vitamin Omega 3 antioxidant K cabbage spinach Free flavonoids space! turmeric salmon walnut tuna green pumpkin cashews seeds tea

G walnut antioxidant flavonoids spinach salmon tuna green vitamin K tea turmeric Free pumpkin seeds space! cabbage cashews Omega 3

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vitamin flavonoids K salmon walnut cashews Omega 3 spinach green Free tea space! cabbage tuna pumpkin seeds turmeric antioxidant

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Omega 3 flavonoids turmeric spinach antioxidant salmon vitamin Free space! walnut green pumpkin seeds cashews tea cabbage tuna

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G cabbage spinach Omega 3 antioxidant turmeric green flavonoids tea salmon Free cashews space! walnut pumpkin seeds tuna vitamin K

walnut vitamin K cabbage cashews tuna Free green antioxidant tea space! turmeric salmon Omega 3 spinach pumpkin seeds flavonoids

G turmeric flavonoids salmon vitamin pumpkin seeds antioxidant K cabbage tuna Free cashews space! walnut green Omega 3 tea spinach

walnut vitamin pumpkin seeds K turmeric green Omega 3 cashews tea spinach tuna Free space! cabbage antioxidant salmon flavonoids

#### Brain Health Call List

- Call out each word or phrase starting at the top.
  To make the game more challenging, give a clue instead of saying the word.
- Use the extra space on this page to write your own notes (e.g., clues you'll use for each word/phrase).



kale



blueberry

flavonoids



walnut



strawberry



cabbage



broccoli



raspberries



olive oil



coffee



peanut



salmon

green tea



egg



chocolate

Omega 3



spinach



blackberries

vitamin K

cashews

pumpkin seeds



tuna

antioxidant



turmeric