**Meeting Invitees: Nutrition Directors**

**Agenda:**

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| **Time:** | **Topic:** | **Discussion** | **Follow-up Items:** |
| 1:30 pm | **Welcome by Megan Fortune and Lori Fernandez** | Thank you for joining the Conference! |  |
| 1:35 | **Alonzo Kelly- Critical Thinking** | * **Safety and Trust**   + Accountability definition: To be in a position to explain the result or the outcome.   + Has anyone ever heard of “The Most Accountable Employee” award?   + We have “accountable” all over our organizations.   + Don’t weaponize the thing we claim to be. * **Humility-** I know what I know rooted in my experience and I know I have not experienced it all * **Empowerment-** the ability to take action with new knowledge and information. * **Courage-**   **Role Play**  This is why role play matters, show how to use the knowledge in real time.  *Mike Tyson says everybody has a plan until they get punched in the face.*  Thinking about my thinking while wondering why you are thinking about it.  All of our thoughts and beliefs rest on a scaffolding of Q&A. The stronger your belief in something the better your Q&A answers have to be. It’s not about right or wrong, it’s about how we answer them in a way that proves they are right.  Refer to handout: ***Important Questions to Ask***  If someone says, Santa is Real. Instead of asking, why would you say that, instead be explicit in your line of questioning.   * Clarity, accuracy, etc…   We are all in this together? What does this mean? We are all dealing with pandemic but we are not all having the same experience.  **Picture of girl, motorcycle and guy on bench.** We all see the same thing. Ask more questions (from the handout) Tell me more…Be more specific, etc. go down the line of these questions and it will help you uncover how the persons experience drive their responses. Alonzo sees a father, daughter and boyfriend.  **New handout**. We think about things from a particular point of view and we lean into our perspective assuming we are right, we don’t look enough at what if we are wrong?   * Logical Conclusion. If x, y, z… this must be true. * Work the circle… not to weaponize or shut down, but to better understand. * Lean into this to better understand various perspectives. You are seeking first to understand. * Order matters, it is important when you use the Wheel. If you change #2 and #5, from who’s point of view and what information are you relying on.   **Picture of a guy walking with a bike piled with bricks.**   * The bricks have no support.   + Why are we talking about the bricks   + From whose point of view if there no support   + Answers are all correct, but they are incomplete.   **Take aways:**   * **Don’t assume things mean the same to everyone** * **Don’t weaponize what you want me to be, celebrate what you want me to be** * **Authentic inquiry should drive questioning**   **How to use the wheel at work:** | **Access recording of his keynote address at** [**this link**](https://gwaar-my.sharepoint.com/:v:/g/personal/pam_vankampen_gwaar_org/EWH0DGHNq9hLvoLh3fu6eoYBo1ZYadhz0Q7yWZyS2POz3g?e=K5IJhr)  **Alonzo will send another handout “Universal structures of Thought” to Lori to share with the group that shows how we think.**  **Access the handouts (Critical Thinking, Elements of Reasoning and Universal Structures of Thought) in** [**this folder**](https://gwaar-my.sharepoint.com/:f:/g/personal/pam_vankampen_gwaar_org/Eu6E88mRrnJJqXrZ_s9dVgoBMYESQ5MAo9ZRkAB0die9Yg?e=hkumJV) |
