



Volume 3, No. 10, March 9, 2021 Office (608) 243-5670 Fax (866) 813-0974 info@gwaar.org

Greater Wisconsin Agency on Aging Resources

[Calendar of Events](#)

Links to files may download or open, depending on your settings.

Advocacy

[Janet Zander](#), Advocacy & Public Policy Coordinator

Senate Passes \$1.9 Trillion Relief Bill

Early Saturday morning (3/6), the Senate passed the American Rescue Plan Act by a vote of 50-49 along party lines. Thanks to those who made contacts to U.S. Senators Johnson and Baldwin last Friday the amendment, proposed by U.S. Senator Johnson which would have significantly reduced Older Americans Act (OAA) relief funding in the federal relief package, never made it to the Senate floor for a vote.

For more details on the legislation which is anticipated to be signed into law by March 14th, read

<https://gwaar.org/api/cms/viewFile/id/2006618/>

Aging Plans

[Jane Mahoney](#), Older Americans Act Consultant

[Nick Musson](#), Older Americans Act Consultant

Nice to Know

Tips and Highlights

Here is an example of another Aging Plan Input survey:

https://uwmadison.co1.qualtrics.com/jfe/form/SV_1M4rH4kPCDAbYgk

This one is from Clark County. They partnered with Extension to create and launch the survey and received 29 responses after the first weekend. One particularly unique question on this survey is, "After retirement, if you could choose the ideal day, what would that day look like?" This open-ended question gets people to think about long path planning in a fun and positive way.

If you have a promising practice to share or a question about aging plan development, please contact Jane Mahoney or Nick Musson.

Family Caregiver Support

[Jane Mahoney](#), Older Americans Act Consultant - Family Caregiver Specialist

Nice to Know

Supplemental Respite Grant Program from Respite Care Association of WI (RCAW)

The Supplemental Respite Grant Program (SRGP) supports primary caregivers by providing \$250 every ninety days (up to \$1,000 per year) of funding for supplemental respite services. This grant allows them to hire the person of their choice to help them with housekeeping, meal prep, laundry, lawn care, snow removal, transportation, and technology.



RCAW
Respite Care Association
of Wisconsin

Learn more here: <https://respitecarewi.org/grants/supplemental-respite-grant-program>

The SRGP is a sister grant to the original Caregiver Respite Grant Program (CRGP) which provides financial support for family caregivers for up to five days of respite care within a 90-day period. The grant helps them pay for one-on-one personal care from the caregiver of their choice for their loved one living with disabilities or special needs and is available when financial support through other caregiver support or long-term care waiver programs is not available or has been used up.

Learn more about the CRGP here: <https://respitecarewi.org/grants/caregiver-respite-grant-program-crgp>

Marketing materials for these programs are available at no charge from RCAW. Request via their website: <https://respitecarewi.org/marketing-materials>

Wisconsin/TRUALTA Additional Staff Training Session

Thursday, March 11

11:00 a.m. – 12:00 p.m.

Join Zoom Meeting

<https://us02web.zoom.us/j/83881743709>

Meeting ID: 838 8174 3709

Dial in: 1 312 626 6799 US (Chicago)

Meeting ID: 838 8174 3709

This training session would be great for new coordinators and a good refresher for the others.



Participants Needed for Dementia Caregiving Study

Researchers from the Department of Industrial and Systems Engineering at the University of Wisconsin-Madison recently received funding from the National Institutes of Health (NIH). The funding, which is in collaboration with a small business, CareVirtue, is to research whether their web and mobile app for dementia care partners is useful and if they can create an intelligent caregiver assistant to potentially make the app more useful for caregivers. They are currently looking for study participants.

Those who agree to participate will be compensated \$150 and will be able to use the app without cost for one year. Learn more about eligibility and how to sign up by clicking the link below:

<https://www.alzwisc.org/event/caregiving-study> or viewing this file:

<https://gwaar.org/api/cms/viewFile/id/2006619>



Nutrition Program

[Lori Fernandez](#), OAA Consultant - Nutrition Program Specialist

[Jean Lynch](#), OAA Consultant - Nutrition Program Specialist

[Pam VanKampen](#), Older Americans Act Consultant — Nutrition Specialist — Senior Center Representative

Nice to Know

Join engAGED: The National Resource Center for Engaging Older Adults for a Free Webinar:

Social Engagement and Nutrition: Innovations for Today and the Future

Tuesday, March 23

12:00 p.m.

Register here:

<https://register.gotowebinar.com/register/7943234151279809550>

At the start of the COVID-19 pandemic, congregate nutrition and home-delivered meal programs quickly adapted to meet nutrition needs while finding creative ways to offer critical social engagement opportunities. As we approach the one-year mark of the pandemic, join engAGED for a webinar focused on lessons learned and the future of social engagement and nutrition programs. Attendees will hear from the National Association of Nutrition and Aging Services Programs, Meals on Wheels America, and the Northern Arizona Council of Governments Area Agency on Aging.



Updated Social Isolation Guide

GWAAR is partnering with Dane AAA and we have updated the Social Isolation Resource Guide. The most recent version can be found on the GWAAR website at <https://gwaar.org/api/cms/viewFile/id/2006074>. Here is an example of some of the new content:

Total Brain Health (TBH) Offers Free “On-Demand” Brain-Wellness Engagement Programs for public use in response to COVID-19. Prerecorded online brain coaching series (available in video or audio format).

Printable worksheets can be downloaded for at-home practice. Learn more at

<https://anytime.totalbrainhealth.com>. They also have TBH Toolkits and TBH Toolbox for purchase at

<https://totalbrainhealth.com>