



Greater Wisconsin Agency on Aging Resources

Calendar of Events

Links to files may download or open, depending on your settings.

General

Nice to Know

Emergency Broadband Benefit Program: Funds Still Available

Since the launch of the Emergency Broadband Benefit (EBB) Program in mid-May 2021 over five million households, including nearly 99,000 Wisconsin households, have enrolled in the program.

The EBB Program provides a discount of up to \$50 per month for broadband services for eligible consumers. Consumers who live on qualifying Tribal lands can receive enhanced support of up to \$75 per month toward broadband services. The program also provides a one-time device discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider. The one-time discount requires a consumer co-payment of more than \$10 and less than \$50.

Though the EBB program is temporary (expires when funds run out or six months after the federal Department of Health and Human Services declares the end of the COVID-19 health emergency), funding is still available. For more information on who is eligible for the benefit, which providers in Wisconsin are participating, and how to apply see this one-page information sheet:

<https://psc.wi.gov/Documents/broadband/EmergencyBroadbandBenefit-Information%20v3.pdf>

Health Promotion


[Angie Sullivan](#), OAA Consultant -Health Promotions Specialist

Nice to Know

Reminder: Falls Prevention Awareness Week Promotion Toolkit

Join us September 20-24, 2021, for Falls Prevention Week, a nationwide effort to raise awareness that falls are preventable.

Falls continue to be a national public health concern. During Falls Prevention Awareness Week, we encourage you to share NCOA's Falls Free CheckUp (English and Spanish Versions), a digital tool that provides a personalized overview




FallsFree CheckUp

YOU CAN PREVENT A FALL

Know your risk of falls and take action!

Explore our **#FallsFree CheckUp** tool today.

facebook.com/NCOAging



of falls risk factors and ways to address them. Explore falls prevention strategies and encourage older adults to be falls free and independent by amplifying NCOA's Falls Prevention Awareness Week Promotion Toolkit. The toolkit offers digital and printable materials you can use to generate engagement, including encouraging friends and family to make falls prevention a team effort. Download all the campaign assets here: <https://www.ncoa.org/article/falls-prevention-awareness-week-toolkit>

Nutrition Program

[Lori Fernandez](#), OAA Consultant - Nutrition Program Specialist

[Jean Lynch](#), OAA Consultant - Nutrition Program Specialist

[Pam VanKampen](#), Older Americans Act Consultant — Nutrition Specialist — Senior Center Representative

Nice to Know

ASPEN's Malnutrition Awareness Week™ (MAW), October 4-8, 2021

GWAAR is partnering again with the American Society for Parenteral and Enteral Nutrition (ASPEN), for ASPEN Malnutrition Awareness Week™. MAW 2021 kicks off with the publication of "Clinical Nutrition and Human Rights. An International Position Paper." It discusses the importance of a human rights-based approach to clinical nutrition and to developing a moral, political, and legal focus for nutrition

care. Read it at: <https://aspenjournals.onlinelibrary.wiley.com/doi/10.1002/ncp.10667>

Their malnutrition committee and staff are developing new CE webinars and resources which will be released before and during MAW. Some are already available. The webinars have limited capacity, so register now to reserve your spot! Enter code MAW-GWAAR to receive a 100% discount. Continuing education credit is available for most of the webinars. ASPEN is accredited to provide medical, pharmacy, nursing, and dietetic credits.

See the webinar schedule and download other free resources at the MAW website link below:

https://www.nutritioncare.org/Guidelines_and_Clinical_Resources/Malnutrition_Awareness_Week%E2%84%A2_Schedule

New this year is the option to download a PDF of MAW 2021 stickers and print them on letter or A4 size label sheets and distribute in your organization. If you like, you can order pre-printed stickers by filling out this form: <https://www.cognitoforms.com/ASPEN9/MalnutritionAwarenessWeek2021Stickers>

Examples of resources include this article for malnutrition awareness

https://www.nutritioncare.org/Guidelines_and_Clinical_Resources/Spotting_Malnutrition_in_Seniors

and this flyer about older adults and malnutrition

https://www.nutritioncare.org/uploadedFiles/Documents/Malnutrition/MAW_2021/Consumer-Info-Sheet-Geriatrics-8.5.21.pdf



Collecting Data on Older Adults: Opportunities to Learn About Nutrition Status

Wednesday, September 15, 1:00 p.m.

Register for this free webinar:

https://us02web.zoom.us/webinar/register/WN_aOuW6fjfQu-q1TVJ3jbfyg

Defeatmalnutrition Today is excited to announce this next webinar. During the webinar, speakers from the National Institutes of Health (NIH), the Centers for Medicare and Medicaid Services (CMS), and the Administration for Community Living (ACL) will discuss US national surveys of older adults and the potential to use them to gain more insight into nutritional status of this population. Speakers will discuss the basics of the Medicare Current Beneficiary Survey, the National Survey of Older Americans Act Participants, and other federal screeners; where questions on nutrition and frailty might be added; and the benefits this would have for researchers, policymakers, and the public at large.

Healthy Aging: Beyond the Usual Advice to Eat Well and Stay Active

Wednesday, September 22, 1:00 -2:00 p.m.

Register for this free webinar:

<https://ce.todaysdietitian.com/BeneoHealthyAging#group-tabs-node-course-default4>

The United Nations has declared 2020-2030 the “Decade of Healthy Aging”. In 2020, the global population of individuals 60 years and older was just over 1 billion people, or 13.5% of the world’s population. That number is 2.5 times greater than in 1980 and is projected to reach nearly 2.1 billion by 2050.

As a result, optimizing functional ability is a key to healthy aging. Improving dietary quality and promoting physical activity are critical to improving the health span of older adults...but what does research show about the use of functional ingredients to help lower disease risk and improve health outcomes?

Join Christine Rosenbloom, PhD, RDN, FAND, for a webinar that will review research on proven strategies to lower blood glucose concentrations, which leads to improved outcomes for several non-communicable diseases, as well as the role of glycemic control in immune function. Dr. Rosenbloom will also discuss on the gut microbiome, digestive health, bone health, and emerging research on prebiotics, as they improve not only digestive health but cross-talk between the gut to improve metabolic, cognitive, and muscle health as well.

In this interactive webinar, Dr. Rosenbloom and BENEIO-Institute experts will bring much needed attention to a topic affecting all of us: healthy aging.

Please share with your contract RDs.

“Prep Yourself-Food is On the Way”

The *Partnership for Food Safety* just revealed “Prep Yourself-Food is On the Way” as the theme for September’s National Food Safety Month. The campaign’s focus is Food Safety Delivered. The campaign is built on two opportunities:

- Educate delivery users about potential areas of risk
- Leverage food delivery is a new vehicle to communicate to consumers about food safety at home

The delivery handoff is a clear moment in time where people are accepting their role as a link in the food safety chain (whether they realize it or not!)

Several resources are available for download at <https://www.fightbac.org/prep-yourself/>

You can view the webinar on-demand after Sept. 2 at <https://www.fightbac.org/free-resources/recorded-webinars> One-hour CEU available.