| 2:30 | **Janet Zander, GWAAR**  **WI Coalistion to End Social Loneliness and Loneliness** | See handout and ppt in [this folder](https://gwaar-my.sharepoint.com/:f:/g/personal/pam_vankampen_gwaar_org/Eu6E88mRrnJJqXrZ_s9dVgoBMYESQ5MAo9ZRkAB0die9Yg?e=hkumJV)  Social Isolation and Loneliness are not the same.  **Questions from the Group about the Coalition?**   * They are sorting out the response to the first batch of survey responses. * Developing an orientation to catch people up to where the coalition is at. * Good geographic diversity, but need better representation for minority populations and other diverse groups * Estimated time commitment? The survey will explain in more detail depending on what you choose, range from 1.5 to 3 hours per month. * The Coalition is already started but it is continuing to build. * Janet would appreciate some ideas around the assessment piece, how to identify persons. * Janet asked if we have been hearing a lot about the coalition? * Any ideas how to get the word out more? * Janet said the survey was sent out on BadgerAging, Wisnutrition and the SC listserve. | **Access the recording of Janet’s presentation at** [**this link**](https://gwaar-my.sharepoint.com/:v:/g/personal/pam_vankampen_gwaar_org/Edk8WUGC45NPkaTRkrSsS8QBAxwGpgli6Qrv0DIcbCzWhA?e=qeGnrQ)  **Please complete the survey if you haven’t done so yet**  The Coalition is overseeing the launch of four specialized workgroups and we invite you to indicate your interest in this work by completing the following survey:  English: [https://www.surveygizmo.com/s3/6251750/Partner-Engagement-F02782](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.surveygizmo.com%2Fs3%2F6251750%2FPartner-Engagement-F02782&data=04%7C01%7C%7Ccf4882c5b075485ea17d08d9045ccff6%7C8e087664409d4c4ca6b47aa01020d6ea%7C0%7C1%7C637545618946642035%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=sbZ%2BRXmvhxdPADFTQOBu7lEhtq38sQY4xq5guyeJHOM%3D&reserved=0) Spanish: [https://www.surveygizmo.com/s3/6285902/F-02782-Spanish](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.surveygizmo.com%2Fs3%2F6285902%2FF-02782-Spanish&data=04%7C01%7C%7Ccf4882c5b075485ea17d08d9045ccff6%7C8e087664409d4c4ca6b47aa01020d6ea%7C0%7C1%7C637545618946651998%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=Js36IuAIkviSLHNusLeu6IRa0ggeOP9%2FuCocHyH%2FAtA%3D&reserved=0) Russian: [https://www.surveygizmo.com/s3/6285535/F-02782-Russian](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.surveygizmo.com%2Fs3%2F6285535%2FF-02782-Russian&data=04%7C01%7C%7Ccf4882c5b075485ea17d08d9045ccff6%7C8e087664409d4c4ca6b47aa01020d6ea%7C0%7C1%7C637545618946651998%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=xeICU%2B9R0yOVdLSqtDYSNeuSxW0i3wFe%2But12f%2BuiVM%3D&reserved=0) Hmong: [https://www.surveygizmo.com/s3/6287865/F-02782-Hmong](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.surveygizmo.com%2Fs3%2F6287865%2FF-02782-Hmong&data=04%7C01%7C%7Ccf4882c5b075485ea17d08d9045ccff6%7C8e087664409d4c4ca6b47aa01020d6ea%7C0%7C1%7C637545618946661958%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=ZK6VjuIbuYqZWni5vE%2F6TtDJ2tOVck%2Fp8fayQ1TztGE%3D&reserved=0)  [View this email message in American Sign Langauge.](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3Dxl39fAC4y4I&data=04%7C01%7C%7Ccf4882c5b075485ea17d08d9045ccff6%7C8e087664409d4c4ca6b47aa01020d6ea%7C0%7C1%7C637545618946661958%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=jc%2FQx4MYA%2BnoeINmOKtyxOs39GofGa8gt%2B0l7a7D71I%3D&reserved=0) If you need the full survey in American Sign Language or in an alternative format, you may make that request by contacting Carly Bieri at [carly.bieri@wisconsin.gov](mailto:carly.bieri@wisconsin.gov).  Please share the survey with others you think might be interested. Thank you. |
| 3 pm | **Volunteer Management- Sammi Heffron, MOWA** | See handouts (ppt and resources) in [this folder](https://gwaar-my.sharepoint.com/:f:/g/personal/pam_vankampen_gwaar_org/Eu6E88mRrnJJqXrZ_s9dVgoBMYESQ5MAo9ZRkAB0die9Yg?e=hkumJV)  Excellent presentation with several useful resources and practical suggestions. | **Access recording at** [**this link**](https://gwaar-my.sharepoint.com/:v:/g/personal/pam_vankampen_gwaar_org/EfB6d7g3gx1GgfoGWKJrRQUBRxQmkrf8iKDZcp6wTDdcmw?e=DV8jaN)  **Feel free to reach out to Sammi with any questions**  [**sammi@mealsonwheelsamerica.org**](mailto:sammi@mealsonwheelsamerica.org)    **Sammi will share Volunteer Job Description, we will put in the SPRING 2021 WAND folder.** |
|  | **State Update**  **(Sara Koenig)** | Sara was unable to join the conference but will email out her update to the Nutr. Directors | Sara to email update to Nutrition Directors |
