



# SHIP

State Health Insurance  
Assistance Program

Navigating Medicare can be complicated.

*SHIP can help.*

SHIP is your local State Health Insurance Assistance Program. We provide unbiased support to Medicare beneficiaries and their families so they can make informed decisions about their care and benefits. Navigating Medicare can be complicated, but SHIP can help by answering questions and providing personalized guidance to those who need it.

Whether you are a health care provider, State Medicare Agency, or community-based organization, there are many benefits for you and the people you serve when you partner with SHIP.

SHIP helps you grow your network of supports and services and increases preventative benefits that keep your community healthier.

SHIP is a national program supported through state and federal partnerships

that are not reimbursed by private health insurance plans or entities. SHIP is not paid per enrollment.

You can refer your Medicare beneficiaries to SHIP for help with:

- Reviewing and selecting their options and benefits, including coverage for the medications they need.
- Transitioning between plans without losing coverage.
- Applying for financial assistance to pay Medicare premiums, deductibles, and copayments.
- Troubleshooting billing issues and submitting appeals.

SHIP has offices across the country. Depending on your area, you may know your local SHIP by another name, but the support it provides is the same.

**Partner with SHIP to get local help navigating Medicare:**

**[shiphelp.org](http://shiphelp.org)**

**1-877-839-2675**



SHIP is a national program of the Administration for Community Living, an operating division of the U.S. Department of Health and Human Services. Learn more at [ACL.gov](http://ACL.gov).