



Volume 2, No. 50, December 22, 2020 Office (608) 243-5670 Fax (866) 813-0974 info@gwaar.org

Greater Wisconsin Agency on Aging Resources

[Calendar of Events](#)

Links to files may download or open, depending on your settings.

General

The GWAAR Newsletter will return in January 2021. Have a happy and healthy holiday season!

Family Caregiver Support

[Jane Mahoney](#), Older Americans Act Consultant

Nice to Know

Trialta Webinar Available

If you missed the December 16 Trialta webinar explaining how you can use Zoom to get your caregivers to engage with Trialta (Onboarding Caregivers Through Zoom) you can view the recording and get materials at these links:

Webinar link: <https://vimeo.com/492140122/401842b128>

Staff Space: <https://trialta.docsend.com/view/s/qi6pwprjtjbeygp2>

Next Caregiver Support Community Statewide Call

Just a reminder there will not be a Caregiver Support Community Statewide call in December. The next call is scheduled for Tuesday, January 26 at 10:00 am.

Have a wonderful holiday season!

Health Promotions

[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

Nice to Know

Help Address Loneliness and Isolation in Your Communities

Several organizations including GWAAR and the Wisconsin Institute for Healthy Aging are beginning to meet and discuss the issue of loneliness and its contributor social isolation. We are early in the process and don't currently have programs or specific practices to share that will support older adults who are lonely. We have, however, developed a letter-to-the-editor you could submit to your local daily or weekly newspaper or other editorial outlets around the holidays. This letter, at <https://gwaar.org/api/cms/viewFile/id/2006368>, can be adapted and customized (highlighted in yellow) as works best for you.

The holidays are hard for many and with the pandemic continuing it may feel extra lonely this season. Please consider signing and submitting this letter, or your own version, to local editorial outlets to encourage the community to rally around those who are alone and lonely. An email was sent to Aging Unit Directors last week with this information. Please check with your Director to ensure multiple submissions are not made to your local news outlets.