



The

Dish

With the
GWAAR
Nutrition Team



Week of June 30, 2020

Nutrition Program Updates

Welcome Lori Fernandez to the GWAAR Nutrition Team!

We are so excited to have Lori join our team. Lori comes to us from ADVOCAP, where she has been the Director of Food and Nutrition. One of her duties in her current position overseeing the Elder Nutrition Program in Winnebago County. Lori will mainly be responsible for working with nutrition programs in the northcentral and northeastern parts of the state. Her first day will be July 20th and she will work from her home office. *Welcome Lori!*

Bingo Returns to St Croix County

St. Croix County is bringing bingo back to the participants. Each day participants receive an image to mark off on their card. Once they get two bingos, they notify the driver and are given a prize. There were many winners in May and a second round was started in June! Next up, more bingo in July for the folks! The ADRC was also able to provide delicious cheese curds from Ellsworth Cooperative Creamery for National Cheese Day! The meal participants took part in a stay at home picnic with a red checkered tablecloth, lemonade and a picnic style lunch on another day! Great ideas and fun coming from St. Croix County!



Contracting Meals

Please see [this awesome resource](#) from the National Resource Center on Nutrition and Aging about contracting meals during COVID 19.

Happy 4th of July!



Reopening Resources

Reconstitution

BADR's reconstitution document has been finalized and is [available here](#). This document contains recommendations for aging/ADRC services in a phased approach.

While this document is officially approved, it is anticipated additional changes may be necessary as the COVID-19 pandemic continues to evolve.

Reopening Senior Dining Communication Form!

If you are having discussion or thinking of reopening your congregate/restaurant sites, please take the time to fill out [this form](#), posted on the GWAAR web site at Technical Assistance/Nutrition Program/Forms/Policy and Templates. The form will also help you with your planning! Please complete it and send to your GWAAR Nutrition Team Representative-we will greatly appreciate it! [The form](#) is posted on the GWAAR website under Technical Assistance/Nutrition/Forms. We want to work with you on each step you make towards reopening.

Nutrition Directors South Meeting

A big thank you to all that joined in for our Summer Regional Meetings June 23rd (North) and June 30th (South)! We were happy to "see" you all!

We created a two-part recording of the recent Nutrition Director South meeting via Zoom and posted it [here](#). We are finalizing notes from both meetings and will post them to that page.