



Volume 3, No. 7, February 16, 2021 Office (608) 243-5670 Fax (866) 813-0974 info@gwaar.org

Greater Wisconsin Agency on Aging Resources

[Calendar of Events](#)

Links to files may download or open, depending on your settings.

General

Need to Know

Save the Date: Virtual ACE Meeting

Wednesday, March 10, 2021 (not Tuesday)

1:00 p.m.-2:30 p.m.

An agenda and appointment with link information to come.

Aging Plans

[Jane Mahoney](#), Older Americans Act Consultant

[Nick Musson](#), Older Americans Act Consultant

Nice to Know

Tips and Highlights

When collecting input for your aging plans, remember to enlist the help of your Commission on Aging or Advisory Council members. They can conduct interviews or lead focus groups. Suggestions for involving board members can be found on the GWAAR website at: <https://gwaar.org/plansamendmentsassessments>

If you have a promising practice to share or a question about aging plan development, please contact [Jane Mahoney](#) or [Nick Musson](#).

Family Caregiver Support

[Jane Mahoney](#), Older Americans Act Consultant - Family Caregiver Specialist

Nice to Know

Wisconsin Caregiver Support Community Statewide Call

Tuesday, February 23

10:00 a.m.

Join Zoom Meeting: <https://zoom.us/j/99308906426?pwd=azhxOWg2WW92ZDlubEhyNERLVDNWZz09>

Or Dial-In: 1-312-626-6799 Meeting ID: 993 0890 6426 Passcode: 748310

The meeting will feature a presentation about using Assistive Technology such as Echo Show and other devices to reduce stress, optimize mental functioning, and decrease social isolation and loneliness. Laura Plummer, Assistive Technology Program Coordinator at the Wisconsin Department of Health Services will be our presenter. We will also hear some ideas for engaging caregivers in Trualta presented by Pamela Tannouri.

<https://gwaar.org/wisconsin-caregiver-support-community-monthly-calls>

Relatives As Parents Program Workgroup Call Recording Available

We had a great speaker on our Relatives As Parents Program workgroup call yesterday. Peg Cadd shared about many of the challenges of being a relative caregiver (or foster/adoptive parent) and how to handle those feelings of anger and resentment towards the birth parents. The call was recorded and would be appropriate for staff and relative caregivers to watch. Get the recording here:

<https://zoom.us/rec/play/ppH262wH9oTVo7olyYQCyw1GkADyBMvmc9QmHc1LGfhSzFOFaWQMk5YZsjAfsycjHLUrLVUQwXOpt8ab.8Tere2F9TFnY56fo?autoplay=true>

As this group moves forward there will be opportunities to participate in two ways - serve on a statewide workgroup and/or join the listserv to keep informed of programs, presentations, resources, and other supports for grandfamilies/kinship families.

The new workgroup will become part of the Wisconsin Family & Caregiver Support Alliance and will meet monthly to address issues related to grandparents, relative caregivers, foster and adoptive families. If you are interested in learning more about being part of this workgroup please sign up here:

<https://forms.office.com/Pages/ResponsePage.aspx?id=w1BIBocLREi2x9O5HmKVYpQcsIkekbxChjdylLvFX2hUMIFFWEs0REdXM0hMU0tRNUVCSjYwTDk0MS4u&wdLOR=cEB330CB5-47F0-4BFD-8C73-77B209D148BE>

If you would like to sign up for the listserv, please follow this link:

<https://forms.office.com/Pages/ResponsePage.aspx?id=ZHYIjp1ATEymtHqgECDW6j5D4Zt-k39MuZHRh4KS7CZUMDBQRE1GVzAzRUtJQzRFQURLV1BGUEZJSi4u&wdLOR=c9FCAF8B5-B6F3-4BB9-A05E-BE850E653729>

Reminder: Tualta Live Webinar- Family Caregiver Common Barriers and Motivators - Best Practices

February 17, 2021

11:00 a.m.

Register in advance for this webinar at:

https://us02web.zoom.us/webinar/register/WN_7FS-xHP2QmejFc8iRKAz5A

After registering, you will receive a confirmation email containing information about joining the webinar.

The Tualta staff is always learning from caregiver coordinators across the US and Canada, discovering some important tips and tricks for overcoming common barriers caregivers face, and how to motivate them to make the best use of Tualta. Katie Ballard, Aging Specialist from the Centralina Area Agency on Aging, will share her best practices and how she managed to engage 100% of the caregivers she has enrolled in Tualta.

Please join us and your fellow care coordinators delivering Tualta in our online webinar on Zoom!

Reminder: Animatronic Companion Pets: Combating Social Isolation during COVID-19 Webinar

Tuesday, March 2, 2021

12:00 p.m. CT

Register at <https://register.gotowebinar.com/register/4832883980849693200>

The links between social isolation and nutrition are undeniable and critical to addressing these social determinants of health. Social distancing measures established because of the pandemic—while appropriate and needed—have greatly exacerbated the existing epidemic of social isolation. Learn how animatronic companion pets can be a valuable contributor to your game plan in reducing social isolation within the populations that you serve.

Caregiver program funds (AFCSP and NFCSP) could be used to purchase animatronic companion pets. Sponsored by the National Association of Nutrition and Aging Services Programs (NANASP).



Health Promotions

[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

Nice to Know

February 9th Health Promotion Webinar - Recording

In case you missed it, please take time to view the recording of the latest Health Promotion Webinar. Sara Richie from the UW-Madison Extension discussed, "Programming in the Pandemic: Addressing Social Isolation and Loneliness." Carrie Kroetz, OAA Consultant, also reviewed reporting of client data in SAMS as it relates to Title III-D Programming. There are also important updates from GWAAR and the Wisconsin Institute for Healthy Aging. Find the recording here:

<https://zoom.us/rec/share/tSs0BJVzg16tbf6cBNcSwp7hGU9o8VNFX5ngyaSRhdjvev2tL-COCftyOp2pOXcB.-BDLEAZ0kIFX43TI>

Next Health Promotion Webinar

Tuesday, May 18th, 2021

1:00 - 2:30 p.m.

We will highlight the Stepping Up Your Nutrition and Stand Up Move More workshops. A meeting invite will come out shortly. If you have any ideas of topics you would like addressed in future health promotion webinars, please contact Angie Sullivan, OAA Consultant Health Promotion and Disease Prevention at angela.sullivan@gwaar.org or 608-228-8081.

Wisconsin Public Health Association Section Webinar, "Transformative Narrative: A Communications Strategy to Advance Health Equity in Wisconsin"

Wednesday, March 17th, 2021

1:00 p.m.-2:00 p.m.

Register here:

<https://www.wpha.org/events/EventDetails.aspx?id=1486507&group=>

*Complementary for WPHA members, Non-member rate: \$25

Communications can be a powerful tool in public health, but we often find ourselves reacting to a toxic narrative rather than setting forth our own equally powerful, transformational narrative about health. The Wisconsin Healthiest State Initiative, a program organized by the MATCH Group at the UW Population Health Institute, convened a statewide group to develop a transformative health equity narrative for Wisconsin. This narrative has since been applied to COVID-19 communications from places like local health departments and public health partners and has been observed in Governor Evers' public remarks. Join us for a training on how the public health field can harness the power of a transformative narrative to advance equitable public health policies and practices in Wisconsin. Sample messaging resources will be provided.

