Services Medicare covers at no cost to you

Medicare preventive services

You can get...	This often...	Details and conditions
Abdominal aortic aneurism screening	Once per lifetime	If you are at risk
Alcohol misuse screening	Once a year	If you do not have dependence on alcohol
Bone mass measurement	Once every 24 months	If you meet certain criteria
Cardiovascular disease screenings	Once every 5 years	
Colonoscopy (Note: more colon cancer screenings may be covered)	At least once every 120 months	If a polyp is found or removed, you may have to pay 15%
Cervical and vaginal cancer screenings	At least once every 24 months	Pap smear and pelvic exam
Depression screening	Once a year	If done in primary care setting
Diabetes screening	Up to 2 tests per year	If high risk
Glaucoma screenings	Once every 12 months	
Hepatitis C screening test		If you meet certain criteria
HIV screening	Once a year	If you are between age 15 – 65, at risk, or pregnant
Lung cancer screening	Once a year	If you have certain conditions
Mammogram	At least once a year	If you are age 40+
Medical nutrition therapy		If you have diabetes or kidney disease or you've had a kidney transplant in the last 36 months, and a referral from your doctor
Medicare Diabetes Prevention Program		If you meet certain criteria
Obesity screening		If BMI ≥ 30
PrEP for HIV prevention		If at risk for HIV
Prostate cancer screening	Once every 12 months	For men age 50+
STI screening	Once every 12 months	If pregnant or at increased risk
Smoking cessation		Up to 8 visits in 12-month period
Vaccinations	Check CDC.gov	COVID-19
	Once per flu season	Flu shot
		Hepatitis B shot: if at risk
		Pneumonia shot
		Shingles shot: May be covered by Part D
Welcome to Medicare exam	Once during your first 12 months of Part B	Not a physical exam
Yearly "Wellness" Visit	Once a year, after your first 12 months of Part B	Not a physical exam

Updated: July 2026. **Source**: https://www.medicare.gov/coverage/preventive-screening-services

This handout was supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $1,061,673 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.

SHIP State Health Insurance Assistance Program