



Volume 2, No. 48, December 8, 2020 Office (608) 243-5670 Fax (866) 813-0974 info@gwaar.org

# **Greater Wisconsin Agency on Aging Resources**

**Calendar of Events** 

Links to files may download or open, depending on your settings.

# **Advocacy**

Janet Zander, Advocacy & Public Policy Coordinator

#### Nice to Know

### **Supported Decision-Making Toolkit**

Supported decision-making empowers adults with functional impairments to make informed decisions about their life that protect their rights and ensure their safety and privacy. It involves family and friends working together to help them make complex decisions.

The toolkit includes resources to help individuals and their supporters create a plan and fill out the official Supported Decision-Making paperwork. Powers of attorney, representative payees and simple release of information forms are included. See links below to access the toolkit (now also available in Hmong) on the Wisconsin Board for People with Developmental Disabilities' website.

New: Hmong Toolkit = <a href="https://wi-bpdd.org/wp-content/uploads/2020/11/SDMToolkit\_Hmong\_11132020.pdf">https://wi-bpdd.org/wp-content/uploads/2020/11/SDMToolkit\_Hmong\_11132020.pdf</a>
Spanish Toolkit = <a href="https://wi-bpdd.org/wp-content/uploads/2020/04/SDMToolkit\_Spanish\_FullVersion.pdf">https://wi-bpdd.org/wp-content/uploads/2020/04/SDMToolkit\_Spanish\_FullVersion.pdf</a>
English Toolkit = <a href="https://wi-bpdd.org/wp-content/uploads/2019/12/SDMToolkit.pdf">https://wi-bpdd.org/wp-content/uploads/2019/12/SDMToolkit.pdf</a>

### **Voter Experience Surveys**

Many elections were held this year and voters have faced some extraordinary challenges and barriers. The Wisconsin Disability Vote Coalition and other voting advocates would like to hear about voters' experiences. Tell us what went well and/or what didn't go so well. Survey results will be used to advocate with elected officials to make improvements to our voting system. There are two separate survey opportunities; please fill out the survey(s) applicable to you.

- The Self Advocates Becoming Empowered (SABE) Voter Experience Survey is a national survey for *voters* who have a disability.
  - SABE Go Voter 2020 survey
    - English: <a href="https://www.surveymonkey.com/r/SABEGoVoter2020survey">https://www.surveymonkey.com/r/SABEGoVoter2020survey</a>
    - Spanish (Español): <a href="https://www.surveymonkey.com/r/SABEGoVoter2020surveySPA">https://www.surveymonkey.com/r/SABEGoVoter2020surveySPA</a>
    - To request a paper survey, or schedule time for someone to assist you to complete the survey, contact the Disability Rights Wisconsin Voter Hotline at 844-DIS-VOTE or email info@disabilityvote.org.
- The League of Women Voters WI (LWVWI) is also promoting their Voter Experience survey, *open to all Wisconsin voters*, which also addresses accessibility concerns.
  - LWVWI survey in English: <a href="https://my.lwv.org/wisconsin/article/november-2020-voter-experience-survey">https://my.lwv.org/wisconsin/article/november-2020-voter-experience-survey</a>
  - o LWVWI survey in Spanish: <a href="https://my.lwv.org/wisconsin/article/encuesta-de-la-lwvwi-sobre-la-experiencia-del-votante-tras-las-elecciones-de-noviembre-de">https://my.lwv.org/wisconsin/article/encuesta-de-la-lwvwi-sobre-la-experiencia-del-votante-tras-las-elecciones-de-noviembre-de</a>

Please share this information with other voters in your communities.

# **Family Caregiver Support**

Jane Mahoney, Older Americans Act Consultant

#### Nice to Know

### Webinar – Using Zoom to Share Trualta with Family Caregivers

December 16, 11:00 a.m. - 12:00 p.m.

Join Zoom Meeting: https://us02web.zoom.us/j/83273021702?pwd=N2hGTUphOXdPN0h5VkxxRWhOeUtSdz09

Meeting ID: 832 7302 1702 Passcode: 078067

One tap mobile: +16468769923,,83273021702# US (New York)

This training session will provide you with tactical, research-based strategies you can use to share Trualta with your family caregivers ("onboard" them). We'll demonstrate how you can take full advantage of Zoom's features and highlight best practices. We will be joined by Katie Rodriguez, who successfully engaged 60 caregivers with Trualta in June through the University of Florida and the Alzheimer's Association. Katie will be sharing how she has been using Zoom to meaningfully engage with her caregivers. This new content has been added for the holiday season:

- Learning modules: Holiday Activities for Families Who Are Apart and Downsizing Holiday Obligations
- Music therapy modules: A Smooth Jazz Christmas and The Songs and Spirit of Christmas

# **Health Promotions**

Angie Sullivan, Older Americans Act Consultant - Health Promotions Specialist

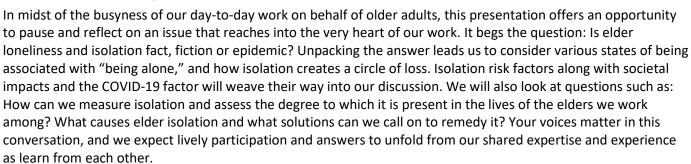
#### Nice to Know

**Reminder:** Free Webcast from the Minnesota Gerontological Society Elder Loneliness & Isolation: Fact, Fiction or Epidemic?

Thursday, December 17, 2020

12:00 p.m.

Register here: <a href="https://www.mngero.org/upcoming-free-webcast-elder-loneliness-isolation-fact-fiction-or-epidemic-december-17-at-noon">https://www.mngero.org/upcoming-free-webcast-elder-loneliness-isolation-fact-fiction-or-epidemic-december-17-at-noon</a>



## Presentation Objectives

- Explore and define loneliness and isolation and their impact on older adult health and well-being
- Examine how we can identify loneliness among clients
- Incorporate studies and statistics that illustrate the significant role loneliness and isolation play in the quality of elder life
- Reflect on friendship as an antidote to loneliness and share other ideas and solutions

