Disability Resource Center team with Sheboygan County Department of Health and Human Services as the Elder Services Supervisor in June 2020. My husband Ed and I love to go boating in the summer months and snow-mobiling in the winter months. It is exciting to be working with an agency that strives towards ensuring that Sheboygan County residents are valued, resilient, and thriving.



[Washburn County, Missy Murley, Nutrition Director](#)

I am married and have a 14-year old daughter. In my spare time, my family and I enjoy the outdoors, hunting, fishing, hiking, gardening and of course watching the PACKERS....GO PACKERS! I am so happy that I was selected to become the Nutrition Director for Washburn County in 2020. It has been an honor over the past year to serve our community and help our seniors get through COVID-19.



[Winnebago County, Dawn Paterson, Director of Food & Nutrition, ADVOCAP](#)

I have worked in the food service industry my entire working career. I was a catering manager for 12 years. I worked as a Dietary Supervisor and Director of Food and Nutrition Services and local nursing homes for the last 14 years. I have education in Food Service, ServSafe, Dementia Awareness, Customer Service, Managerial Services, Educating others in the food service industry, Quality Assurance and Performance improvement, Communicating with the Elderly, and Diet and Nutrition for Older Adults. In my spare time, I love to cook....all home cooking! And spending time with my family, friends, and my dog Jack.