



Volume 3, No. 32, Week of Aug. 16, 2021 Office (608) 243-5670 Fax (866) 813-0974 info@gwaar.org

Greater Wisconsin Agency on Aging Resources

Calendar of Events

Links to files may download or open, depending on your settings.

General GWAAR

Need to Know

Reminder: ACE Meeting: Save the Date!

The next ACE meeting will be held virtually September 29th from 1:00 p.m.-2:30 p.m. Invite and agenda to come!

Nice to Know

United Way of Wisconsin Hosts a Second 21-Week Equity Challenge

This weekly equity habit-building exercise is a tool to learn more about how inequity and racism effect our state and communities. Here's a quick summary of the Challenge:

- Participants will receive an email at the beginning of each week from Monday, August 30, 2021 through Monday, January 17, 2022.
- Weekly topics take participants through a journey to deepen understanding of inequity and racism, suggest ways to take action, and help launch what The United Way hopes will be a lifelong commitment to improving equity and inclusion in our communities.
- You can participate solo, though United Way of Wisconsin encourages participants to form small groups to discuss weekly topics. They recommend reserving at least 20 minutes a week to review the email and maybe more time if you're meeting as a group to discuss.

Learn more here: https://www.unitedwaywi.org/page/equity-challenge

To sign-up fill out this quick form: https://survey.alchemer.com/s3/6388702/WI-Equity-Challenge-Fall21

This Challenge is meant to learn from new and different perspectives, deepen understanding, share ways to take action, and help launch what the United Way hopes will be a lifelong commitment to improving equity and inclusion in our state and communities.

Family Caregiver Support

Jane Mahoney, Older Americans Act Consultant - Family Caregiver Specialist

Nice to Know

Keep the Virtual Events Page Update to Date

If you have posted virtual support groups or events on the Virtual Events Page on the <u>http://wisconsincaregiver.org</u>, please take a moment to verify that the information on the website is accurate. Check it here: <u>http://wisconsincaregiver.org/virtual-events-for-caregivers</u>

If you have new events you would like to post, please complete Virtual Events Page form: https://forms.office.com/Pages/ResponsePage.aspx?id=ZHYIjp1ATEymtHqgECDW6j5D4Zt-k39MuZHRh4KS7CZUMkFES0o3UktIWEpFVjMwQUpMREI1UVY1Vy4u

Remember this site is for virtual events only - no in-person events will be posted here.

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Health Promotion

Angie Sullivan, OAA Consultant -Health Promotions Specialist

Nice to Know

Falls Prevention Awareness Week Promotion Toolkit

Join us September 20-24, 2021, for Falls Prevention Week, a nationwide effort to raise awareness that falls are preventable.

Falls continue to be a national public health concern. During Falls Prevention Awareness Week, we encourage you to share NCOA's Falls Free CheckUp (English and Spanish Versions), a digital tool that provides a personalized overview



of falls risk factors and ways to address them. Explore falls prevention strategies and encourage older adults to be falls free and independent by amplifying NCOA's Falls Prevention Awareness Week Promotion Toolkit. The toolkit offers digital and printable materials you can use to generate engagement, including encouraging friends and family to make falls prevention a team effort. Download all the campaign assets here: https://www.ncoa.org/article/falls-prevention

Business Development Center

Sky Van Rossum, Business Development Coordinator

Nice to Know

Reminder: Bureau of Labor Statistics: The Latest Consumer Price Index news

CPI for all items rises 0.5% in July; shelter, energy, food, new vehicle indexes rise (08/11/2021)

In July, the Consumer Price Index for All Urban Consumers rose 0.5 percent on a seasonally adjusted basis; rising 5.4 percent over the last 12 months, not seasonally adjusted. The index for all items less food and energy increased 0.3 percent in July (SA); up 4.3 percent over the year (NSA).

Translated, this means that for every dollar budgeted to support network activities, those same activities cost \$1.05 cents now.

Illustrating this point a bit further, if a county is providing meals at a cost of \$10, that same meal actually costs \$10.50. The potential impact on a county providing 25,000 meals per year would be an unbudgeted added expense of \$12,500.

The good news is that the 5.4 % is down from a high of over 7% just two months ago. If you have questions or would like to discuss how to mitigate the impact on your programs, contact Sky Van Rossum at 608.228.8088.