| 3:40 | **GWAAR Nutrition Team Updates** | See ppt in [this folder](https://gwaar-my.sharepoint.com/:f:/g/personal/pam_vankampen_gwaar_org/Eu6E88mRrnJJqXrZ_s9dVgoBMYESQ5MAo9ZRkAB0die9Yg?e=hkumJV)  Pam referenced 2 Training PPTs regarding Temp Taking for Staff and Volunteers, they can both be accessed in the folder link above. Both have a voice over that you can play for staff if you like.   * “Your Role Matters….” * “Food Temp Monitoring Flow Process….”   **Request from AUs:**   * I'm still interested in 1.) hearing from peers about Aging staffing models for their Nutrition Programs based on various parameters of their county and if 2) there is a more efficient and effective software that can be used as an adjunct to SAMS. We are doing so much on paper and I want to "fix that" if possible. It is budget time so this matters to me but may not apply to everyone. (Kimberly Swanson- Jefferson Cty) * I'd be interested in hearing/seeing request for bids, food contract templates, etc. (Courtney Brookhart- Grant Cty) * It would be great if Sustainable Kitchens could utilize the GLITC food preference survey results to come up with a couple of recipes for our menus. (Sabrina Nagosky, ADRC-NW WI) | **Access the recording at** [**this link**](https://gwaar-my.sharepoint.com/:v:/g/personal/pam_vankampen_gwaar_org/EXhONrMemfZDpFyDpI4uDGQB7EILfT7LUM_Pe_bdemnLDQ?e=NhQzsr)  The nutrition team will follow up on the suggestions, thank you for your input!  **Upcoming Calls**   * June 22- SUYN Leader Call 2-3 pm.   **Join Zoom Meeting**  <https://zoom.us/j/92189206100?pwd=R1ZJcmJQNDNiSzUrSEc1QmFNdXNoZz09>  **Meeting ID: 921 8920 6100**  **Passcode: 210912**  One tap mobile  +13126266799,,92189206100# US (Chicago)  **Dates to be determined (likely June-August)**   * Restaurant/My Meal, My/Way Model Call * RFP Peer Sharing * ARPA Funds Idea Sharing * Recipe and Menu Sharing * Nutrition Peer Sharing * RD/DTR Peer Sharing   **Certificate of Attendance (3 hours)**  This training counts as 3 hours toward your annual 10 required hours for Nutrition Directors.  Download your certificate at [this link](https://gwaar-my.sharepoint.com/:b:/g/personal/pam_vankampen_gwaar_org/EXDT_TiFGT1EtCopPX7Qi54BT9u4SUIueaHMoQocpDWOGw?e=hLrjAv). |
| 4 pm | **DeKendrea, Feeding America- Food Share** | See handout in [this folder](https://gwaar-my.sharepoint.com/:f:/g/personal/pam_vankampen_gwaar_org/Eu6E88mRrnJJqXrZ_s9dVgoBMYESQ5MAo9ZRkAB0die9Yg?e=hkumJV)  How long will the enhanced benefit last? Estimated to be thru the end of the Fed. Fiscal Year, Sept. 30 2021.  Handouts available for outreach materials. She really needs folks in the Northern and Southern part of the state. Please fill out this form to get materials to share with your participants. [Feeding Wisconsin - Google Forms](https://docs.google.com/forms/d/13PKQxInXwivGLmV-J3wjoOs_BLpF3TBGtEI5u3CXj_4/edit) | **Access recording at** [**this link**](https://gwaar-my.sharepoint.com/:v:/g/personal/pam_vankampen_gwaar_org/EfnSERaRjfBElc2uvQajgfABO6u3CpEQaTYNIeak-y5xrg?e=iPzNgh)  DeKendrea will send out a list of foods/plants/seeds etc. that can be purchased with Food Share. |
| 4:30 | **WAND Updates** | **Darby announced that the WAND Board approved purchasing 8 licenses for the Adult Nutrition Care Manual for1 year.**  Evidence-based nutrition information at your fingertips.  With NCM®, enjoy instant access to the largest client education library of nutrition education materials, cutting-edge clinical nutrition recommendations, and a customizable diet manual with annual updates.  We will track usage and at least 1 outcome to demonstrate value and re-evaluate next year.  *A sincere thank you to the WAND Board for this outstanding resource that RDs can utilize for nutr. ed, nutrition counseling and more.* | If you would like to preview the Adult Nutrition Care Manual (NCM) visit [this link](https://www.nutritioncaremanual.org/adult-nutrition-care)  **Planning for the Fall WAND Training** will begin soon. **If you have suggestions or would like to be part of the training committee please contact** Megan Fortun [megan.fortun@vernoncounty.org](mailto:megan.fortun@vernoncounty.org) or Darby Smith [darby.smith@co.barron.wi.us](mailto:darby.smith@co.barron.wi.us) |