



Volume 3, No. 34, Week of Sept. 6, 2021 Office (608) 243-5670 Fax (866) 813-0974 info@gwaar.org

Greater Wisconsin Agency on Aging Resources

Calendar of Events

Links to files may download or open, depending on your settings.

<u>General</u>

Nice to Know

New GWAAR Board Officers Elected

A new slate of officers was elected at the August 16, 2021 GWAAR Board meeting. Elected for 2021-22 are:

- Miki Bix, Taylor County, Chair
- Dave Ostness, St. Croix County, Vice Chair
- Erv Teichmiller, Vilas County, Treasurer

Eligibility Deadline for Wisconsin's COVID-19 Vaccine Reward Program Extended to September 19.

Since the program opened Aug. 20, more than 65,000 people in the state have gotten their first dose of a COVID-19 vaccine. Anyone who gets their first vaccine dose between Aug. 20 and Sept. 19 will be able to claim a \$100 U.S. Bank rewards card.

"I'm glad to be able to extend this program to give others the opportunity to take advantage of this great offer, and to do their part to help protect our state and stop the spread of the Delta variant," said Gov. Tony Evers in a statement.

As of today, 55.1 percent of the state's population have gotten at least one dose of a COVID-19 vaccine, and 51.7 percent have completed the vaccine series. On the national level, 62 percent of the U.S. population have gotten at least one dose and 52.7 percent are fully vaccinated.

See details on the reward program here: <u>https://100.wisconsin.gov</u>

Health Promotion

Angie Sullivan, OAA Consultant -Health Promotions Specialist

Nice to Know

Falls Prevention Outreach Resources

The Falls Free Wisconsin Coalition has assembled resources for falls prevention advocates to use during Falls Prevention Month - and throughout the year - to raise public awareness of the impact of falls. These resources are ready to use and share - and many are customizable with your logo and contact information. Get them

here: <u>https://wihealthyaging.org/falls-prevention-awareness-month</u> .

If you have any questions about these materials, please contact Kris Krasnowski <u>kris.krasnowski@wihealthyaging.org</u>



Quarterly Health Promotion Webinar Recording and Notes Available

The Quarterly Health Promotion Webinar took place on Tuesday, August 24th from 1:00 - 2:30 p.m. In case you missed it, the notes and recording are available on GWAAR's website. Cindy Ofstead from the Office on Aging provided an overview of the provisions and priorities of the American Rescue Plan Act funding for OAA programming. In addition, the Office of Deaf and Hard of Hearing provided information on how Aging Units/ADRC's can be inclusive of offering Health Promotion and Disease Prevention Programs to those who are Deaf or Hard of Hearing. Kassy Heard from the Great Lakes Inter-Tribal Council discussed how the tribes have been utilizing GrandPads to offer virtual health promotion programs. Other important updates from GWAAR, WIHA and UW-Madison Division of the Extension were also provided. Please reach out to Angie Sullivan at angela.sullivan@gwaar.org if you have any questions or would like to recommend a future webinar topic. https://gwaar.org/health-promotion-for-professionals

Recorded webinar and notes are under Health Promotion Coordinator Webinars

Nutrition Program

<u>Lori Fernandez</u>, OAA Consultant - Nutrition Program Specialist <u>Jean Lynch</u>, OAA Consultant - Nutrition Program Specialist <u>Pam VanKampen</u>, Older Americans Act Consultant — Nutrition Program Specialist — Senior Center Rep.

Nice to Know

ASPEN's Malnutrition Awareness Week™ (MAW), October 4-8, 2021

The goal of Malnutrition Awareness Week is to educate healthcare professionals on early detection, prevention, and treatment of malnutrition; educate consumers/patients to discuss their nutrition status with healthcare professionals and increase awareness of nutrition's role on patient recovery.

For those of you involved in meal delivery, please take this opportunity to invite your local county, state, and federal Senators or Representative(s) to ride along on your Home Delivered Meal routes! This handson experience provides critical exposure for them to see firsthand what the program does and the impact

the nutrition program has on older adults and their caregivers. This experience will provide a frame of reference for when we share additional stories with them, so hopefully, they become champions for optimal nutrition. Use these opportunities to showcase that you provide more than a meal - you help identify areas that could lead to malnutrition and other adverse outcomes and are intervening and providing solutions to help older adults live



their best lives with the funding they provide. Find your Wisconsin elected officials with this tool: <u>https://myvote.wi.gov/en-us/My-Elected-Officials</u>. You can find a collection of tools and resources at Meals on Wheels America's Advocacy Center (<u>https://www.mealsonwheelsamerica.org/take-action/advocate</u>)

to prepare for a visit and/or meeting and to use as follow-up materials to share afterward. If you have hosted your Member of Congress – either in-person or virtually – we would love to hear about it! Join the conversation online by using the hashtag #ASPENMAW21. For more information and to register, visit <u>https://www.nutritioncare.org/maw</u>

Thank you for your help in spreading the word and raising awareness about malnutrition.

Meals on Wheels America Convenes Administration for Community Living's Acting and Former Administrators and Assistant Secretaries for Aging in Panel Discussion

Arlington, VA, August 23, 2021 – On August 17, Meals on Wheels America hosted a panel conversation that convened the Administration



for Community Living's Acting Administrator and Assistant Secretary for Aging (ASA), Alison Barkoff, and her predecessors from the last three administrations: Lance A. Robertson (2017 – 2021), Kathy J. Greenlee (2009 – 2016) and Josefina G. Carbonell (2001-2009). This panel marked the first time these four Assistant Secretaries for Aging have shared a stage.

Speaking to over 800 attendees representing more than 330 local, community-based senior nutrition programs from across the country at the 2021 Meals on Wheels Virtual Conference, the panelists discussed meeting the diverse and changing needs of older adults in the face of the COVID-19 pandemic and for years to come. They also touched on the impact and evolution of the Older Americans Act (OAA) Nutrition Program as it approaches its fiftieth anniversary in March.

Watch the recorded conversation here: https://vimeo.com/588587496

September is Food Safety Month

Go 40 or Below is a nice two-page handout designed for seniors stressing the importance of properly cooling and storing food. Available in English or Spanish here:

https://www.fightbac.org/food-safety-education/40-or-below . This would be great to give out to all nutrition participants this month as well as include in their Welcome packets.

Find more free, downloadable resources for food safety here: <u>https://www.fightbac.org/download-center</u>

